

who is lonely or discouraged.” Said he, “Perhaps you will forget tomorrow the kind words you say today, but the recipient may cherish them over a lifetime.”¹²

May we begin now, this very day, to express love to all of God’s children, whether they be our family members, our friends, mere acquaintances, or total strangers. As we arise each morning, let us determine to respond with love and kindness to whatever might come our way.

Beyond comprehension, my brothers and sisters, is the love of God for us. Because of this love, He sent His Son, who loved us enough to give His life for us, that we might have eternal life. As we come to understand this incomparable gift, our hearts will be filled with love for our Eternal Father, for our Savior, and for all mankind. That such may be so is my earnest prayer in the sacred name of Jesus Christ, amen. ■

NOTES

1. Matthew 22:36–39.
2. Mark 12:31.
3. 1 John 4:21.
4. Luke 23:34.
5. Author unknown, in Richard L. Evans, “The Quality of Kindness,” *Improvement Era*, May 1960, 340.
6. *The Teachings of Spencer W. Kimball*, ed. Edward L. Kimball (1982), 483.
7. See “Injured Boy Flown to Safety,” *Daily Sitka Sentinel* (Alaska), Oct. 22, 1981.
8. Moroni 7:47.
9. Gordon B. Hinckley, “Let Love Be the Lodestar of Your Life,” *Ensign*, May 1989, 67.
10. See Doctrine and Covenants 121:43.
11. “Maud Muller,” in *The Complete Poetical Works of John Greenleaf Whittier* (1878), 206; emphasis added.
12. Dale Carnegie, in, for example, Larry Chang, *Wisdom for the Soul* (2006), 54.



By President Boyd K. Packer

President of the Quorum of the Twelve Apostles

The Witness

I wish to share with you those truths which are the most worth knowing.

Times of war or uncertainty have a way of sharpening our focus on things that really matter.

World War II was a time of great spiritual turmoil for me. I had left my home in Brigham City, Utah, with only embers of a testimony, and I felt the need for something more. Virtually our whole senior class in a matter of weeks was on its way to the war zone. While stationed on the island of Ie Shima, just north of Okinawa, Japan, I struggled with doubt and uncertainty. I wanted a personal testimony of the gospel. I wanted to *know!*

During one sleepless night, I left my tent and entered a bunker which had been formed by lining up 50-gallon fuel drums filled with sand and placed one on top of the other to form an enclosure. There was no roof, and so I crawled in, looked up at the star-filled sky, and knelt to pray.

Almost mid-sentence it happened. I could not describe to you what happened if I were determined to do so. It is beyond my power of expression, but it is as clear today as it was that night more than 65 years ago. I knew it to be a very private, very individual manifestation. At last I knew for myself. I *knew* for a certainty, for it

had been given to me. After some time, I crawled from that bunker and walked, or floated, back to my bed. I spent the rest of the night in a feeling of joy and awe.

Far from thinking I was someone special, I thought that if such a thing came to me, that it could come to anyone. I still believe that. In the years that have followed, I have come to understand that such an experience is at once a light to follow and a burden to carry.

I wish to share with you those truths which are the most worth knowing, the things that I have learned and experienced in nearly 90 years of life and over 50 years as a General Authority. Much of what I have come to know falls into the category of things which cannot be taught but can be learned.

Like most things of great worth, knowledge which is of eternal value comes only through personal prayer and pondering. These, joined with fasting and scripture study, will invite impressions and revelations and the whisperings of the Holy Spirit. This provides us with instruction from on high as we learn precept upon precept.



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The revelations promise that “whatever principle of intelligence we attain unto in this life, it will rise with us in the resurrection” and that “knowledge and intelligence [are gained] through . . . diligence and obedience” (D&C 130:18–19).

One eternal truth that I have come to know is that God lives. He is our Father. We are His children. “We believe in God, the Eternal Father, and in His Son, Jesus Christ, and in the Holy Ghost” (Articles of Faith 1:1).

Of all the other titles that He could have used, He chose to be called “Father.” The Savior commanded, “After this manner therefore pray ye: Our Father who art in heaven” (3 Nephi 13:9; see also Matthew 6:9).

His use of the name “Father” is a lesson for all as we come to understand what it is that matters most in this life.

Parenthood is a sacred privilege, and depending upon faithfulness, it can be an eternal blessing. The ultimate end of all activity in the Church is that a man and his wife and their children can be happy at home.

Those who do not marry or those who cannot have children are not excluded from the eternal blessings they seek but which, for now, remain beyond their reach. We do not always know how or when blessings will present themselves, but the promise of eternal increase will not be denied any faithful individual who makes and keeps sacred covenants.

Your secret yearnings and tearful pleadings will touch the heart of both the Father and the Son. You will be given a personal assurance from Them that your life will be full and that no blessing that is essential will be lost to you.

As a servant of the Lord, acting in the office to which I have been ordained, I give those in such circumstances a promise that there will be nothing essential to your salvation and exaltation that shall not in due time rest upon you. Arms now empty will be filled, and hearts now hurting from broken dreams and yearning will be healed.

Another truth I have come to know is that the Holy Ghost is real. He is the third member of the Godhead. His mission is to testify of truth and righteousness. He manifests Himself in many ways, including feelings of peace and reassurance. He can also bring comfort, guidance, and correction when needed. The companionship of the Holy Ghost is maintained throughout our lives by righteous living.

The gift of the Holy Ghost is conferred through an ordinance of the gospel. One with authority lays his hands on the head of a new member of the Church and says words such as these: “Receive the Holy Ghost.”

This ordinance alone does not change us in a noticeable way, but if we listen and follow the promptings, we will receive the blessing of the Holy Ghost. Each son or daughter of our Heavenly Father can come to know the reality of Moroni’s promise: “By the power of the Holy Ghost ye may know the *truth* of all things” (Moroni 10:5; emphasis added).

A supernal truth that I have gained in my life is my witness of the Lord Jesus Christ.



Mexico City, Mexico

Foremost and underpinning all that we do, anchored throughout the revelations, is the Lord's name, which is the authority by which we act in the Church. Every prayer offered, even by little children, ends in the name of Jesus Christ. Every blessing, every ordinance, every ordination, every official act is done in the name of Jesus Christ. It is His Church, and it is named for Him—The Church of Jesus Christ of Latter-day Saints (see D&C 115:4).

There is that great incident in the Book of Mormon where the Nephites "were praying unto the Father in [the Lord's] name." The Lord appeared and asked:

"What will ye that I shall give unto you?"

"And they said unto him: Lord, we will that thou wouldst tell us the name whereby we shall call this church; for there are disputations among the

people concerning this matter.

"And the Lord said unto them: Verily, verily, I say unto you, why is it that the people should murmur and dispute because of this thing?"

"Have they not read the scriptures, which say ye must take upon you the name of Christ, which is my name? For by this name shall ye be called at the last day;

"And whoso taketh upon him my name, and endureth to the end, the same shall be saved. . . .

"Therefore, whatsoever ye shall do, ye shall do it in my name; therefore ye shall call the church in my name; and ye shall call upon the Father in my name that he will bless the church for my sake" (3 Nephi 27:2–7).

It is His name, Jesus Christ, "for there is none other name under heaven given among men, whereby we must be saved" (Acts 4:12).

In the Church we know who He

is: Jesus Christ, the Son of God. He is the Only Begotten of the Father. He is He who was slain and He who liveth again. He is our Advocate with the Father. "Remember that it is upon the rock of our Redeemer, who is Christ, the Son of God, that [we] must build [our] foundation" (Helaman 5:12). He is the anchor that holds us and protects us and our families through the storms of life.

Each Sunday across the world where congregations gather of any nationality or tongue, the sacrament is blessed with the same words. We take upon ourselves the name of Christ and always remember Him. That is imprinted upon us.

The prophet Nephi declared, "We talk of Christ, we rejoice in Christ, we preach of Christ, we prophesy of Christ, and we write according to our prophecies, that our children may know to what source they may look for a remission of their sins" (2 Nephi 25:26).

Each of us must come to our own personal testimony of the Lord Jesus Christ. We then share that testimony with our family and others.

In all of this, let us remember that there is an adversary who personally seeks to disrupt the work of the Lord. We must choose whom to follow. Our protection is as simple as deciding individually to follow the Savior, making certain that we faithfully will remain on His side.

In the New Testament, John records that there were some who were unable to commit to the Savior and His teachings, and "from that time many of his disciples went back, and walked no more with him.

"Then said Jesus unto the twelve, Will ye also go away?"

"Then Simon Peter answered him, Lord, to whom shall we go? thou hast the words of eternal life.

“And we believe and are sure that thou art that Christ, the Son of the living God” (John 6:66–69).

Peter had gained that which can be learned by each follower of the Savior. To be faithfully devoted to Jesus Christ, we accept Him as our Redeemer and do all within our power to live His teachings.

After all the years that I have lived and taught and served, after the millions of miles I have traveled around the world, with all that I have experienced, there is one great truth that I would share. That is my witness of the Savior Jesus Christ.

Joseph Smith and Sidney Rigdon recorded the following after a sacred experience:

“And now, after the many testimonies which have been given of him, this is the testimony, last of all, which we give of him: That he lives!

“For we saw him” (D&C 76:22–23).

Their words are my words.

I believe and I am sure that Jesus is the Christ, the Son of God, and that He lives. He is the Only Begotten of the Father, and “by him, and through him, and of him, the worlds are and were created, and the inhabitants thereof are begotten sons and daughters unto God” (D&C 76:24).

I bear my witness that the Savior lives. I *know* the Lord. I am His witness. I know of His great sacrifice and eternal love for all of Heavenly Father’s children. I bear my special witness in all humility but with absolute certainty, in the name of Jesus Christ, amen. ■



By Elder William R. Walker
Of the Seventy

Live True to the Faith

Each of us will be greatly blessed if we know the stories of faith and sacrifice that led our forefathers to join the Lord’s Church.

I love Church history. Perhaps like many of you, my own faith is fortified when I learn of the remarkable dedication of our forefathers who accepted the gospel and lived true to the faith.

One month ago, 12,000 wonderful youth from the Gilbert Arizona Temple District celebrated the completion of their new temple with an inspiring performance, demonstrating their commitment to live righteously. The theme of their celebration was “Live True to the Faith.”

Just as those faithful Arizona youth have done, each Latter-day Saint should commit to “live true to the faith.”

The words of the hymn say, “True to the faith that our parents have cherished” (“True to the Faith,” *Hymns*, no. 254).

We could add, “True to the faith that our grandparents have cherished.”

I wondered if each of those enthusiastic Arizona youth knew their own Church history—if they knew the history of how *their* family came to be members of the Church. It would be a wonderful thing if every Latter-day Saint knew the conversion stories of their forefathers.

Whether or not you are a descendant of pioneers, the Mormon pioneer heritage of faith and sacrifice is

your heritage. It is the noble heritage of The Church of Jesus Christ of Latter-day Saints.

One of the most wonderful chapters in the history of the Church occurred when Wilford Woodruff, an Apostle of the Lord, was teaching the restored gospel of Jesus Christ throughout Great Britain in 1840—just 10 years after the establishment of the Church.

Wilford Woodruff and other Apostles had focused their work in the Liverpool and Preston areas of England, with considerable success. Elder Woodruff, who later became President of the Church, was constantly praying to God to guide him in this very important work. His prayers led to the inspiration to go to a different place to teach the gospel.

President Monson has taught us that when we get the inspiration from heaven to do something, we do it now—we don’t procrastinate. That is exactly what Wilford Woodruff did. With clear direction from the Spirit to “go . . . south,” Elder Woodruff left almost immediately and traveled to a part of England called Herefordshire—farming country in the southwest of England. Here he met a prosperous farmer named John Benbow, where he was welcomed “with glad hearts and thanksgiving” (Wilford



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