

Strengthening Faith in God the Father and Jesus Christ through Personal Scripture Study



Teach these scriptures and quotations or, if needed, another principle that will bless the sisters you visit. Bear testimony of the doctrine. Invite those you visit to share what they have felt and learned.

“When I was a new bride, . . . I was invited to a lunch for all of the Relief Society sisters in my ward who had read either the Book of Mormon or a short Church history book. I had become casual in my scripture reading, so I qualified to attend the luncheon by reading the short book because it was easier and took less time. As I was eating my lunch, I had a powerful feeling that though the history book was a good one, I should have read the Book of Mormon. The Holy Ghost was prompting me to change my scripture reading habits. That very day I began to read the Book of Mormon, and I have never stopped. . . . Because I started reading the scriptures daily, I have learned about my Heavenly Father, His Son Jesus Christ, and what I need to do to be like Them. . . .

“. . . Every woman can be a gospel doctrine instructor in her home, and every sister in the Church needs gospel knowledge as a leader and teacher. If you have not already developed



the habit of daily scripture study, start now and keep studying in order to be prepared for your responsibilities in this life and in the eternities.”¹

Julie B. Beck, Relief Society general president.

“A study of the scriptures will help our testimonies and the testimonies of our family members. Our children today are growing up surrounded by voices urging them to abandon that which is right and to pursue, instead, the pleasures of the world. Unless they have a firm foundation in the gospel of Jesus Christ, a testimony of the truth, and a determination to live righteously, they are susceptible to these influences. It is our responsibility to fortify and protect them.”²

President Thomas S. Monson.

“We want our sisters to be scholars of the scriptures. . . . You need an acquaintanceship with his eternal truths for your own well being, and for the purposes of teaching your own children and all others who come within your influence.”³

“We want our homes to be blessed with sister sriptorians—whether you are single or married, young or old, widowed or living in a family. . . . Become scholars of the scriptures—not to put others down, but to lift them up!”⁴ ■

President Spencer W. Kimball (1895–1985).

NOTES

1. Julie B. Beck, “My Soul Delighteth in the Scriptures,” *Liahona and Ensign*, May 2004, 107–9.
2. Thomas S. Monson, “Three Goals to Guide You,” *Liahona and Ensign*, Nov. 2007, 118.
3. Spencer W. Kimball, “Privileges and Responsibilities of Sisters,” *Ensign*, Nov. 1978, 102.
4. Spencer W. Kimball, “The Role of Righteous Women,” *Ensign*, Nov. 1979, 102.

HELPS FOR VISITING TEACHING

During your visit, answer questions and share insights using the scriptures. Bear testimony of how scripture study has strengthened your faith. Ask the sister you visit to share how her study of the scriptures has strengthened her home and family.

PERSONAL PREPARATION

John 5:39

2 Timothy 3:14–17

2 Nephi 9:50–51; 31:20; 32:3–5

D&C 138:1–11