

## Transparent Adversity

By Felipe Urbina

**O**n the bus to work one morning, I took a window seat. Before long I became aware of a little bee trying to get itself out of a fix. It was trapped between the two glass panels of the window, and no matter how hard it tried, it couldn't find its way out. Encased in a transparent prison, it could see freedom but couldn't find an escape route. Perhaps frightened, it beat its wings furiously and desperately threw itself against the glass.

I've always been a person who didn't like to see anyone or anything hurt. So after observing the bee for some time, I began to try to get it out of its difficulty. But lacking trust and understanding of my desire to help, it didn't take advantage of the assistance I offered. In fact, all it did was continue to throw itself against the window. Finally I began to get a bit irritated.

But then I started to think about how sometimes people find themselves in similar situations. We get into predicaments—some not of our own making. We also make mistakes, even serious ones. Like the bee, we may feel imprisoned by these adversities.



ILLUSTRATION BY JORGE COCCO

*A bee and a bus ride helped me see that there is a way out of trouble—but often we must trust someone who has the vision to see.*

Unfortunately, even though the Lord knows what we need in order to escape our trials, we often don't turn to Him—or to those He has called to lead us—for help in our times of need. We give no heed to the whisperings of the Spirit and try to face our challenges on our own, rather than relying on those who have greater vision.

As Latter-day Saints, we actually do know how to overcome adversity: we have the scriptures, prayer, and the companionship of the Holy Ghost. Our leaders have been called by the Lord and are ready and willing to help.

Before I got to my stop and after the poor little bee had suffered much, it managed to get out of its predicament. From it I learned that we also can overcome trials—suffering less if we turn to and trust in Heavenly Father and His Son, Jesus Christ, to whom all adversity is transparent. ■