



The New Era magazine is there for your teens—and for you. See how this month's issue can help you talk with them and teach them.



## A New Year, a New Mutual Theme

The 2018 Mutual theme comes from Doctrine and Covenants 19:23: “Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me.” This month's *New Era* contains articles related to the theme.

### QUESTIONS ANSWERED THIS MONTH

Here are questions youth can find answers to in this month's *New Era*:

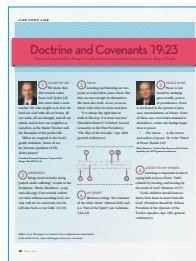
**How can I support a family member who is going through depression?**

**Choosing a spouse will be a big decision, and it makes me nervous. How will I know I've made the right choice?**

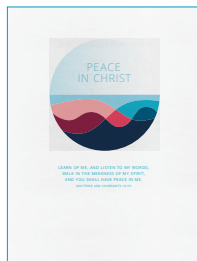
*“Q&A,” pages 42–43*



Message from the Young Women and Young Men General Presidencies



Breakdown of the theme scripture verse



Mutual theme poster



New song: “Peace in Christ”

### TALK WITH THEM

Here are some questions you might ask:

- Why do you think Church leaders want your age-group to focus on a scripture that talks about how to find peace?
- Is finding peace something that other teenagers are really concerned with?
- Have you seen other people try to find peace in their lives by doing things that you know won't bring them peace? What would help them?

### TEACH THEM

In family home evening or other teaching settings, consider using something you saw in the *New Era*. For instance:

- Read quotes about the purpose of the theme from the article by the Young Men and Young Women General Presidencies (page 22).
- Use “Line upon Line” (page 26) to help youth learn the meaning behind each aspect of the scripture verse.
- Read the story “My Strange Neighbor” (page 31), and ask youth if they know anyone in a similar situation or with a similar experience.

