The First Vision, sewn fabric quilt by Yvonne L. Harris

The thirteen Articles of Faith, briefly summarizing basic doctrine of The Church of Jesus Christ of Latter-day Saints, surround a quilted depiction of the event heralding the Restoration of the gospel. In the First Vision, God the Father, through His Son, began the preparation of a prophet who would spread eternal truths again on the earth.
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Front: Joseph in the Grove, by A. D. Shaw, courtesy of the Museum of Church History and Art.

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We also welcome other submissions that show the gospel of Jesus Christ at work in your life. Ensign Magazine Writers’ Guidelines are posted at http://ensign.lds.org under “Resources.”

Send submissions to ensign@ldschurch.org or Ensign Editorial, 50 E. North Temple Street, Room 2420, Salt Lake City, UT 84150-3220, USA. Include your name, address, telephone number, e-mail address, ward (or branch), and stake (or district). Because of the volume of submissions, we cannot acknowledge receipt. Authors whose work is selected for publication will be notified. If you would like your manuscript, photos, art, or other material returned, please include a self-addressed, stamped envelope.

The Ensign can be found on the Internet at http://ensign.lds.org
See “Making Any Ward ‘Home’” place in your Church family. branch or not, you can find a you’re new in your ward or services.”

Click on “Humanitarian www.providentliving.org and such humanitarian gifts, visit find out how you can donate women of a nearby ward. To felt from a gift made by the mother recounts the love she feelings this week.

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The Master Bridge Builder

BY PRESIDENT THOMAS S. MONSON
First Counselor in the First Presidency

Many years ago I read a book titled The Way to the Western Sea by David S. Lavender. It provides a fascinating account of the epic journey of Meriwether Lewis and William Clark as they led their famed expedition across the North American continent to discover an overland route to the Pacific Ocean.

Their trek was a nightmare of back-breaking toil, deep gorges which had to be crossed, and extensive travel by foot, carrying with them their supply-laden boats to find the next stream on which to make their way.

As I read of their experiences, I frequently mused, "If only there were modern bridges to span the gorges or the raging waters." There came to my mind thoughts of magnificent bridges of our time which accomplish this task with ease: beautiful Golden Gate Bridge of San Francisco fame; sturdy Sydney, Australia, Harbour Bridge; and others in many lands.

In reality, we are all travelers—even explorers of mortality. We do not have the benefit of previous personal experience. We must pass over steep precipices and turbulent waters in our own journey here on earth.

Perhaps such a somber thought inspired the poet Will Allen Dromgoole’s classic poem titled “The Bridge Builder”:

An old man, going a lone highway,
Came at the evening, cold and gray,
To a chasm, vast and deep and wide,
Through which was flowing a sullen tide.
The old man crossed in the twilight dim;
The sullen stream had no fears for him;
But he turned when safe on the other side
And built a bridge to span the tide.
"Old man," said a fellow pilgrim near,
"You are wasting strength with building here;
Your journey will end with the ending day;
You never again must pass this way;
You have crossed the chasm, deep and wide—
Why build you the bridge at the eventide?"
The builder lifted his old gray head:
"Good friend, in the path I have come," he said,
"There followeth after me today
A youth whose feet must pass this way.
This chasm that has been naught to me
To that fair-haired youth may a pitfall be.
He, too, must cross in the twilight dim;
Good friend, I am building the bridge for him."
The message of the poem has prompted my thinking and comforted my soul, for our Lord and Savior Jesus Christ was the supreme architect and builder of bridges for you, for me, for all humankind. He has built the bridges over which we must cross if we are to reach our heavenly home.

The Savior’s mission was foretold. Matthew recorded, “And she shall bring forth a son, and thou shalt call his name Jesus: for he shall save his people from their sins.”

There followed the miracle of His birth and the gathering of the shepherds who came with haste to that stable, to that mother, to that child. Even the Wise Men, journeying from the East, followed that star and bestowed their precious gifts upon the young child.

The scripture records that Jesus “grew, and waxed strong in spirit, filled with wisdom: and the grace of God was upon him” and that He “went about doing good.”

Bridges the Savior Built

What personal bridges did He build and cross here in mortality, showing us the way to follow? He knew mortality would be filled with dangers and difficulties. He declared:

“Come unto me, all ye that labour and are heavy laden, and I will give you rest.

“Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

“For my yoke is easy, and my burden is light.”

Jesus provided the bridge of obedience. He was an unfailing example of personal obedience as He kept the commandments of His Father.

When He was led of the Spirit into the wilderness, He was weak from fasting. Satan was at his seductive best in the offerings he proffered. His first was to satisfy the Savior’s physical needs, including His hunger. To this the Savior replied, “It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.”

Next Satan offered power. Responded the Savior, “It is written again, Thou shalt not tempt the Lord thy God.”

Finally the Savior was offered wealth and earthly glory. His response: “Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.”

The Apostle Paul was inspired of the Lord to declare for our time, as well as for his:

“There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted...
above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it."

Lest we equivocate, I mention something Ted Koppel, TV news journalist, said in a university commencement address: “What Moses brought down from Mt. Sinai were not the Ten Suggestions. They are commandments.”

A bit of humor is found in an account of a conversation between author Mark Twain and a friend. Said the wealthy friend to Twain, “Before I die, I plan to make a pilgrimage to the Holy Land. I will climb to the top of Mount Sinai and read the Ten Commandments aloud.”

Replied Twain, “Why don’t you stay home and keep them?”

The second bridge provided by the Master for us to cross is the bridge of service. We look to the Savior as our example of service. Although He came to earth as the Son of God, He humbly served those around Him. He came forth from heaven to live on earth as mortal man and to establish the kingdom of God. His glorious gospel reshaped the thinking of the world. He blessed the sick; He caused the lame to walk, the blind to see, the deaf to hear. He even raised the dead to life.

In Matthew 25, the Savior tells us this concerning the faithful who will be on His right hand at His triumphal return:

“Then shall the King say unto them . . ., Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world:

“For I was an hungred, and ye gave me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took me in:

“Naked, and ye clothed me: I was sick, and ye visited me: I was in prison, and ye came unto me.

Then shall the righteous answer him, saying, Lord, when saw we thee an hungred, and fed thee? or thirsty, and gave thee drink?

“When saw we thee a stranger, and took thee in? or naked, and clothed thee?

“Or when saw we thee sick, or in prison, and came unto thee?

“And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.”

Elder Richard L. Evans (1906–71) of the Quorum of the Twelve Apostles once counseled, “We can’t do everything for everyone everywhere, but we can do something for someone somewhere.”

May I share with you an account of an opportunity of service which came to me unexpectedly and in an unusual manner. I received a telephone call from a granddaughter of an old friend. She asked, “Do you remember Francis Brems, who was your Sunday School teacher?” I told her that I did.
He did for us what we could not do for ourselves; hence, humankind can cross the bridges He built—into life eternal.

She continued, “He is now 105 years of age. He lives in a small care center but meets with the entire family each Sunday, where he delivers a Sunday School lesson. Last Sunday Grandpa announced to us, ‘My dears, I am going to die this week. Will you please call Tommy Monson and tell him this. He’ll know what to do.’”

I visited Brother Brems the very next evening. I could not speak to him, for he was deaf. I could not write a message for him to read, for he was blind. What was I to do? I was told that his family communicated with him by taking the finger of his right hand and then tracing on the palm of his left hand the name of the person visiting and then any message. I followed the procedure and took his finger and spelled on the palm of his hand T-O-M-M-Y M-O-N-S-O-N. Brother Brems became excited and, taking my hands, placed them on his head. I knew his desire was to receive a priesthood blessing. The driver who had taken me to the care center joined me as we placed our hands on the head of Brother Brems and provided the desired blessing. Afterward tears streamed from his sightless eyes. He grasped our hands, and we read the movement of his lips. The message: “Thank you so much.”

Within that very week, just as Brother Brems had predicted, he passed away. I received the telephone call and then met with the family as funeral arrangements were made. How thankful I am that a response to render service was not delayed.

The bridge of service invites us to cross over it frequently.

Finally, the Lord provided us the bridge of prayer. He directed, “Pray always, and I will pour out my Spirit upon you, and great shall be your blessing.”

I share with you an account described in a mother’s letter to me relating to prayer. She wrote:

“Sometimes I wonder if I make a difference in my children’s lives. Especially as a single mother working two jobs to make ends meet, I sometimes come home to confusion, but I never give up hope.

“My children and I were watching a television broadcast of general conference, and you were speaking about prayer. My son made the statement, ‘Mother, you’ve already taught us that.’ I said, ‘What do you mean?’ And he replied, ‘Well, you’ve taught us to pray and showed us how, but the other night I came to your room to ask something and found you on your knees praying to Heavenly Father. If He’s important to you, He’ll be important to me.’”

The letter concluded, “I guess you never know what kind of influence you’ll be until a child observes you doing yourself what you have tried to teach him to do.”
The Master’s Example

No relating of a prayer touches me so deeply as the prayer offered by Jesus in the Garden of Gethsemane. I believe Luke describes it best:

“He . . . went . . . to the mount of Olives; and his disciples also followed him.

“And when he was at the place, he said unto them, Pray that ye enter not into temptation.

“And he was withdrawn from them about a stone’s cast, and kneeled down, and prayed,

“Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.”14

In due time came the trek to the cross. What suffering He endured as He made His burdensome way, carrying His own cross. Heard were the words He uttered upon the cross:

“Father, forgive them; for they know not what they do.”15

At length Jesus declared, “It is finished: and he bowed his head, and gave up the ghost.”16

These events, coupled with His glorious Resurrection, completed the final bridge of our trilogy: the bridge of obedience, the bridge of service, the bridge of prayer.

Jesus, the Bridge Builder, spanned that vast chasm we call death. “For as in Adam all die, even so in Christ shall all be made alive.”17 He did for us what we could not do for ourselves; hence, humankind can cross the bridges He built—into life eternal.

I close by paraphrasing the poem “The Bridge Builder”:

“You have crossed the chasm, deep and wide—
Why build you the bridge at the eventide?”

“There followeth after me today
A vast throng whose feet must pass this way.
This chasm that has been naught to me
To that great throng may a pitfall be.
They too must cross in the twilight dim;
Good friend, I am building the bridge for them.”

I pray that we may have the wisdom and determination to cross the bridges the Savior built for each of us.

NOTES
17. 1 Corinthians 15:22.
The early chapters of the Book of Mormon tell us that the Lord visited the prophet Lehi in “visions and in dreams” (1 Nephi 1:16), commanding him to leave Jerusalem and to take “nothing with him, save it were his family” (1 Nephi 2:4) and a few possessions and depart into the wilderness. Within a few pages we see a classic example of what happens to a family when some members desire to obey the commandments of the Lord while others rebel and disobey. As we “liken” (1 Nephi 19:23) these scriptures unto ourselves, and ponder the blessings that come to the obedient as opposed to the cursings that come to the disobedient, we ask, “What lessons might we learn as individuals and as families from these events?” Two lessons seem to stand out.

1. The Lord Will Prepare a Way If We Are Obedient

The scriptures teach that Lehi “was obedient unto the word of the Lord, wherefore he did as the Lord commanded him” (1 Nephi 2:3; emphasis added). This same character trait of obedience is seen also in Nephi’s response to his father’s request that he return to Jerusalem and go to the house of Laban to obtain important records. Nephi said, “I will go and do the things which the Lord hath commanded, for I know that the Lord giveth no commandments unto the children of men, save he shall prepare a way for them that they may accomplish the thing which he commandeth them” (1 Nephi 3:7).

If we compare Nephi’s response to that of Laman and Lemuel, we note that “Laman and Lemuel . . . did murmur against their father” (1 Nephi 2:12; emphasis added). As was the case with Lucifer when he rebelled against the
Father in our premortal state, so also Laman and Lemuel's desire for power was greater than their willingness to follow and obey. Like the fallen son of the morning, Laman and Lemuel murmured in angry protestations—even after having seen an angel of the Lord! “How is it possible,” they asked, “that the Lord will deliver Laban into our hands?” (1 Nephi 3:31). At other times, no doubt, their murmurings were the silent “murmurings of [the] heart” (D&C 75:7).

2. Obedience Is the Armor That Will Protect Us from Evil

Ofttimes our obedience to the commandments of God becomes the very armor that protects us from evil (see Ephesians 6:11–17; D&C 27:15). An account from the life of President Harold B. Lee shows the “tender mercies” (1 Nephi 1:20) of the Lord to an obedient boy who would later become one of His latter-day prophets.

“I think maybe I was around ten or eleven years of age. I was with my father out on a farm away from our home, trying to spend the day busying myself until my father was ready to go home. Over the fence from our place were some tumbledown sheds that would attract a curious boy, and I was adventurous. I started to climb through the fence, and I heard a voice as clearly as you are hearing mine, calling me by name and saying, ‘Don’t go over there!’ I turned to look at my father to see if he [was] talking to me, but he was way up at the other end of the field. There was no person in sight.

I realized then, as a child, that there were persons beyond my sight, for I had definitely heard a voice.”¹

While serving as a mission president in a far-distant and sometimes dangerous land, I witnessed firsthand the protecting power of obedience in the lives of missionaries as described by President Boyd K. Packer. He taught that obedience is the precondition attached to this protecting power.

“By following the rules,” said President Packer, “you will never make a serious mistake . . . either while you are on your mission or thereafter without being warned. You will never take the wrong road, you will never go around the wrong bend, or make the wrong decision without your having been warned. That pattern is the pattern of the Latter-day Saint. You were confirmed a member of the Church, and you had conferred upon you the gift of the Holy Ghost to be a guide and a companion to you.”²

Among the merciful blessings given by God to His Latter-day Saints is the commandment to pay heed to His living prophets. “I believe,” said President Gordon B. Hinckley, “that if we will walk in obedience to the commandments of God, . . . he will open a way even where there appears to be no way.”³

NOTES
1. Teachings of Presidents of the Church: Harold B. Lee (Melchizedek Priesthood and Relief Society course of study, 2000), 47.
The Prophet
Joseph Smith,
an Extraordinary Teacher

BY ELDER JAY E. JENSEN
Of the Seventy
Executive Director, Curriculum Department

W hile recovering from four gunshot wounds he received in Carthage Jail and no doubt filled with awe concerning his beloved martyred Prophet, President John Taylor (1808–87) wrote these inspiring words: “Joseph Smith, the Prophet and Seer of the Lord, has done more, save Jesus only, for the salvation of men in this world, than any other man that ever lived in it” (D&C 135:3).

Recently, President Gordon B. Hinckley testified: “The story of Joseph’s life is the story of a miracle. He was born in poverty. He was reared in adversity. He was driven from place to place, falsely accused, and illegally imprisoned. He was murdered at the age of 38. Yet in the brief space of 20 years preceding his death, he accomplished what none other has accomplished in an entire lifetime.”

Among Joseph Smith’s many accomplishments is laying the foundation of our latter-day doctrinal understanding. “This generation,” said the Lord to the Prophet Joseph, “shall have my word through you” (D&C 5:10).

Joseph had little formal education, but the Master Potter molded him into a prophet of wisdom and intelligence and into an extraordinary teacher with inspired insight. Many of his teachings are now published in Teachings of Presidents of the Church: Joseph Smith. This extraordinary new book offers members worldwide an unparalleled opportunity to learn about the Prophet of the Restoration and his teachings.

Teachings of Presidents of the Church: Joseph Smith
Joseph Smith taught hundreds of inspiring sermons while he was the Prophet and President of the Church. Unfortunately, only about 50 were written down. For the past several years, many people, including professionals and volunteers, have diligently searched historical records to compile and review the statements that have been attributed to the Prophet. His teachings were carefully studied, authenticated, and compiled. The compilation was then approved by the First Presidency and Quorum of the Twelve Apostles.

Each statement in Teachings of Presidents of the Church: Joseph Smith was thoroughly researched for accuracy. Extensive and painstaking effort was expended to check original sources. This effort was necessary because the way in which sermons were recorded in the Prophet’s day differed significantly from the way sermons of later Presidents of the Church were recorded. As explained in the new book: “During the lifetime of Joseph Smith, . . . shorthand was not in widespread use. Therefore, the sermons he delivered were recorded imprecisely in longhand, generally by scribes, Church leaders, and other Church members. Almost all of Joseph Smith’s addresses were given extemporaneously, without prepared texts, so the
Our lives can be enriched and our testimonies bolstered by taking time to contemplate the teachings and events depicted in Teachings of Presidents of the Church: Joseph Smith.

notes taken by those who listened to him constitute the only record of the discourses."

This new book contains inspiring statements from Joseph Smith on more than 125 gospel topics. The book’s index will help us more easily find the Prophet’s statements on those topics. The notes at the end of each chapter provide detailed information regarding the sources for the Prophet’s statements. In addition, an appendix provides explanations of the sources, giving particular attention to History of the Church, the major source for the Prophet’s teachings.

The book will be the text for gospel study in Melchizedek Priesthood quorums and Relief Society classes for the next two years on the second and third Sundays of each month. As the Executive Director of the Curriculum Department, I hope it will become a favorite resource for individuals and families. Every member of the Church, 18 years and older, will receive a copy. It stands next to the other books in the Teachings of Presidents of the Church series, becoming an integral part of a library for personal and family gospel study.

This book is similar in style and format to the other books in the Teachings of Presidents of the Church series. Like others in the series, it contains an introduction that provides helpful tips for learning and teaching, a historical summary, an essay on the life and ministry of the Prophet, and, at the end of each chapter, suggestions for study and teaching. These features can enhance our ability to learn and teach about Joseph Smith and his prophetic statements.

Students and teachers will also benefit from the visuals and introductory material in each chapter. There are more than 140 photos, paintings, and illustrations—including artwork that has never before been published. The new art depicts such inspirational moments as the baptism of the Prophet’s father (chapter 7); Elijah appearing in the Kirtland Temple (chapter 26); the Prophet creating peace among angry militiamen with his congenial personality (chapter 29); the electrifying moment in the jail at Richmond, Missouri, when Joseph, bound in chains with a few of his faithful brethren, rose to his feet to rebuke the foulmouthed guards (chapter 30); and the miraculous healing of Elijah Fordham in Commerce, Illinois (chapter 33). Our lives can be enriched and our testimonies bolstered by taking time to contemplate
THE PROPHET AS A TEACHER

The Prophet Joseph Smith was a remarkable gospel teacher, in part due to his thirst to learn. He could hold the attention of thousands for hours while he preached the truths of the restored gospel. President Brigham Young (1801–77) described the Prophet’s inspired teaching ability: “He took heaven, figuratively speaking, and brought it down to earth; and he took the earth, brought it up, and opened up, in plainness and simplicity, the things of God. . . . Did not Joseph do the same to your understandings? Would he not take the Scriptures and make them so plain and simple that everybody could understand?”1

Elder Parley P. Pratt (1807–57) recorded an occasion when the Prophet’s extraordinary teaching ability influenced thousands in Philadelphia, Pennsylvania: “A very large church was opened for him to preach in, and about three thousand people assembled to hear him. Brother Rigdon spoke first, and dwelt on the Gospel, illustrating his doctrine by the Bible. When he was through, Brother Joseph arose like a lion about to roar; and being full of the Holy Ghost, spoke in great power, bearing testimony of the visions he had seen, the ministering of angels which he had enjoyed; and how he had found the plates of the Book of Mormon, and translated them by the gift and power of God. He commenced by saying: ‘If nobody else had the courage to testify of so glorious a message from Heaven, and of the finding of so glorious a record, he felt to do it in justice to the people, and leave the event with God.’ ”

Elder Pratt continued: “The entire congregation were astounded; electrified, as it were, and overwhelmed with the sense of the truth and power by which he spoke, and the wonders which he related. A lasting impression was made; many souls were gathered into the fold.”2

On at least one occasion, the Lord performed a miracle so the people could hear the Prophet teach. Amasa Potter was present during a sermon Joseph Smith gave near the Nauvoo Temple in April 1844. Of that experience, Brother Potter recorded: “When he had spoken about thirty minutes there came up a heavy wind and storm. The dust was so dense that we could not see each other any distance, and some of the people were leaving when Joseph called out to them to stop and let their prayers ascend to Almighty God that the winds may cease blowing and the rain stop falling, and it should be so. In a very few minutes the winds and rain ceased and the elements became calm as a summer’s morning. The storm divided and went on the north and south of the city, and we could see in the distance the trees and shrubs waving in the wind, while where we were it was quiet for one hour, and during that time one of the greatest sermons that ever fell from the Prophet’s lips was preached on the great subject of the dead.”3

The Prophet Joseph Smith was eager for Latter-day Saints and others to receive all they could, and he tirelessly tried to teach them what God had so liberally revealed to him. In a June 1839 discourse at Commerce, Illinois, the Prophet taught, “God hath not revealed anything to Joseph, but what He will make known unto the Twelve, and even the least Saint may know all things as fast as he is able to bear them.”4 During another discourse in April 1843, he said: “It is my meditation all the day, and more than my meat and drink, to know how I shall make the Saints of God comprehend the visions that roll like an overflowing surge before my mind. Oh! how I would delight to bring before you things which you never thought of!”5

NOTES
3. Teachings: Joseph Smith, 494.
4. Teachings: Joseph Smith, 268.
5. Teachings: Joseph Smith, 520.
became a firsthand witness of the reality of God and His Son. Toward the end of his life, the Prophet taught: “I am going to inquire after God, for I want you all to know Him, and to be familiar with Him... You will then know that I am His servant.” The contents of chapter 1 allow us to study and ponder the Prophet’s personal account of his miraculous vision.

The First Vision

The first chapter of this remarkable new book begins, as did the Restoration, with the First Vision. The humble prayer of Joseph Smith, a 14-year-old boy in 1820, parted the veil of silence that had covered the earth for centuries. The occasion was of such significance that Heavenly Father and His Son, Jesus Christ, appeared to young Joseph. He became a firsthand witness of the reality of God and His Son. Toward the end of his life, the Prophet taught: “I am going to inquire after God, for I want you all to know Him, and to be familiar with Him... You will then know that I am His servant.” The contents of chapter 1 allow us to study and ponder the Prophet’s personal account of his miraculous vision.

The Book of Mormon

In parts of six chapters, this new book also emphasizes the importance of the Book of Mormon by retelling the events surrounding its coming to light and its translation and printing. Of his experience translating the prophetic writings, the Prophet later declared, “By the power of God I translated the Book of Mormon from hieroglyphics, the knowledge of which was lost to the world, in which wonderful event I stood alone, an unlearned youth, to combat the worldly wisdom and multiplied ignorance of eighteen centuries, with a new revelation.” The historical accounts of the coming forth of the Book
of Mormon contained in this new book are accompanied by the Prophet’s teachings on subjects such as the scriptures, repentance, prayer, personal revelation, and the organization of the Church.

This new publication includes the oft-quoted promise by the Prophet: “I told the brethren that the Book of Mormon was the most correct of any book on earth, and the keystone of our religion, and a man would get nearer to God by abiding by its precepts, than by any other book.” Experience teaches us that those who read the Book of Mormon often and apply its teachings will enjoy heaven’s inspiration along life’s trying path.

By pondering and praying as we read the Book of Mormon and what Joseph Smith taught about it, we can come to know that the Book of Mormon was not the product of a nineteenth-century farm boy—or of any other person of that time. We will realize with each new reading that it was a gift from God, written and compiled by earlier disciples, preserved through centuries of time, and translated by the mighty seer Joseph Smith. It is tangible evidence of Joseph Smith’s calling as the Prophet of the Restoration.

The Restoration of the Aaronic and Melchizedek Priesthoods

The new book briefly tells of the restoration of the Aaronic and Melchizedek Priesthoods and their keys. The Prophet testified of receiving the authority and keys of the Aaronic Priesthood from John the Baptist. “Suffice it to say,” he declared, “I went into the woods to inquire of the Lord, by prayer, His will concerning me, and I saw an angel [John the Baptist], and he laid his hands upon my head, and ordained me to a Priest after the order of Aaron, and to hold the keys of this Priesthood.” A few weeks later, the Apostles Peter, James, and John appeared and conferred upon Joseph Smith and Oliver Cowdery the Melchizedek Priesthood and its keys. Ten years after these miraculous appearances, the Prophet testified, “We believe that no man can administer salvation through the gospel, to the souls of men, in the name of Jesus Christ, except he is authorized from God, by revelation, or by being ordained by some one whom God hath sent by revelation.”

Today we humbly proclaim that God authorized Joseph Smith through divinely appointed ministers and that the Prophet extended that authority to others by conferring upon them the priesthood and its keys. With gratitude, we declare that there has been an unbroken chain of conferrals and ordinations since that time to the present day.

Temple Ordinances

“In the spring of 1836, after three years of work and sacrifice,” we read in chapter 26, “the Kirtland Saints finally saw their beautiful temple complete, the first temple in this dispensation.” Hundreds of people gathered for the dedication. We can read of the glorious manifestations that occurred at the dedication, as well as what Joseph Smith taught about the power to seal families together forever. The Prophet reiterated the importance of temples when he taught in June 1843, “There are certain ordinances and principles that, when they are taught and practiced, must be done in a place or house built for that purpose.”

Since 1836 more than 120 temples have been built and dedicated to the Lord. Through temple ordinances, individuals are endowed, families are sealed, saving ordinances for deceased ancestors are performed, covenants are made, and lives are blessed. All this became possible because of the Lord’s work through the Prophet Joseph Smith.
book. Never before have so many of God’s children had such access to his prophetic statements. What began with a single soul in a solitary place in the spring of 1820 has become a family of millions who seek to follow Jesus Christ. To the heart and soul of each faithful member, the Holy Ghost bears testimony of a humble and seemingly ordinary boy whom the Lord molded into an extraordinary prophet and teacher. We can keep the fire of that testimony kindled by learning and living the teachings of the Prophet Joseph Smith as now published in this extraordinary new book.

NOTES
3. Teachings: Joseph Smith, 38.
4. Teachings: Joseph Smith, 60.
5. Teachings: Joseph Smith, 64.
6. Teachings: Joseph Smith, 85.
7. Teachings: Joseph Smith, 110.
10. Teachings: Joseph Smith, 195.
11. Teachings: Joseph Smith, 481.
12. Teachings: Joseph Smith, 483.

MAKING THE MOST OF THIS BOOK

- Priesthood and Relief Society leaders should ensure that every member 18 years and older receives a copy of this new Church publication.
- All of us as gospel learners can read, study, and ponder each chapter before class and go prepared to share our insights and testimonies during the class discussion.
- The suggestions in the introduction can help teachers focus on the contents of the book rather than supplement it with other resources.
- Parents and children can develop family home evening lessons by using the pictures, stories, quotations, and questions in the book.

Continuing Revelation

Some of Joseph Smith’s most profound teachings on revelation, living prophets, and the consequences for rejecting living prophets can be found in chapter 16. The Prophet once declared, “The Church of Jesus Christ of Latter-day Saints was founded upon direct revelation, as the true Church of God has ever been, according to the Scriptures.”

Since the time of Joseph Smith, revelation has come through men called as prophets to lead the Lord’s Church. The Lord has not left His servants, His Church, or His people alone. We affirm that He grants divine guidance to those He calls to administer His kingdom.

Family

The Prophet’s counsel and wisdom regarding the importance and eternal nature of the family are highlighted in chapter 42. Parley P. Pratt once noted, “It was Joseph Smith who taught me how to prize the endearing relationships of father and mother, husband and wife; of brother and sister, son and daughter.” The Prophet’s personal journal records a touching entry about his gravely ill father: “Waited on my father again, who was very sick. In secret prayer in the morning, the Lord said, ‘My servant, thy father shall live.’ I waited on him all this day with my heart raised to God in the name of Jesus Christ, that He would restore him to health, that I might be blessed with his company and advice, esteemng it one of the greatest earthly blessings to be blessed with the society of parents, whose mature years and experience render them capable of administering the most wholesome advice.”

An Accessible Source

This new Church publication presents the Prophet’s inspired gospel teachings on missionary work, obedience, death, adversity, unity, leadership, apostasy, forgiveness, friends, and many more gospel topics. In an unprecedented way, Joseph Smith’s teachings are now accessible to Church members all around the world through this book. Never before have so many of God’s children had such access to his prophetic statements.

What began with a single soul in a solitary place in the spring of 1820 has become a family of millions who seek to follow Jesus Christ. To the heart and soul of each faithful member, the Holy Ghost bears testimony of a humble and seemingly ordinary boy whom the Lord molded into an extraordinary prophet and teacher. We can keep the fire of that testimony kindled by learning and living the teachings of the Prophet Joseph Smith as now published in this extraordinary new book.
You never knew it, Elder, but your influence led to the saving of my soul and hundreds more.

It all began with you, Elder Glazier. You were on your mission in England in 1963. You were at Joe Hesketh’s place, the tiniest of terrace houses, tucked away behind the old parish church in the medieval town of Shrewsbury.

I was a 34-year-old bus driver and a member of Joe’s band. I played the accordion.
Joe was a workmate of mine. His son had been killed in an accident, and Joe was looking for answers. When I arrived on that memorable evening, you had your flannel board propped up on the kitchen table. I knocked your bike over as I swung my old black accordion case through the front door. Remember?

Well, perhaps you won’t, but I'll never forget you, Elder. At least I'll never forget what you said.

I guess you might say that’s not a very profound statement, but would you consider it profound if I told you that what you said, and the way you said it, has been indirectly responsible for the saving of a hundred or more souls? And that’s a conservative estimate.

**Cultivating the Seed**

I never saw you again, but the seed had been sown. About a year later my family and I moved to Canada. The first home we rented there was behind the Calgary stake center. We knew nothing about what went on there except that on Sunday mornings a lot of men attended without any women. (This was in the days when priesthood meeting was held before the other Sunday meetings.)

As I learned of the gospel, I began to experience miracles in my life as the hand of the Lord prepared my family for his purposes.

It probably seemed to my parents back in England that our letters home were a little exaggerated as we related tales of how we bought a home with only $2.50 in our pockets; how I applied for a job only to be turned down and then offered a supervisor’s job for more money; and how I was able to play as a musician and earn, in three nights, the equivalent of a week’s pay in England.

Baptism eventually came as the result of being fellowshipped by Brother Loveday, a real estate agent looking for business. As he made his first inquiry, he also asked, “What do you know about Mormons?” All I knew was you, Elder, so I was willing to listen. I told him that I liked religious arguments. This one I lost!

About a year later I was a stake missionary, and we were blessed with many baptisms in our area, all referrals. One of those baptized would become a stake mission president who in turn brought many other members into the Church.

**Sharing the Seed**

The crowning reward to this point, Elder Glazier, has been serving a mission to India with my wife.

For the first couple of days I just stared out the wrought-iron covered windows of our house, not wanting to step outside, never realizing that soon we would be happily roaming through rural villages where English was not understood and where light-skinned faces were rarely seen. These were early days with many obstacles to encounter and overcome.

We worked among some of the poor of the earth, the likes of whom the Savior ministered to in His time. They taught us so much about humility, love, spirituality, and faith, as well as the tenacity of the human soul.

We became good friends with Gita, a lovely young doctor from India and a good Catholic. She and her husband administered to the needs of the poor in the area. One Sunday evening she came with us to the village of Semmedu to see if she could help any sick members, and when we arrived we were astonished to see a huge line of people awaiting us. We never found out how they knew we were bringing the doctor. After she had finished her examination and we dispensed the aspirin and iron tablets, a mother brought her daughter and asked that she be given a blessing “to heal her sick.” We were there for hours and, with the...
help of one of our young translators, gave priesthood blessings to nearly all of the villagers. The Spirit was intense, and the faith of the poorest of the earth remarkable.

In another instance, a young woman who lived near our tiny place of worship shaved her head and sold her hair in order to feed herself and her baby because her husband had left her. We helped as best we could. I think that was the night we realized how easy it was to love the people but how hard it would be to solve all of their problems. And that was the night when I knew that this mission was for me.

Reaping the Harvest

One of the important tasks we undertook was to teach the village people the gospel. What a wonderful thing to sit in front of those beautiful faces. Surely they had a humility rarely seen in the world of plenty.

One Sunday evening while teaching the law of tithing to people who often wondered about tomorrow’s dinner, I thought of what Sister Johnson, one of our missionaries, had remarked: “How will they ever understand this at home?” I asked the village people if they could live the law of tithing. Elizabeth rose to her feet and walked to her son Samuel, a village elder. He gave her the equivalent of 30 cents, and, smiling, she passed it on to me. Surely this was the widow’s mite.

We were able to baptize in the river and in borrowed water-storage tanks, leeches and all. We were also able to experience spiritual moments the likes of which we have not had since.

What matters for now is to be able to tell you that the seed you brought across the ocean to us in England was nurtured and taken around the world and planted in the hearts of those who would listen.

God bless you, Elder Glazier, for being part of saving the souls of so many you have never seen.
Starting over in a new ward or branch can be intimidating. Here are five tips for turning strangers into friends.

BY KATHRYN P. FONG

Years ago, when I returned to church on a regular basis after a period of inactivity, I was certain everyone in the ward knew I was a remorseful sinner looking for repentance. It seemed to me that their goodness was apparent in their bright smiles and sweet testimonies and that my sins made me dim and pitiful by comparison. Looking back, I realize that new people in a variety of circumstances can feel overexposed or especially sensitive. Walking into a new meetinghouse, sitting next to people you don’t know, and singing from a hymnbook alone can be daunting tasks when you are filled with self-consciousness.

As a single woman with no children, I have found that starting over in a new ward can be intimidating. Yet that nerve-racking trip into a chapel filled with strangers is one I have made over and over as I have moved frequently to follow my career. Over the years I have learned to adopt a new attitude about my ward and to work at eventually turning those strangers into friends and warm acquaintances. The following techniques can help all of us feel at home in any ward or branch, no matter where in the world we go.

Remember why we come to church. A chapel is a sacred and safe place for Heavenly Father’s children to gather to worship Him. There we can be united in prayer, song, and purpose. Avoid judging others or assuming that others are judging you. It helps me to remember that everyone who makes the effort to come to church is trying, as I am, to partake of the Savior’s Atonement and keep His commandments.

Introduce yourself. I’ve learned to seek out the bishopric and to introduce myself first thing so they know that I am new. After that, I make sure I know who the high priests group leader is because he will assign high priests as my home teachers. In addition, as a sister, I
Swallow your nervousness, and introduce yourself to ward or branch members. As you get to know people, you will begin to feel at home at church.
Serving ward members and participating in meetings can help us get to know each other better and remember one another. These situations also give us the opportunity to introduce ourselves.

ensure I know who the members of the Relief Society presidency are. The ward clerk also needs my address and phone number, and he can request my records from my previous ward. These people have introduced me to other ward members, helped me find my way to ward and stake activities, and provided support when I have received a calling.

I used to sit in the last pew, close to the door, so that immediately following the closing prayer, I could dash out before anyone talked to me and asked me who I was. But walking in and out of meetings with your eyes cast down—or focused on the exit—does little to help you acclimate in a new ward.

Swallow your nervousness, and approach the person in front of you. Shake the hands of those who teach the classes you attend or who speak in sacrament meeting (you can meet them in the foyer afterward). If you take a moment to scope the room before you sit down, you can meet different individuals and families each time you attend a meeting. Be bold enough to ask for a ride to a ward or branch activity. It’s often easier to walk in with someone than to enter alone. Ask for a ward or branch directory; it will help you recall names. Before long, names and faces begin to match, and people are no longer strangers. Neither are you.

Serve. Find ways you can help neighbors and ward or branch members, even if it is as simple as holding a door open and greeting them as they enter. (This will help others remember you.) Sign up on volunteer lists. Find out who is sick or hospitalized, and visit them. Accept callings. As appropriate, let the bishop or branch president know what skills you have to offer beyond your calling, and tell him he can count on you when the need arises.

Be prepared to participate. Sunday School and priesthood and Relief Society meetings follow a lesson schedule. Obtain the lesson manuals, read the lessons in advance, and be prepared to read scriptures or to illustrate the principles taught by sharing your life experiences. While public speaking can be overwhelming, settle your fears, and be prepared to share your testimony of the truthfulness of the gospel.

Look for new faces. Reach out to others in a way you would like them to reach out to you. After a while you’ll find that you are “no more strangers and foreigners, but fellow-citizens with the saints, and of the household of God” (Ephesians 2:19). You are at home in your new Church family.

Ward or branch families are all-inclusive—no one should be left out. It may not be possible to always find friendship with each member, but if we share our love of the gospel, if our testimonies are pure, if we are willing to share one another’s burdens, and if we exercise our desire to serve the Lord through serving one another, we are a family. I am grateful that no matter where I go in this world, every branch or ward consists of other children of Heavenly Father. I can truly testify that the ward I now attend is the happiest place for me to be.
I shifted my weary body on the thin hospital cot and opened my eyes. Glancing at my husband, who was still asleep, I quietly slipped my feet into my shoes. The events of the night before hovered in a haze over my mind. Words like heart defect, surgery, and code blue were blurred with worry and concern for our 10-day-old son. The doctor had told us how lucky we were that Jacob was still alive.

How I had prayed and pleaded the night before as tears coursed down my cheeks and carried me into sleep. I thought of our tiny son in his incubator, surrounded by tubes and wires. How I yearned to take him in my arms, to feel his tender weight, and to whisper reassurances in his ear. I had pleaded for comfort for each of us, but especially for him.

I stepped into the bathroom and splashed water on my face, shocked at how red and tired my eyes looked. I washed my hands with the pungent antibacterial soap, the scent lingering in my nose, and walked down the empty corridor to the pediatric intensive care unit. I picked up the phone hanging on the wall and listened for the receptionist inside.

“Hello?”

“Julia Wagner to see Jacob.”

“Come right in,” the cheerful voice replied.

The doors slowly swung open. As I walked in I saw a nurse busy checking our baby’s vital signs. “He’s doing well this morning,” she said.

I crossed to his side and saw, gently rolled and wrapped around him, a beautiful blanket in all the pastel colors of Easter. “Oh!” I whispered. I had not thought to be audible, but the perceptive nurse turned to me and said, “Many groups and organizations donate blankets for the babies in the intensive care unit. This one came with a card.”

I accepted the card from her hand and read, “Made with loving hands for your baby by the women of the Four Corners Ward in Salem, Oregon, The Church of Jesus Christ of Latter-day Saints.”

I was filled with love and gratitude as I realized the answer to my prayers. The Lord had wrapped our son in the arms of His love during that long and dreadful night.

I thought back on the times I had helped make blankets in similar Relief Society service projects, thinking, “It is just a blanket. How can a blanket help and comfort tiny babies and their families in such great need?”

How wrong I had been. I looked at that blanket, like arms wrapped around my boy, keeping him safe, and I envisioned the Savior’s arms. I knew He was watching over and loving us.

Note: Jacob Wagner had open-heart surgery when he was 14 days old. He is now healthy, thriving, and bringing joy to his family.
I sure enjoy going to class. I learn something every time I attend, and I always feel the Spirit.” Or, “I’m so glad to be out of there. It’s so boring. The teacher does all the talking.”

Learning the art of teaching can be a challenge, but Doctrine and Covenants 88:122 outlines several principles that can help you become a more effective teacher and change the lives of your students: “Appoint among yourselves a teacher, and let not all be spokesmen at once; but let one speak at a time and let all listen unto his sayings, that when all have spoken that all may be edified of all, and that every man may have an equal privilege” (emphasis added). According to this verse, learning is enhanced and class members are edified when they have the opportunity to participate, and one of the best ways teachers can help class members participate is by asking questions that encourage students to think, feel, and share.

**Asking Questions**

Speaking to religious educators in the Church, President Henry B. Eyring, then of the Quorum of the Twelve Apostles, said:

“To ask and answer questions is at the heart of all learning and teaching. The Master asked, answered, and sometimes chose not to answer questions in his ministry. . . .

“Some questions invite inspiration. Great teachers ask those. That may take just a small change of words, an inflection of the voice. Here is a question that might not invite inspiration: ‘How is a true prophet recognized?’ That question invites an answer which is a list, drawn from memory, of the scriptures and the words of living prophets. . . .

“But we could ask the question this way, with just a small difference: ‘When have you felt you were in the presence of a prophet?’ That will invite individuals to search their
memories for feelings. After asking, we might wait for a moment before calling on someone to respond. Even those who do not speak will be thinking of spiritual experiences. That will invite the Holy Ghost.\textsuperscript{1}

Elder Gene R. Cook, formerly of the Seventy, has also counseled us on the role of a teacher in the classroom. He said: \textit{“The major role of a teacher is to prepare the way so that the [students] will have a spiritual experience with the Lord. . . . All true gospel teaching is done by the Holy Ghost. . . . We must be careful not to get in the way. . . . The most important thing a teacher can do is to help the student feel the Spirit of the Lord.”}\textsuperscript{2}

How much should students participate in class? A teacher who takes up most of the class time speaking is likely talking too much. In many lessons, student participation can fill about half of the lesson time.\textsuperscript{3}

With the focus of helping students participate and feel the Spirit, much of your lesson preparation should be devoted to developing inspired questions that will help your students discover gospel principles for themselves. Using carefully worded questions, you can guide your students through a discovery experience, which will have far greater effect than a lecture experience, in which a teacher dumps information on students. When you do this, students will move from being idle listeners to active participants as they search their hearts for answers to prayerfully prepared questions. This will allow the Spirit to have a greater influence on each person. The principles taught \textit{by the Spirit} during these discovery experiences will be tailored to the specific needs and spiritual level of each student. The lessons you will teach will then change the hearts, minds, and lives of Heavenly Father’s children.

The following suggestions will aid you in formulating great questions for your lessons.

\textbf{Questions to Avoid}

1. Yes/No questions. (Will prayer help us develop faith?)
2. Questions that require only one- or two-word answers. (Which principle of the gospel is faith?)
3. Questions with obvious answers. (Is faith in Jesus Christ an important principle of the gospel?)
4. Clichéd questions. (How can we use faith in our daily lives?)
5. Controversial questions. (Have you ever lived contrary to the prophet’s counsel and been blessed in your actions?)

\textbf{Productive Questions}

Asking questions which cause students to think, feel, and share leads to discussions which give students the opportunity to be edified and to edify one another. This can be accomplished by using a series of search, analysis, and application questions.

\textit{1. Search questions.} These questions help students discover facts, understand a scriptural story line, or grasp basic doctrine. They help students focus on the particular text being studied and provide the foundation for deeper gospel questions. For a question to qualify as a search question, the answer to the question must be found in the material being studied. Using Doctrine and Covenants 88:122 as our text, search questions might include:

- How many times does the word \textit{all} appear in this verse?
- What are two things each class member is supposed to do?
- What is the promise when \textit{all} participate?

Search questions may also be reworded to form “look for” \textit{statements} given to the class just prior to reading the text. For example, “As we read this verse, \textit{look for} how many times the word \textit{all} appears.” This simple activity focuses students on what will be discussed and adds purpose and meaning as the text is being read.
2. Analysis questions. These questions should build on the information found from asking search questions. They help students discover a deeper level of understanding beyond the facts or story line and help them to think about and ponder the principles being taught. These questions may explore what the characters were feeling or how the principles in the scripture passage relate to other gospel principles. Analysis questions for Doctrine and Covenants 88:122 might include:

- According to this verse, how does a teacher’s role differ from that of the students?
- How are class members being edified?
- What does the word privilege mean to you in the context of this verse?

3. Application questions. These questions build on the information discussed from the analysis questions and should help students apply what they have learned to their own lives. Responses to application questions may differ considerably from student to student as the Spirit whispers to the heart of each individual according to his or her needs and spiritual level. Remember, the Spirit is doing the real teaching in your classroom. Application questions for Doctrine and Covenants 88:122 might include:

- What do you feel is being taught in this verse?
- How can you invite the Spirit into your classroom by asking questions?
- What can you do to ensure that each student has an equal privilege to speak during your lessons?

4. Questions that lead to testifying of truth. Application questions which draw on past experiences of students are particularly powerful. These questions encourage students to bear witness of ways the principle being taught has already affected their lives. As they ponder these questions, students will come to recognize times when they have experienced the Lord’s hand in their own lives. These are spiritual experiences that will invite the Holy Ghost. As your students share their experiences, the Spirit will testify to the other students the truthfulness of the principle being taught, and thus “all may be edified of all.” In sharing, class members also become more committed to living the principle about which they are testifying. Examples of these kinds of questions for Doctrine and Covenants 88:122 might include:

- When have you felt the Spirit as you have participated in a classroom discussion?
- How has hearing the testimony of another class member strengthened your ability to live the gospel?
- When have you witnessed the blessing of “all being edified of all” during a classroom discussion?

Getting Your Class to Participate

If your class is not accustomed to participating, you will need to be patient after asking a question and wait for your students to respond. The silence may feel uncomfortable at first, but don’t give in. As you give students time to ponder your questions, the Spirit will witness to them, and they will feel prompted to share their impressions with the class. It is also important that when students do respond, you acknowledge each one’s comments in a kind and loving manner, which will encourage more participation. You might use phrases that compliment and encourage each student who participates, such as “Thank you for sharing that with us,” “Thank you for going first,” “That’s a very good point,” “I hadn’t thought of that,” and so forth. As you actively listen to your students’ responses and then sincerely acknowledge each one, you will create an environment in which even those who are timid or new to the gospel will begin to participate.

Wherever you are in your development as a teacher, if you are open to the inspiration of the Spirit, Heavenly Father will help you grow in your capacity to teach. As you reflect on the principles taught here, you will feel the promptings of the Spirit instructing you on how to apply these principles in your teaching. Remember, the Spirit is the real teacher and will instruct us individually according to our needs.

NOTES
1. The Lord Will Multiply the Harvest (satellite broadcast address to religious educators in the Church Educational System, Feb. 6, 1998), 5–6.
2. Teaching by the Spirit (2000), 12, 15; emphasis in original.
The Relief Society Lesson That Changed Our Family

Have you ever wished there was a simple, miraculous way to protect your family from the evil influences that attack on every side?

NAME WITHHELD

I noticed a gradual change in our son Jacob’s attitude his first year of junior high school (names have been changed). He was a good young man, but he became rude and rebellious at times. He seemed obsessed with television, video games, and the Internet. He fought us continually over doing his homework, keeping his room clean, and helping around the house. I had seen the same thing happen with our older children as they became teenagers, but I felt this was more serious. I knew from painful personal experience how some children turn away from the Church as they grow up. I fervently prayed to know how to protect our youngest son and our whole family from the evil influences in the world.

I certainly didn’t expect a miracle that Sunday in November as I sat down at the back of the Relief Society class. Sister Randall, a counselor in the Relief Society presidency, announced that the lesson topic was scripture study, and I was struck by a feeling of weary guilt as I thought of my own family. “Not another lesson on scripture study,” I thought. “I’m doing the best I can.”

My husband is a good husband and father who has always loved his family dearly, but he couldn’t be bothered with family scripture study. We had prayer with the children, and we tried to hold family home evening regularly. But whenever I suggested family scripture study, he refused to consider it. Because I felt it was so important, I read the scriptures with each of my children at night before tucking them into bed. I didn’t know what more I could do.

Lately, however, whenever I came in to read scriptures with Jacob, more often than not he said: “Oh, not now. I’m too tired [or busy or whatever; he had a hundred excuses]. I’ll read them by myself.” Whenever we didn’t read scriptures together and I’d ask about it the next morning, he would always say he had somehow “forgotten” to do it. I wondered how far to push scripture study when he could hear his father watching television in the other room.

As Sister Randall began her lesson, I expected to hear yet another story of how a “perfect family” enjoys scripture study. Instead, Sister Randall began telling a story from the Old Testament: “Numbers 21 tells about fiery serpents attacking the Israelites as they journeyed toward the promised land. Many people were bitten by the serpents and died. Seeing the terrible destruction, the Israelites repented and asked Moses to pray for the Lord to take the serpents from them and to heal them.”

In my mind’s eye I visualized our family journeying through life and suddenly being attacked by fiery serpents in the form of our own latter-day vipers: crime, drugs, pornography, immorality. I felt as helpless as the Israelites.
Whenever I suggested having family scripture study, my husband refused to consider it. Because I felt it was so important, I read the scriptures with each of my children at night before tucking them into bed.
Sister Randall explained how the Lord told Moses to make a brass serpent (symbolic of Christ) and put it on a staff. Then Moses promised the people that anyone who had been bitten by a serpent had only to look at the brass serpent and he or she would live. Despite the simplicity of this promise, Alma tells us that “there were many who were so hardened that they would not look, therefore they perished. Now the reason they would not look is because they did not believe that it would heal them” (Alma 33:20).

Sister Randall told us that although in our day the fiery serpents take a different form, we too can look to Christ and be saved. In our day prophets have told us to read our scriptures daily, both personally and with our families; to have personal and family prayers; to attend our meetings; to pay tithing; to repent; to be worthy to attend the temple; and to have family home evening. This is our way to look to Christ and be healed.

At first the simplicity of the concept seemed too easy to protect us from life’s daily temptations. But as Sister Randall talked, my heart was touched, and I felt the Lord speaking to me through her. I realized it was simply a matter of faith. Did I believe the words of today’s prophets and apostles, or would I turn away, as many Israelites turned away from the brass serpent?

I went home from church determined to help my family be strengthened by family prayer and scripture study. I prayed for weeks that my husband would soften his heart. I fasted. I had a special family home evening and invited our less-active married son and his family to join us. We learned about Moses and the fiery serpents. Finally, one night I asked my husband if we could begin the new year by studying the scriptures as a family. And on New Year’s Day he began to lead us in daily scripture study.

Our family didn’t become perfect overnight, but I was amazed at how much our home atmosphere improved. We had less contention and a sweeter spirit in the home. I didn’t lose my temper or get discouraged nearly as often. I felt a closeness to my husband and to the Lord that astonished me. It was Jacob’s attitude, however, that changed the most. He began to remind us all that we must have family scripture study, and he willingly took his turn to read.

I realized anew the wisdom of following the prophets and relying on their promises. I have a testimony of the truth of these words from President James E. Faust (1920–2007), Second Counselor in the First Presidency: “It often takes a superhuman effort for parents of a busy family to get everyone out of bed and together for family prayer and scripture study. You may not always feel like praying when you finally get together, but it will pay great dividends if you persevere.”

NOTE
I went to my husband and apologized for upsetting him. He also apologized, and soon we were happy and united again in love.

As the day went by, I waited for my husband to say he was sorry. Surely he could see how wrong he was. It must be obvious how much he had hurt my feelings. I felt I had to stand up for myself; it was the principle that mattered.

As the day was drawing to a close, I started to realize that I was waiting in vain, so I went to the Lord in prayer. I prayed that my husband would realize what he had done and how it was hurting our marriage. I prayed that he would be inspired to apologize so we could end our disagreement.

As I was praying, I felt a strong impression that I should go to my husband and apologize. I was a bit shocked by this impression and immediately pointed out in my prayer that I had done nothing wrong and therefore should not have to say I was sorry. A thought came strongly to my mind: “Do you want to be right, or do you want to be married?”

As I considered this question, I realized that I could hold onto my pride and not give in until he apologized, but how long would that take? Days? I was miserable while we weren’t speaking to each other. I understood that while this incident itself wouldn’t be the end of our marriage, if I were always unyielding, that might cause serious damage over the years. I decided it was more important to have a happy, loving marriage than to keep my pride intact over something that would later seem trivial.
Before the rededication of the São Paulo Brazil Temple in 2004, the temple doors were opened to many notable leaders from government, business, and education. As I accompanied a highly respected, elected leader through the temple, I noticed that his attention was acutely focused. It wasn’t until we reached a sealing room at the end of our visit that I fully understood why.

In a solemn tone he said to me: “Mr. Andersen, I want to tell you something about my family. My oldest son passed away five years ago at age 35 of cancer. In his final months he could find no peace. He was nervous, distraught, and concerned about his family, his life, and what was ahead of him. Knowing of my son’s situation, a friend of mine who is a member of the Church shared with me a copy of the Book of Mormon and suggested I share it with my son.

“It was a miracle to me to see the effect of that book on my son. He devoured it. He wrote notes and thoughts in the margins. His concerns and anxieties disappeared. In reading the Book of Mormon he found enormous peace. When he died, the book was next to him. I am so thankful for the peace it brought to him.”

We live in that time long prophesied when peace would be taken from the earth: “And in that day shall be heard of wars and rumors of wars, and the whole earth shall be in commotion, and men’s hearts shall fail them” (D&C 45:26). We speak not only of the conflict of nations but also of the pace and frenzy of modern cities, the distraction of media and technology, the obsession with material possessions, the uncertainty of economic stability, and the turbulence of shifting values. We thirst for peace.

The words of the Savior are so inviting: “Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid” (John 14:27).

Do you desire more peace in your life and for your family? Would you change something you are doing in your life if you could have more of the Savior’s peace?

The Book of Mormon is a wellspring of peace to the thirsty soul. It is a great purveyor of the Savior’s peace. The introduction to the Book of Mormon explains that the book tells us what we must do “to gain peace in this life and eternal salvation in the life to come” (emphasis added).
Counting the ways the Book of Mormon brings peace to the soul is like counting the sand on the seashore. Let me discuss a few of the ways, allowing you to multiply the list by your own experience.

**Peace from Faith in Jesus Christ**

From the beginning to the end of the Book of Mormon, “we talk of Christ, we rejoice in Christ, we preach of Christ, we prophesy of Christ, . . . that our children may know to what source they may look for a remission of their sins” (2 Nephi 25:26). More than half of the verses in the Book of Mormon refer to or speak of the Savior.¹

Each year, often at Easter and Christmas-time, news magazines across the world ask the questions: Who was Jesus Christ? Did He live? Are the writings in the Bible authentic?² Yet we know that the Bible is correct. Mormon declared, “This [the Book of Mormon] is written for the intent that ye may believe that [the Bible]” (Mormon 7:9).

When I was a missionary in Europe in the early 1970s, we began much of our teaching with the Apostasy because the divinity of Christ was widely accepted. When I returned as a mission president 20 years later, the emphasis of our teaching changed because belief in Jesus as the Son of God, who gave His life for our sins and rose the third day, had faded significantly. The importance of our testimony of Jesus Christ as the Son of God will continue to grow not only in Europe but also throughout the world.

One of the blessings of our day and the coming days is that we are able to take our message to so many who know little about Jesus Christ and His mission. The assurance of Christ fills the Book of Mormon, bringing in its wake abundant peace to all who embrace it.

In the chapters that anticipate the Messiah, we learn of His purposes, His promises, and His healing power. We learn of the prophecies concerning His life and the miracles in the Americas at the time of His birth.

In His resurrected state He declared, “Behold, I am Jesus Christ, whom the prophets testified shall come into the world” (3 Nephi 11:10). We feel His love for us: “I have
compassion upon you; my bowels are filled with mercy” (3 Nephi 17:7). “Blessed are ye because of your faith. And now behold, my joy is full” (3 Nephi 17:20). We see Him in His majesty as our Redeemer, the King of kings.

From this witness of the Book of Mormon, confirmed by the Spirit, flows an indescribable spiritual peace, assuring us that He is truly “the resurrection, and the life” (John 11:25) and that our eternal peace will be with Him.

The Peace of a Testimony of the Restoration

The Book of Mormon is a physical manifestation of the divine mission of the Prophet Joseph Smith. The book is in our hands. We can touch it. We can read it.

How could anyone believe that Joseph Smith could write such a book? His wife, Emma, recorded: “Joseph . . . could neither write nor dictate a coherent and well-worded letter; let alone dictating a book like the Book of Mormon. And, though I was an active participant in the scenes that transpired, it is marvelous to me, ‘a marvel and a wonder,’ as much so as to any one else.”

No explanation about the origin of the Book of Mormon, excepting Joseph Smith’s own account (see Joseph Smith—History 1:29–60), has exhibited any credibility. Honest men willingly testified of holding the plates and being shown them by an angel of God—a witness they never denied. More important, the Book of Mormon comes with a promise that as we sincerely ask God, with faith in Christ, He will manifest the truth of it unto us by the power of the Holy Ghost (see Moroni 10:3–5).

This witness of the Book of Mormon confirms “that Jesus Christ is the Savior of the world, that Joseph Smith is his revelator and prophet in these last days, and that The Church of Jesus Christ of Latter-day Saints is the Lord’s kingdom once again established on the earth, preparatory to the second coming of the Messiah” (introduction to the Book of Mormon).

I have seen the power of the Book of Mormon in bringing a testimony of the Restoration to thousands across the world. I have heard the experiences in numerous languages, seen the devotion in divergent cultures, and stood amazed at the consistency of the peace the Book of Mormon brings. It truly is “a marvelous work and a wonder” (2 Nephi 25:17).

The first time I experienced the power of the Book of Mormon in the life of a convert, I was serving as a missionary in France. My British companion and I spent much of our time knocking on doors—with few results. One afternoon a distinguished middle-aged lady opened her door. She had little time for us that day, but we left a Book
of Mormon and made an appointment to return two days later. When we returned to her apartment and the door opened, I felt a powerful spiritual feeling. She was eager to see us. She had been reading the book and had experienced the powerful feelings of the Holy Ghost. She spoke of her joy and peace. She was prepared for whatever course we as the Lord’s servants would invite her to take.

It was in the cold of February. Our city had no chapel, so we installed a portable baptismal font in an old wooden barn. The steam from the warm water filled the air. The humble members of the branch surrounded the portable font as this sister climbed up the stairs and then down into the water to be baptized a member of the Church.

The peace expressed by this wonderful sister echoed the words of Parley P. Pratt (1807–57) as he spoke about his first encounter with the Book of Mormon: “As I read, the spirit of the Lord was upon me, and I knew and comprehended that the book was true, as plainly and manifestly as a man comprehends and knows that he exists.”

Parley P. Pratt said, “As I read, the spirit of the Lord was upon me, and I knew and comprehended that the book was true, as plainly and manifestly as a man comprehends and knows that he exists.”

The Peace of the Pure Doctrine of Christ

With trouble arising among his people, the prophet Alma determined to “try the virtue of the word of God,” which had a “more powerful effect upon the minds of the people than the sword, or anything else” (Alma 31:5).

The true doctrine of Christ, received with faith, changes our souls and brings us peace. The Lord Himself said the Book of Mormon contains “the fulness of my everlasting gospel” (D&C 27:5; see also D&C 42:12). The Book of Mormon unveils the plan of salvation and “answers the great questions of the soul.”

The lessons of truth in the Book of Mormon are taught in the difficult circumstances of war and oppression, in the sermons of prophets, in the conversations of fathers to sons, and in the Savior’s own words. There is a central theme: “God himself shall come down among the children of men, and shall redeem his people” (Mosiah 15:1). There are those who are seeking: “And I will tell you of the wrestle which I had before God” (Enos 1:2). There is the constant call to leave our sins behind and step to a higher level: “And it came to pass that I was three days and three nights in the most bitter pain and anguish of soul; and never, until I did cry out unto the Lord Jesus Christ for mercy, did I receive a remission of my sins. But behold, I did cry unto him and I did find peace to my soul” (Alma 38:8; emphasis added).

And there are the comforting and peace-filled words of the Savior: “Will ye not now return unto me . . . that I may heal you? . . . If ye will come unto me ye shall have eternal life. Behold, mine arm of mercy is extended towards you, and whosoever will come, him will I receive” (3 Nephi 9:13–14).

The Book of Mormon gently passes its stories and testimonies before us. As we ponder them and pray about them, the Lord reveals to the quiet chambers of our hearts our own need to repent and change. As we covenant with the Lord and make changes in our lives, we feel the power of His Atonement and confirming peace. As our spiritual journey progresses, we feel strengthened by His grace as we confront the difficulties and disappointments of life.
An Apostle has said, “When we want to speak to God, we pray. And when we want Him to speak to us, we search the scriptures.”

This is the peace of the true doctrine of Christ found in the Book of Mormon.

The Peace of Our Family

In the commotion, busyness, and uncertainty of our lives, our families yearn for peace. We need our homes to be places of refuge, places of calm, places of truth.

President Gordon B. Hinckley has given a beautiful promise as we read the Book Mormon: “Without reservation I promise you . . . there will come into your lives and into your homes an added measure of the Spirit of the Lord, a strengthened resolution to walk in obedience to His commandments, and a stronger testimony of the living reality of the Son of God.” Surely these are promises of great peace that we need in our families.

The Book of Mormon is a remarkable spiritual history. The words of prophets were passed down through the centuries from father to son, guarded and preserved through difficulty and war, brought together and summarized, and then laid to rest for centuries, finally to come forth in this dispensation of the fulness of times. Is it any wonder that the Spirit of the Lord, transcending all languages and cultures, is found in such abundance in this holy book?

The promise of comfort and peace is nestled in every chapter and verse of the Book of Mormon. We need only approach this book prayerfully and with faith, and the Savior’s peace will permeate our searching.

NOTES
...and
it came to pass

When the angel Moroni appeared to the Prophet Joseph Smith in September 1823, he spoke of “a book . . . written upon gold plates, giving an account of the former inhabitants of this continent” (Joseph Smith—History 1:34). The translation of these plates became the Book of Mormon.

Joseph’s mother, Lucy, wrote of the time period when Joseph was discovering the stories of the Book of Mormon for himself: “Joseph gave us some of the most amusing recitals which could be imagined. He would describe the ancient inhabitants of this continent, their dress, their manner of traveling, the animals which they rode, the cities that they built, and the structure of their buildings with every particular; their mode of warfare, and their religious worship as specifically as though he had spent his life with them.”

As we read the Book of Mormon today, its stories easily capture our imagination. Latter-day Saint artists have created works that strive to capture the power, excitement, and inspiration of some of the stories from the book. A few of their works are pictured here.

Below: The Promised Land, by Minerva Teichert
“But, said [Lehi], notwithstanding our afflictions, we have obtained a land of promise, a land which is choice above all other lands; a land which the Lord God hath covenanted with me should be a land for the inheritance of my seed” (2 Nephi 1:5).

Bottom left: Lamanite Maidens, by Minerva Teichert
“Now there was a place in Shemlon where the daughters of the Lamanites did gather themselves together to sing, and to dance, and to make themselves merry” (Mosiah 20:1).

Bottom right: Lehi’s Dream, by Araceli Andrade
“And it came to pass that while my father [Lehi] tarried in the wilderness he spake unto us, saying: Behold, I have dreamed a dream; or, in other words, I have seen a vision” (1 Nephi 8:2).
“And it came to pass that I did go forth and partake of the fruit thereof; and I beheld that it was most sweet, above all that I ever before tasted. Yea, and I beheld that the fruit thereof was white, to exceed all the whiteness that I had ever seen.” (1 Nephi 8:12).

“And it came to pass that I beheld a tree, whose fruit was desirable to make one happy” (1 Nephi 8:10).
**Left: The Waters of Mormon, by Jorge Cocco**

"And after this manner [Alma] did baptize every one that went forth to the place of Mormon; and they were in number about two hundred and four souls; yea, and they were baptized in the waters of Mormon, and were filled with the grace of God" (Mosiah 18:16).

**Above: Their Joy Was Full, by Walter Rane**

"And it came to pass that after we [Nephi and his brothers] had come down into the wilderness unto our father, behold, he was filled with joy, and also my mother, Sariah, and was exceedingly glad, for she truly had mourned because of us..."

"And when we had returned to the tent of my father, behold their joy was full, and my mother was comforted" (1 Nephi 5:4, 7).
“And it came to pass that I, Nephi, did guide the ship, that we sailed again towards the promised land.

“And it came to pass that after we had sailed for the space of many days we did arrive at the promised land . . . and did pitch our tents; and we did call it the promised land” (1 Nephi 18:22–23).

“And when [Christ] had said these words, he wept, and the multitude bare record of it, and he took their little children, one by one, and blessed them, and prayed unto the Father for them. And when he had done this he wept again; And he spake unto the multitude, and said unto them: Behold your little ones.

“And as they looked to bebold they cast their eyes towards heaven, and they saw the heavens open, and they saw angels descending out of heaven as it were in the midst of fire; and they came down and encircled those little ones about, and they were encircled about with fire; and the angels did minister unto them” (3 Nephi 17:21–24).
WHY ADOPTION?

In placing their faith in the Lord as they make a truly selfless choice, many unwed birth mothers find that from the ashes of their deepest pain, He makes something beautiful—for her, the baby, and a loving family.

BY REBECCA M. TAYLOR

When Chuck and Rachael Sharp learned they would not be able to conceive a baby, Rachael thought her heart would break. She had yearned to be a mother, and she knew Chuck would be a wonderful father. For years the couple had dreamed of skiing and camping trips with their children, of noisy conversations around the dinner table, of music lessons and parties with cousins and picnics in the park. What would they do with all of those dreams?

That same year, in another city, Jessica Anderson (name has been changed) was struggling with heartbreak of her own. She had recently learned she was pregnant and the father didn’t want to be involved. Her mind reeled with questions: With so little education, how would she financially support her child? How could she fill the roles of both a mother and a father? What kind of future could she provide?

Over the past several decades, societal attitudes about unwed pregnancy have changed dramatically. For most unwed mothers 30 years ago, the choice was clear: they would either marry and raise the baby, or they would place the baby for adoption. Today, by contrast, most unwed mothers choose to either raise their babies on their own or get an abortion. In the United States, for example, only about 1 percent of unwed mothers place their babies for adoption. In many other countries the percentage is almost negligible.

While Church members lag behind much of the rest of the world in the single-parent trend, more and more Latter-day Saint unwed mothers are choosing to become single parents. Yet the official position of the First Presidency remains consistent: when a successful marriage is not likely, unwed parents are encouraged to place their babies for adoption into a loving, two-parent, Latter-day Saint home (see sidebar).

Why does the Church support adoption?

What’s Best for the Baby?

A popular modern catchphrase is “A family can be anything as long as there is love.” Yet the proclamation on the family declares, “Children are entitled to birth within the bonds of matrimony, and to be reared by a father and a mother who honor marital vows with complete fidelity.”

Numerous studies have shown that children are better off when raised by both a mother and a father. These children are less likely to drop out of school, have behavioral problems, participate in delinquent behavior, become single mothers themselves, and live in poverty.

In her book For the Love of a Child, social worker Monica L. Blume points out, “Almost every birth mother I have ever seen who is choosing to single parent believes she will be one of the very few who beat the odds.” Many
of these unwed mothers count on the father remaining fully involved or on having their own father help raise the child. And many Latter-day Saint single mothers hope to eventually get married and become sealed to their child in the temple.

Unfortunately, such hopes are not often realized. And many unwed mothers find that single parenthood is much more challenging than they expected. Studies have shown that single mothers have higher rates of illness, have less social involvement, and, if they are teenagers, are less likely to eventually marry than those who place their babies for adoption.5

But as Tammy Squires with LDS Family Services says, none of her clients wants to be labeled a "statistic." These mothers feel great love toward their babies and may believe that others cannot offer the same love and care a biological parent can provide. "I try to help them see that it's not about biology; it's about stability and what is best for the baby," Sister Squires explains. "Their decision will affect their child not only throughout this life but in eternity. They need to pray about it and feel peaceful about their decision, whatever that final decision may be."

Chuck had already accepted the possibility that children would come to their family through adoption, but for Rachael, acceptance came less readily. She felt angry at God for denying her what she longed for most. One day, however, a friend spoke about adoption in a way that resonated with her. "Imagine having a baby placed in your arms," her friend said. "Think about looking down at that little face and knowing that child is yours. You can still be a mother!" Rachael felt the first stirrings of renewed hope in her heart.

Meanwhile, Jessica struggled with her decision. Her parents, especially her father, felt she should place the baby for adoption. Her friends encouraged her to raise the child herself. So many decisions, so many questions! Finally, she decided to get an abortion. That would make everything so much easier—wouldn't it?

**Latter-day Saint Theology and Adoption**

A primary reason the Church supports adoption is that children who are adopted by temple-worthy Latter-day Saint couples can be sealed to their adoptive parents. The sealing ordinance is the capstone ordinance in the Church, and its blessings are present in this life as well as in the next. As President Joseph Fielding Smith (1876–1972) declared, children who are born in the covenant—and, by extension, those who are sealed to their parents in the temple—"have claims upon the blessings of the gospel beyond what those not so born are entitled to receive. They may receive a greater guidance, a greater protection, a greater inspiration from the Spirit of the Lord; and then there is no power that can take them away from their parents."6

Fred Riley, commissioner of LDS Family Services, says that although adoption is rarely discussed in Church meetings, it is a profound gospel principle. He points out that
when the prophet Elijah restored the sealing keys, these keys encompassed adoption. And one of the ways in which Jesus Christ is our Father is through adoption, for we become His sons and His daughters when we are adopted into the family of Christ.

Additionally, Church members who are not direct descendants of Israel may be adopted into the house of Israel through their faith (see Romans 8:9; 9:4).

"From the time of Adam, adoption has been a priesthood ordinance," says Brother Riley. "It’s a principle of the gospel that probably all of us will experience at some point as we’re literally adopted into our Heavenly Father’s kingdom."

Rachael and Chuck started participating in the training LDS Family Services offers prospective adoptive parents. They listened to birth mothers tell their stories—birth mothers who were so different from the rebellious girls they had envisioned. Many of these young women, by contrast, seemed wise beyond their years. Rachael and Chuck sensed some of the pain, as well as the peace, these young women had experienced. Maybe they too would one day be on the receiving end of such a sacrifice. Their excitement at the prospect of parenthood grew—as did their awe for these birth mothers.

On a warm day in late August, Jessica sat in silence as her friends drove her to a class at the abortion clinic two hours away. With every mile, her heart grew heavier and her dread increased. When they finally drew near the clinic, she told her friends, “I can’t do this.” She couldn’t take an innocent life. She would have to make a different decision.

Taking Care of Our Own?

One of the most powerful factors that influence an unwed expectant mother’s decision regarding her baby is the opinion of her parents. It can be heart-wrenching for grandparents to consider relinquishing an infant grandchild. Like their daughter, grandparents
often bond with the baby even before birth, and they have hopes and dreams for the baby’s future.

Many parents feel a grave sense of responsibility when their child becomes pregnant out of wedlock. They may feel that the most moral decision is to support their child in raising the baby rather than releasing the baby to the care of others. Church teachings about self-reliance and using family resources may seem to reinforce this belief. However, the First Presidency has addressed these concerns.

Not only does the choice to be a single parent leave the child bereft of the sealing ordinance, but its outcome can be confusing when the child is raised by extended family members. Shanna Bake of LDS Family Services explains that these children “often don’t know who to call mom. Who do they listen to? Who do they go to first when they have a problem? What about discipline? It’s undefined.”

Some may view placing a child for adoption as “abandoning” that child. But, as Sister Bake emphasizes, adoption “is not abandoning your responsibility. It’s taking more responsibility. It is truly taking care of your own, because you’re saying, ‘I can’t give this child what he or she needs, but someone else can.’”

One writer expressed it this way: adoption is “not the abandonment of a baby but an abandonment of self for a baby’s sake.”

Jessica grappled with her two remaining choices. She decided she would keep her baby, despite her father’s strong feelings in favor of adoption. But then she realized that the things she valued most from growing up in her own family—a loving mother and a father with a temple marriage, the knowledge that she was sealed to her parents, financial security—were things she would be unable to provide her baby. She could give her baby love, but was love enough to raise a child? She hadn’t prayed much for a while, but now she poured out her heart to Heavenly Father. The answer, when it came, was not the one she wanted, but she knew it was right.

**Changes in Adoption Practice**

In years past, most birth mothers who placed their children for adoption had little or no involvement in deciding who would be the parents of their children. “It was almost as if the baby went into a big black hole,” says Brother Riley. Often the birth mothers were not even able to see the baby after the birth. They were left with unanswered questions:

- Is my baby OK?
- Is she in a good family that loves and cares for her?
- Does he know how much I love him and why I made my decision?
- Does my baby know how hard it was for me?

Many adopted children faced questions of their own:

- What were my birth parents like?
- Why did my birth mother choose to let me go?
- Didn’t she want me?
- What about my birth father?

Today, many of these issues have been addressed as adoptions have become more open. Usually the birth mother chooses the adoptive parents for her child, and she meets them before the birth. Together she and the adoptive family determine the type and frequency of future contact that will work best for them, whether such contact is through letters, photos, or face-to-face visits.
Sister Bake says that this type of adoption “really helps the birth mothers move on. Part of their grief comes from wondering, ‘Did I do the right thing?’ Through regular contact it’s reaffirmed: ‘Yes I did the right thing. He’s happy, he’s doing well, they love him.’ It helps them heal faster.”

Jessica couldn’t get enough of her baby. For the past three days she had stroked little Aliza’s soft skin and hair, breathed in her baby scent, cried over her, and loved her. Another couple would be taking her home—a couple who had all the characteristics Jessica had hoped for as she searched for her baby’s new parents. Jessica knew, deep in her soul, that Rachael and Chuck Sharp were supposed to be Aliza’s eternal parents. But for these three days, Aliza had been her baby.

Now it was time to place Aliza with her new parents. Jessica didn’t think she had ever shed more tears. Behind her sorrow, though, was the peaceful assurance that she was giving her daughter the most priceless gift she could ever give: both a mother and a father.

**Beauty for Ashes**

The Lord gives compensating blessings to those who sacrifice their will to His. Speaking messianically, the prophet Isaiah proclaimed, “The Lord hath anointed me . . . to give . . . beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness” (Isaiah 61:1, 3). In placing their faith in the Lord as they make a truly selfless choice, many birth mothers have found that from the ashes of their deepest pain, He has made something beautiful.

“Most likely this is the hardest thing these birth mothers will ever do,” says Sister Bake. “But in the end, almost all the girls I’ve worked with have said, ‘I’m a better person now—I’m stronger, wiser, and more mature.’”
Audrey Johnson (name has been changed), who placed her baby for adoption six years ago, acknowledges that, like many birth mothers, she used to wonder how she could recover from her grief. But, she says, “I believed Heavenly Father had a plan for my baby, and if I would submit to His will and follow His guidance, He would get me through it. And He did.”

She says that at times she feels a little pensive, usually around her baby’s birthday. “But the overriding feeling is one of peace,” she says, “I know I did absolutely the best thing I could have done for her—and for me. It turned my whole life around. And I learned that not only could I be happy again, but I could be happier than I was before.”

Six years have gone by since Aliza’s adoptive placement. She is now an energetic six-year-old who loves eating popsicles, doing art projects, and playing with her three-year-old sister, Katy, who was also placed through LDS Family Services. Her parents cherish their little family, and they can’t imagine it coming about in any other way. Among the memories they treasure most are the days when Aliza and Katy were sealed to them. They will forever be grateful for the two birth mothers whose sacrifices enabled them to have the family they had hoped, prayed, and prepared for.

Jessica has since married in the temple and is attending school, with plans to become a nurse and to have children of her own someday. She still keeps pictures of Aliza in her living room. She receives letters occasionally; she’s even seen Aliza several times since the placement.

Her experiences have changed her. She’s softer now; her family members tease her about her tender side. She is grateful to the baby girl who inspired her to return to church and put her life back on the right path. She knows she made a difficult but truly selfless choice, and she draws strength from that knowledge. Her future, like Aliza’s, is bright.

NOTES
The lessons I learned on my treadmill helped me better understand physical and spiritual laws.

BY MARIE E. OWENS

A few years ago I realized that I had neglected my responsibility over my physical health. I have always known that I am a cherished child of God, that He has given me talents and abilities, and that I should not define who I am in terms of my physical body. However, I had difficulty with my third pregnancy and was beginning to feel pain in my back and knees. Due to my lack of attention to how I was treating my body, I found myself 120 pounds overweight in my early 30s. I decided to try some lifestyle changes to see if I could at least slow down the process of gaining weight. I didn’t think I could lose it all, and I didn’t concentrate on reaching a particular dress size or number on the scale. But I did recognize that the sooner I stopped gaining, the less damage I would do to my body.
This journey has taken several years and continues even today. I now enjoy exercising, in part because I have felt the Spirit tutor me during this time. I have been amazed to discover that the same principles that have helped strengthen me physically are also applicable spiritually. Here are some things I have learned from my time on the treadmill.

**Natural laws govern all things.**
There was no way to lose weight without understanding and working within the law that I had to consume fewer calories than I burned. Even though I had ignored this law for years, it continued to be true. The extra calories became extra weight. “When we obtain any blessing from God, it is by obedience to that law upon which it is predicated” (D&C 130:21). Likewise, laws for our spiritual health don’t change. We can ignore them for a time, but they continue to exist and are true whether we use them for our benefit or allow them, in our apathy, to ultimately condemn us.

**Pacing yields endurance.**
Like many others, I had tried faster and easier (and unhealthy) options for losing weight. Many already know that these do not work and often make matters worse. There is no way around the natural law; it demands that we personally sacrifice and persevere. But we do not need to do it alone, and there is no deadline. We have been counseled by the Lord, who understands the timing of all things better than we do, to “see that all these things are done in wisdom and order; for it is not requisite that a man should run faster than he has strength” (Mosiah 4:27).

I did not begin with the end in mind; rather, I focused on changing my direction. As long as I stayed on the correct path and was moving forward, it did not matter how fast I was moving. In fact, pacing myself was vital in not giving up. Just as I found that I could run farther when I turned down the speed on the treadmill, we can go farther toward the kingdom of God if we do not push so hard that we feel compelled to stop our efforts for long periods of time. In this, the journey is as important as the destination.

**Resistance builds strength.** I soon found that scrutiny and control over my caloric intake would take me only so far. Muscle burns more calories than fat, and the only way to increase muscle is to exercise. I started slowly with nonimpact activities, 20 minutes a day. Over the course of months, I began to build both my intensity and duration. What was important was not what I did but that I did just a little bit beyond what I thought I could do—and that I did it regularly. Allowing my body to sweat and work has increased my physical strength. Likewise, working through adversity builds spiritual strength. Resistance training is the only way to build muscle—be it spiritual or physical muscle.

**Lengthen your stride.** I knew this counsel taught by President Spencer W. Kimball (1895–1985) encouraged us to do more. I used to think that meant “go faster.” But he didn’t say that. He said to “lengthen your stride,” or, in other words, run smarter. When it was all I could do to not fall off the treadmill at a given setting, I found I could simply take larger steps. Lengthening my stride allowed me to accomplish what I didn’t think I could.
Plateaus will happen—continue anyway. In weight-loss programs, the term plateau refers to the times when you are doing all of the right things but the weight loss stalls. Plateaus are common and even expected. A variety of things change to help your physical body become healthier; a lower number on the scale is just one of them. The trick is to stick to your plan even though you are not receiving outward feedback of its effects. This is true for our spiritual growth as well. We may feel that we’re not progressing—or even that we’re losing ground. Sometimes the spirit needs to rebuild from within before we see the outward manifestations. Be patient and continue anyway.

Variety helps. Since this was such a slow and long process for me, I became bored with both the foods I was eating and the workout routines I was doing. It was important for me to adjust things every once in a while to keep motivated and make the process more fun. This life is the time to be tested, but we are also to enjoy the experience. I truly believe that the Lord wants us to find happiness in our time on this earth. He wants us to explore the many possibilities and wonders around us. This variety helps satisfy the appetites of our souls.

Toning happens through correct form—not just additional repetitions. After a lifetime of being heavy, I found that there were some areas where my skin did not shrink proportionally to my body size. After losing more than 100 pounds, I needed to focus on toning. This involved slowing down and focusing on how I was working individual muscles. I am learning, too, that we often have to slow down and focus on the fundamentals to tone spiritual attributes. Often, after going through the same motions for a time, we become so familiar that we take the movement for granted. This familiarity can lead to complacency, making the exercise less effective. Occasionally reflecting on why and how we are to live a certain principle can produce a deeper understanding and testimony of it.

Our natural state is not our best state. Even though losing the weight was difficult, keeping it off has required just as much effort. Every time I thought I had “made it” and could relax, I immediately began to lose ground. It soon became clear to me that my body and my spirit will not remain naturally healthy and strong without effort. “For the natural man is an enemy to God, and has been since the fall of Adam, and will be, forever and ever, unless he yields to the enticings of the Holy Spirit, and putteth off the natural man” (Mosiah 3:19). If left unmonitored and unexercised, both the body and the spirit will revert—surprisingly quickly—to a state of lethargy. In this life there is no such thing as maintaining. Our actions (or lack of them) will result in either our moving forward or falling backward.

Our souls are the union of our bodies and our spirits (see D&C 88:15). They are integrally entwined, and one cannot thrive while the other is neglected. While each of us is given a different degree of physical health in this life, it is our Heavenly Father’s plan for all of us to work to improve what we have received. Both our bodies and our spirits must be nourished and exercised to be healthy and to help us reach our full potential.

If you or someone you know has a problem with overeating, the Addiction Recovery Program, sponsored by LDS Family Services, can help. For more information, contact the LDS Family Services office in your area or visit www.ldsfamilyservices.org.
I heard Elder M. Russell Ballard speak about the sleazy and evil entrapments of the media,¹ I thought, “Maybe we shouldn’t hook up the TV.”

Another month went by without television. I finally read my ancestors’ journals. I visited the library and read more books than I had in years. I read the current issue of the Ensign well before the new issue arrived. I spent time visiting with my husband and daughter. I finished a quilt for my new grandchild. My husband and I did extra sessions at the temple. We made a pathway in the yard with our leftover bricks. We recommitted ourselves to daily scripture study.

I suddenly seemed to have the time to do projects I had put off for years because I thought I was too busy. Had television really robbed me of these important activities?

As I began to add the hours in my head, I realized the price I had paid. The television stayed off during the daytime hours, but it usually remained on the rest of the night. At four hours a day for six days a week, we watched 24 hours of television each week. At the age of 54, I had spent almost eight years of my life watching television. Eight years!

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After I discovered this, one of my married sons said he thought he could find the cables. He rummaged around in the attic and reappeared triumphant, calling out: “I found them. I found them!”

I quickly reflected on my TV-free life for the past two months. My health had improved because I got the sleep I needed. My relationship with my family had improved because I was spending more time with them. My spirituality had increased because I was doing activities that invited the Spirit.

My husband and I looked at each other and arrived at an instant agreement: “Bury those wires!”

Notes

Building on a foundation of solid spiritual and financial principles is the best safeguard against economic disaster.

Church leaders have repeatedly encouraged us to prepare ourselves temporally. Part of our temporal preparation involves proper financial management. The following accounts from Church members give helpful suggestions on how to budget, cut costs, eliminate debt, and live within our means—and how to be happy while doing so.

Be Personally Accountable

Properly employed, money can help us further the Lord’s work and provide us contentment and comfort. Unwisely used, money can cause marital strife, personal frustration, and feelings of enslavement and desperation.

Some people covet money to the extent that they sacrifice everything of value—including their integrity and family relationships—while chasing the satisfaction they imagine material wealth will provide.

Given the powerful influence money has in our lives, we might think that money management would be one of the most important topics discussed in our homes and studied in our schools. But for most of us, money comes with few instructions. We earn it, count it, and spend it. The following ideas examine spiritual principles that can change the way we view earthly possessions.

The Lord has blessed us with everything we have, and He requires that we be wise and accountable for these blessings. This means that we use our resources responsibly. We need to remember that we may have earned something,
but we did so only with the life, strength, resources, and help that Heavenly Father has given us.

Korihor, an anti-Christ in the Book of Mormon, had a different idea: that “every man fared in this life according to the management of the creature; therefore every man prospered according to his genius, and that every man conquered according to his strength; and whatsoever a man did was no crime” (Alma 30:17).

In effect, Korihor is saying, “I earned it. It’s mine. I can do whatever I want with it.” His attitude is destructive in that it strips away gratitude, enflames pride, and engenders selfishness. His philosophy leads people to acquire money at the expense of things most valuable.

First and foremost a person must ask, “Am I a full-tithe payer?” The payment of tithing is our expression of gratitude for the gifts and blessings God has provided. Then consider four differences that an attitude of responsibility can make:

1. **I am responsible for how my money is earned.** It should come honestly from labor and wise investment.

2. **I am responsible for how my money is used.** The Lord wants my money to have a positive impact—to please, gladden, strengthen, and enliven.

3. **I will be cautious about incurring debt.** Debt may be essential when purchasing an essential asset, such as a house, but it can destroy me when used to buy things I don’t need.

4. **I will report how I use my money.** I will counsel with my spouse about how we earn and spend our money, and we will counsel with the Lord in prayer regarding our finances. Too often, financial decisions are made without considering possible implications. One way to manage money
wisely is to keep a record of expenditures and prepare a budget to guide future spending, which is more a state of mind than a piece of paper. A budget requires you to consider alternative ways of spending money before committing to a specific purchase. It also provides a way to compare benefits and costs, thus enabling you to direct spending to the greatest good.

A simple way to decide if a particular choice will increase happiness is to consider the spiritual implications. For example, an expensive car can feed your ego, but the added debt can be damaging. A comfortable, affordable family car can help create memories that last a lifetime through family outings. Money spent on a home that exceeds your needs may come at the expense of wonderful family vacations. Inexpensive board games may create shared time together at much less cost than electronic games that tend to isolate family members. Seeing past the initial excitement of a purchase to its effect on family well-being allows you to make the best possible choice.

In the end, you must define the path that’s best for you and your family. By including the principle of stewardship in your thinking, you can add a spiritual dimension to your moneymaking decisions.

Jim Jenkins and Jerry Borrowman, Utah

Control Spending

Living within our means requires responsibility. Often owning more, acquiring more, and spending more only obligates us further, yet we still find ourselves always wanting. Following are some ideas to help keep spending down and help us live more gratefully and contentedly.

1. Give. Pay tithing and fast offerings, and donate usable household items to charity or to a needy family. When we fill the needs of others, our own needs are often met. After seeing what others lack, we realize that we no longer need certain things.

2. Use what you have. Tired of your current decor or furniture? Try painting, stenciling, refinishing, or repairing them for a fresh look.

3. Purchase used items. Shop thrift stores, garage sales, online auctions, and classified ads, especially when buying items such as clothing and toys. Buying all of these things new can rapidly deplete income, and children quickly outgrow them.

4. Grow a garden. Plant produce that your family likes to eat, and where possible, preserve enough for the entire year.

5. Be handy. Learn how to handle household projects and make repairs. Instructional books can be helpful and may be checked out at a local library, or you can find do-it-yourself tips on the Internet.

6. Pack a lunch. Instead of eating out during your lunch hour, bring prepared food from home.

7. Limit major expenses. Rather than going into debt to buy items such as a computer or furniture, be patient, save, and then buy them with cash.

8. Plan creative activities. Low-cost activities that you and your family can enjoy may include a family game night, a picnic at the park, or a movie at home. Entertainment doesn’t need to be expensive.

Cutting costs involves being creative and can take some getting used to, but you will find it to be rewarding and will realize that you can be happy and content without things you once thought to be necessities.

Brian and Maralee Turner, Idaho
Save and Shop Thriftily

My husband has spent many of our married years in postgraduate studies, and so far we have acquired no debt and have learned how to live comfortably within our means. You will find you cannot have everything you want or be totally in style, but living within your means can provide plenty of comfort and happiness.

First, we decided to buy an inexpensive but reliable vehicle. Then, instead of renting an apartment, we bought an inexpensive used mobile home. It required some repair and a lot of work, but we made all the upgrades ourselves and ended up with a nice home, saving us thousands of dollars in rent payments.

We also shop sales at grocery and clothing stores, dine out only on special occasions, and attempt to complete home and auto repairs ourselves. It has actually become exciting for us to try to find what we need at the cheapest possible price! We don’t use a credit card unless we can pay it off each month, and we are careful to account for everything we spend.

This has been our way of life for a long time. It is very simple for us to live within our means. Being wise with our finances has lessened undue stress in our lives, and we are happier because of it.

Lorie Cannon, Colorado

Seeing past the initial excitement of a purchase to its potential effect on our family’s well-being can help us rein in our spending. The Lord expects us to control the urge to acquire beyond our means.
Avoid Financial Bondage

Financial bondage can create serious personal and family problems. The following principles will help build the skills needed for sound financial management, preparing the way for happier, more productive lives and families.

First, realize that the amount of money available for discretionary spending has little to do with numbers on a paycheck. For example, a $30 expenditure may seem trivial when compared to a $2,000 paycheck, but if $1,950 is already committed to bills and other necessities, then that $30 is more than half the discretionary budget.

Second, before going into debt, consider the results. For some expenditures, debt may be appropriate. However, the prophets have repeatedly warned against entering into unnecessary debt. I like to divide debt (and other expenses) into two categories—consumption and investment debt. Consumption debt does not bring a financial return. Examples are recreational equipment, household furniture, and vacations. It is better to avoid this type of debt and instead pay cash for such items.

Investment debt is that which can bring a financial return. It may include education expenses, a car, and a house. Investment debt can be appropriate if it meets family needs and fits into your budget.

Consider major purchases for a few days before making any commitment. Be certain that they are wise and appropriate for you and your family and that you can afford them. Also consider other ways of obtaining what you need. Rentals or shared items sometimes work just as well as new, higher priced items and can save a lot of money.

As we document our expenditures, we can see where our money is going and increase our awareness of how we spend discretionary income.

Last, and most important, practice self-discipline. Just as the Lord expects us to live the commandments, He also expects us to control the urge to acquire beyond our means. This may take practice but will be rewarding in terms of your happiness, both here and hereafter.

Wise management of earthly stewardships helps prepare us for the stewardship of eternal glory in His kingdom.

Hal Lillywhite, Oregon

Plan and Budget

Some people think their financial difficulties would be solved if they could earn more money. But the truth is that most people’s expenses continue to rise as income rises. The trick is to spend less than you earn.

The following steps have allowed us to live within our means and achieve our financial goals.

1. Pay a full tithe. We cannot afford to not pay our tithing. Many blessings, both financial and spiritual, have come to us by obeying this law.

2. Save 10 percent. Wouldn’t it be nice to have saved as much as you have paid in tithing? Along with encouraging us to have a year’s supply of food storage, Church leaders have also encouraged us to save enough money to live for one year.

3. Track your expenses. Document everything you spend. This helps you see where your money is going and decreases spending simply by making you aware of how you spend discretionary money.

4. Formulate monthly budgets. After we had written down our purchases for two months, we set a monthly budget for the following eight categories: groceries, food storage, children (clothes, toys, diapers), entertainment,
health, home, gasoline, and miscellaneous (haircuts, gifts, postage, and so forth). We then documented the amount spent in each category and subtracted it from the budget. One suggestion to help control spending is to put the budgeted amount of cash in an envelope for each category. That way, when the envelope is empty, you can’t spend anymore!

5. **Equalize expenses.** Because our income is the same each month, we try to keep our expenses the same. One way we do this is by having our utility bills averaged throughout the year so that costs are equal every month.

6. **Plan ahead.** To assist us in our efforts to equalize our monthly spending, we have a list of expenditures that occur once or twice a year, such as car insurance and registration, vacations, and Christmas. We take the estimated amount for each of these and divide it by 12. This gives us a monthly amount to save for each of the expenses, and we set aside a separate savings account for this money.

7. **Practice making payments before taking on future obligations.** Before we bought our home, we practiced making our new house payment by putting the difference between our future mortgage and our current rent into a savings account. This helped us see that we could make our payments without further tightening our budget.

8. **Avoid using credit cards.** As an alternative, a debit card gives the convenience of a credit card without the pitfalls. It prevents you from spending money you don’t have because it comes directly from your checking account.

9. **Finally, evaluate your wants and needs.** Sometimes what you think you need can wait until later, or you’ll eventually realize you don’t need it at all. It isn’t easy to forego items that might make life more enjoyable, but it is worth it when you feel in control of your money instead of letting your money, or lack thereof, control you.

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**HELPs FOR HOME EVENING**

1. Consider playing a budget game. Give each group the same imaginary monthly salary. On a board, create a list of family “needs” in one column and family “wants” in another. Let the groups decide where to spend their money using the two lists. Discuss the results.

2. Consider making a family budget plan with all family members included in understanding how the money is spent and in deciding how to spend any extra income.

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*John and Carrie Corless, California*

For more ideas on financial management, see the Family Finances link at www.providentliving.org.
BY ELDER DOUGLAS L. CALLISTER
Of the Seventy

In Moscow, Russia, a young sister spoke to me of her friendship with a troubled boy from a communist home. He frequently inquired of her, “Where is God?”

Men and women of all generations have asked where God is. The Prophet Joseph did so from Liberty Jail, asking, “O God, where art thou? And where is the pavilion that covereth thy hiding place?” (D&C 121:1).

The Lord often counseled the suffering Saints, “Be still and know that I am God” (D&C 101:16; see also Psalm 46:10). Even the Savior, in the concluding hours of His atoning sacrifice, cried out, “My God, my God, why hast thou forsaken me?” (Matthew 27:46).

People of all ages have delighted in pitting the strength or wisdom of their gods against that of their neighbors’ gods. One of the most interesting contests took place over 2,500 years ago on Mount Carmel between the Lord of Israel, represented by His prophet Elijah, and the Phoenician god Baal, represented by his 450 prophets. How piercing was Elijah’s challenge, “How long halt ye between two opinions? if the Lord be God, follow him: but if Baal, then follow him” (1 Kings 18:21).

The heavens silently ignored the appeal to Baal’s idols. Elijah mocked, “Cry aloud: for he is a god; either he is talking, or he is pursuing, or he is in a journey, or peradventure he sleepeth, and must be awakened” (1 Kings 18:27). Man-made gods never fared well in the presence of real Deity.

When it was Elijah’s turn, he prayed openly, “Lord God of Abraham, Isaac, and of Israel, let it be known this day that thou art God in Israel, and that I am thy servant” (1 Kings 18:36).

Then the fire of the Lord fell and consumed the burnt sacrifice and licked up the water that was in the trench. The people fell on their faces and proclaimed, “The Lord, he is the God; the Lord, he is the God.” (See 1 Kings 18:38–39.)

Our entire perspective of our worth and our destiny is altered for good when we come to understand that we are God’s children and that we can become like Him.
Is God

In their preoccupation with worshipping a powerful and respected god, ancient civilizations often fashioned multiple deities as the objects of their reverence. It didn’t occur to them to have no God. That sin was left to our more sophisticated society.

Recognizing the Lord’s Hand

Naturalism’s explanations of the origins of life and the miracle of our bodies often appear convoluted when placed side by side with the simple truths of the revealed word and divine scripture.

With its 107 million cells, connected to the brain by over 1 million neurons, the eye is more perfect than any camera ever invented. It caused Charles Darwin to humbly admit, “That the eye with all its inimitable contrivances . . . could have been formed by natural selection, seems, I freely confess, absurd in the highest sense.”

The Psalmist wrote, “The fool hath said in his heart, There is no God” (Psalm 53:1). Such a foolish disbeliever ought to look at his hands. Seventy muscles contribute to hand movements. Much of the rest of the body is devoted to optimizing the complex function of the hand. There are no muscles in the fingers. The sole purpose of the forearm, its muscles and bones, is to move and position the hand.

To observe a miracle, look at a baby’s creased hand. Shortly after the child’s birth, the hand will be able to grasp, curl, push, lift, sense hot and cold, respond to pain by withdrawing, heal itself, and display great strength and extraordinary sensitivity.

Paul Brand, renowned orthopedic hand surgeon, wrote: “We use our hands for the most wonderful activities: art, music, writing, healing, touching. Some people go to concerts and athletic events to watch the performance; I go to watch hands. For me, a piano performance is a ballet of fingers—a glorious flourish of ligaments and joints, tendons, nerves, and muscles.”

The infant Son of Man once possessed tiny hands.
His hands, too, grew to accomplish their intended purposes. He used them to touch and heal the blind and infirm. His hands threw the money changers out of the temple. His hands reached upward in prayer, outward in blessing, and downward from the cross.

The fool proclaims in his heart that there is no God, but our eyes, hands, hearts, and souls unhesitatingly testify to the contrary.

One of my brothers is a physician. During medical school he was assigned to study anatomy in companionship with an agnostic. Their education eventually required that the two of them carefully examine and dissect a cadaver. They studied the incredibly complex yet harmonious systems of the body. They noted the body’s power to correct its own deficiencies and to send healing antibodies to the place of injury or infection. They learned of over 150 trillion cells within the body. If set end-to-end, these cells would encircle the earth more than 200 times. Today medical students learn of more than 1 billion miles (1.6 billion km) of DNA in one human body. My brother and his fellow student learned of a brain that continually receives signals from 130 million light receptors in the eyes, 24,000 hearing receptors in the ears, 10,000 taste buds, and hundreds of thousands of receptors in the skin, with specialized commissions to recognize touch, vibration, cold, heat, and pain. My brother and his friend became silent as they contemplated the miracle they were examining. Sensing the moment was right, my brother challenged: “Coincidence is a marvelous thing, isn’t it?” His agnostic classmate responded, “You win.”

This earth departs from its orbit of the sun by only one-ninth of an inch (2.82 mm) every 18 miles (29 km). If, instead, it changed by one-tenth of an inch (2.54 mm) every 18 miles, we would all freeze to death. If it changed by one-eighth of an inch (3.18 mm), we would all be incinerated.

Alma spoke to us, as well as to Korihor, testifying, “Yea, and all things denote there is a God; yea, even the earth, and all things that are upon the face of it, yea, and its motion, yea, and also all the planets which move in their regular form do witness that there is a Supreme Creator” (Alma 30:44).

The doubter requires too much of us when he asks us to believe that the miracles of eyes and hands and DNA and order in the universe all happened by chance. The passage of time is not a “cause” and provides no answers without an intelligent designer.
order in the universe all happened by chance. The passage of time, even long intervals of time, is not a “cause” and provides no answers without an intelligent designer.

The evidence of Heavenly Father’s existence is everywhere: in every newborn babe and in every system, part, and parcel of the unending and orderly universe, including our own bodies. He is evidenced in every sunset, work of art, and passage of music, all of which He has provided to gladden the heart and bring beauty to our lives. Richard Swinburne said: “God paints with a big brush from a large paintbox and he has no need to be stingy with the paint he uses to paint a beautiful universe.”

It is not possible to contemplate the immeasurable vacuum and purposelessness that would exist in our lives if He were not there. We would regret the passing of every day and the passing of every loved one, knowing that neither time nor relationships could be extended. We would approach the autumn and then the winter years of life with crescendoing fear. Every day of our lives we should thank Him that He is there and that this life is not all there is.

**Valuing the Agency of Man**

Some ask where God is because there is pain on this earth, and He does not usually hasten to intervene. One flippanly approached this issue by suggesting that God ought to have made good health contagious rather than disease. However, such thinking misses the whole point of our mortal existence, which is probationary rather than paradisaical in nature.

If babies could talk and could remember their pre-earthly estate, their first utterances might express: “You came here to be tested. You agreed to that. The tests will be hard, in part because they are seldom the tests you anticipated. This is a closed-book test in that you will not remember your premortal estate. God will not intervene and remove the tests until the close of the examination or probationary period.” That Heavenly Father does not hasten to intervene does not mean He is not there or does not love us. He has infinite respect for our agency and the purposes of earth life.

Agency is not just the right to select among good alternatives. When God granted agency, He necessarily contemplated the possibility of wrong choices. Because He knows best and esteems so highly our precious agency, He does not answer every prayer just as it is uttered. Nor does He always punish transgressors before there has been an opportunity or a space for repentance. This Divine hesitancy is to our advantage.

**Understanding Our Divine Potential**

The same God who brings such order to the universe and inspires the prophets designed the time, place, and circumstances of your birth. Said the Lord to the Prophet Joseph, “Thy days are known, and thy years shall not be numbered less” (D&C 122:9). God’s love for you and awareness of your circumstances are of equal measure. Our relationship with Him is not that of Creator and created thing. It is of personal Father and child.

I had the privilege of being present when President Gordon B. Hinckley was interviewed by editors of the *Los Angeles Times*. An editor inquired about the rapid growth of the Church. President Hinckley chose to respond by emphasizing the miraculous transformation in the life of each individual who joins the Church. He spoke of a girl in Australia who was employed serving ice cream. She seemed inattentive to the message of the missionaries until one of them said, “Do you know that you are a child of God?” She replied, “Nobody has ever
said that to me before. I had no idea that I might be a child of God.” Thereafter she went to her room, got down on her knees, and inquired: “Are you there? Am I your child? Please let me know.” Then she said, “There came into me a surge of feeling that brought me the conviction that was the case.” She joined the Church.

Two weeks later she was asked to give a talk in a Church meeting. Her first impulse was to run from it. Then she thought, “If I am a child of God, I can do anything.” With this enlarged vision of who she was, she became a stalwart member of the Church.

Our entire perspective of ourselves, our worth, and what we can make of our lives is altered for good when we come to understand that we are God’s children and that we can become like Him.

Exercising Faith in the Living God

The book of Daniel includes the remarkable story of the three princes of Judah: Shadrach, Meshach, and Abed-nego. They were cast into the midst of a burning, fiery furnace, heated seven times more than it was necessary to be heated, because they would worship only the true and living God. When the king, Nebuchadnezzar, saw that they were not consumed in the fire, he said to his counselors:

“Blessed be the God of Shadrach, Meshach, and Abed-nego, who hath sent his angel, and delivered his servants that trusted in him, and have changed the king’s word, and yielded their bodies, that they might not serve nor worship any god, except their own God. . . . There is no other God that can deliver after this sort” (Daniel 3:28–29).

Thereby all learned that our God is God.

This is the true answer to the query of the lad in Moscow who asked, “Where is God?”

I know that our God is God and that He lives. I know He is our personal Father with an appointed mission for each of us to perform. I pray that we will never lose our faith, testimonies, or virtue, that we may be worthy to receive the blessings of immortality and eternal life.

From a devotional address given at Brigham Young University–Idaho on November 8, 2005. For the full text, please visit www.byui.edu/devotionalsandspeeches.

NOTES
Jesus Christ Taught the Purpose of Our Life on Earth

Prayerfully select and read from this message the scriptures and teachings that meet the needs of the sisters you visit. Share your experiences and testimony. Invite those you teach to do the same.

What Is the Purpose of Life on Earth?

President Spencer W. Kimball (1895–1985): “Man, created in the image of God, was placed on the earth to experience mortal life, an intermediate state between premortal life and immortality.

“Our first parents, Adam and Eve, disobeyed God. By eating the forbidden fruit, they became mortal. Consequently, they and all of their descendants became subject to both mortal and spiritual death (mortal death, the separation of body and spirit; and spiritual death, the separation of the spirit from the presence of God and death as pertaining to the things of the spirit).

“In order for Adam to regain his original state (to be in the presence of God), an atonement for this disobedience was necessary. In God’s divine plan, provision was made for a redeemer to break the bonds of death and, through the resurrection, make possible the reunion of the spirits and bodies of all persons who had dwelt on earth.

“Jesus of Nazareth was the one who, before the world was created, was chosen to come to earth to perform this service, to conquer mortal death” (“The True Way of Life and Salvation,” Ensign, May 1978, 6).

What Can I Do to Fulfill the Purpose of My Life?

President Ezra Taft Benson (1899–1994): “When our Heavenly Father placed Adam and Eve on this earth, He did so with the purpose in mind of teaching them how to return to His presence. Our Father promised a Savior to redeem them from their fallen condition. He gave to them the plan of salvation and told them to teach their children faith in Jesus Christ and repentance. Further, Adam and his posterity were commanded by God to be baptized, to receive the Holy Ghost, and to enter into the order of the Son of God . . . , which fullness is only received in the House of the Lord” (“What I Hope You Will Teach Your Children about the Temple,” Tambuli, Apr.–May 1986, 4; see Ensign, Aug. 1985, 8).

Julie B. Beck, Relief Society general president: “As spirit daughters of God, women ‘received their first lessons in the world of spirits and were prepared to come forth’ (D&C 138:56) on the earth. They were among the ‘noble and great ones’ (D&C 138:55) who ‘shouted for joy’ (Job 38:7) at the creation of the earth because they would be given a physical body with the opportunity to be proven in a mortal sphere (see Abraham 3:25). They wished to work side by side with righteous men to accomplish eternal goals that neither can attain independently.

“Female roles did not begin on earth, and they do not end here. A woman who treasures motherhood on earth will treasure motherhood in the world to come, and ‘where [her] treasure is, there will [her] heart be also’ (Matthew 6:21).

By developing a mother heart, each girl and woman prepares for her divine, eternal mission of motherhood. . . .

“In my experience I have seen that some of the truest mother hearts beat in the breasts of women who will not rear their own children in this life, but they know that ‘all things must come to pass in their time’ and that they ‘are laying the foundation of a great work’ (D&C 64:32–33)” (‘A Mother Heart,’” Liabona and Ensign, May 2004, 76).
Why Was I Awake at 3:00 a.m.?

By Stan Byrd

I thought at first that my wife, Eva, had nudged me. But as I turned over, I could see that she was still asleep. As I sat up, I had the distinct impression that I needed to go to the living room. I slipped out of bed and headed down the hallway.

Checking the children as I passed their bedrooms, I could see that they were sleeping soundly.

In the living room, a comforting warmth radiated from our coal-burning stove, which was burning the evening’s load of coal. The damper was set correctly, and the furnace seemed to be working properly. Everything looked normal. Even our dog was sleeping, oblivious to my presence. Outside, I saw only motionless shadows lying across a snow-covered yard.

As I again looked around the room, I was perplexed. The impression I had was real. So why was I standing alone in the living room at 3:00 a.m.? I
In 1997 I found myself on what was supposed to be a 10-day working assignment in La Victoria, Venezuela. When I realized that I wouldn’t be returning home to Italy as soon as I expected, I began looking for a Latter-day Saint chapel so I could go to church on Sunday.

One day at lunchtime I made friends with a young Italian engineer who knew where to find a chapel in Maracay. He made a map for me. I had a car at my disposal, but unfortunately I hadn’t yet taken the medical examination required to obtain temporary permission to drive.

I was new to the area, I had only a sparse knowledge of Spanish, and several people had advised me against taking public transportation alone. I faced a dilemma. As Easter Sunday approached, I really wanted to renew my covenants by partaking of the sacrament. If I didn’t drive, how could I attend church in Maracay? If I did drive, I risked being stopped for driving without a permit.

As I considered my options, the 12th article of faith came to mind: “We believe in . . . obeying, honoring, and sustaining the law.” Rather than drive, I knew that I must obey the law of the land (see D&C 58:21), even if doing so meant missing church.

A few days later I transferred to a hotel where several of my co-workers were staying. On Saturday morning, after a walk I returned to the hotel, still trying to figure out how to attend church the next day. As I passed the reception desk, to my surprise, I saw a copy of the Liahona in Spanish.

“Who is a member of the Church here?” I asked. Someone responded that the magazine belonged to one of the hotel workers. The receptionist went to his office and invited him to meet me. As we chatted about the Church, this good brother told me that there was a ward right there in La Victoria and that the chapel was located just a short walk from the hotel. He told me he would be happy to meet me the following morning and accompany me to church. What joy!

I ended up being in La Victoria for two more months. During that time I built many friendships as I happily participated in meetings and activities. Shortly after Easter, I obtained legal permission to drive, which enabled me to attend stake conference in Maracay.

While I was in Venezuela, my testimony of the importance of obeying the law of the land—even when inconvenient—was strengthened. I also obtained a testimony that Church publications are an effective way to share the blessings of the Lord.
that read, “It was a pleasure to be able to help you. One day we would like to meet you.”

When I met the missionaries a week later, they invited me to visit their church. But I did not like Mormons. Members of my family and leaders of other churches I had investigated criticized them, calling them a dangerous sect. They made many absurd criticisms that I believed to be true. One rainy Sunday shortly thereafter, however, I awoke with a great desire to visit their church—to repay them for their kindness but also out of curiosity. During the first meeting, people went to the pulpit and testified they knew that the Church and the Book of Mormon were true and that Joseph Smith was a prophet of God. Somewhat disturbed, I left the meeting and went to Sunday School.

When the teacher mentioned scriptures or stories from the Bible, I was eager to participate. But when she spoke about the Book of Mormon, I remained quiet and pensive. Why another book if we already had the Bible? Before I left, the teacher thanked me for my participation and then surprised me by giving me her copy of the Book of Mormon.

When I returned home, I went to my room, knelt on the floor, and began a sincere conversation with Heavenly Father. I told Him that I felt something special about the Mormon Church but that I didn’t want the adversary to delude me. I prayed that He would help resolve my confusion and show me which church was true.

Afterward I felt a great desire to read the Book of Mormon. I prayed again for strength and direction. During my prayer, I felt a strong and good feeling—an interior warmth. I knew I was not alone at that moment. A thought came instantly into my head: “Read the book!”

I opened it and began reading. Before I had finished the introduction, tears began running down my face as the Lord revealed to me the mystery of the Native Americans. The Book of Mormon seemed prepared especially to respond to my concerns. I felt great joy to have my questions answered. It was as though the ancient Americans had spoken from their graves to tell me about their lives and to testify that they also knew Jesus and that He had suffered for them as well.

Amazed with my discovery, I sought out the missionaries and listened to their lessons. On Easter Sunday, March 31, 1991, I descended into the waters of baptism—the best decision I had ever made.

I feel immensely grateful to Heavenly Father for His mercy and great wisdom. I know that He is just, that He has not forgotten any of His children, and that He is eager to reveal His plan to all humankind. I know that the Book of Mormon is a sacred book. It is true.
Something I Wasn’t Expecting

By Aubrey Williams

In high school I became involved with a young man my family did not approve of. Eventually, because of their opposition, I became hostile toward my siblings and hateful toward my parents. Unfortunately, I was convinced that they didn’t know what was good for me; only I knew. How could they be so opposed to my boyfriend? Yes, he said awful things to me sometimes. But I believed he loved me. I felt that no one else really cared about me.

Being in an abusive relationship altered my emotions and perceptions. I was angry at everyone one moment and disappointed in myself the next. I stayed away from church, eluded everyone who really loved me, and avoided anything spiritual, especially good music. I was hurting, though I wouldn’t admit it.

As I was struggling with my life and everyone around me, my violin teacher asked me for help. She was the Primary music leader in her ward, which was planning a sacrament meeting featuring songs by the Primary. My teacher asked if I would be willing to play violin accompaniment on a few songs. I didn’t want to, but I said yes. When she handed me the music, I looked through the titles. The last piece was “I Am a Child of God” (Hymns, no. 301).

I was not thrilled because I knew the power of music. I began practicing the songs anyway, while doing everything I could to repel the Spirit—from thinking of how much I hated my family to trying to keep the songs out of my mind when not practicing.

When the Sunday for the program finally arrived, I couldn’t wait for it to be over. During the program, I tried to ignore the Spirit, but when it came time for the closing song, my violin teacher did something I wasn’t expecting. She turned around and invited the congregation to join in singing.

I placed my bow on the violin strings and struck the first note. The Spirit hit me with such force that tears began streaming down my cheeks before the end of the second line. The Spirit told me to listen to the lyrics and remember that I was a child of God, would always be special to Him, and did not need an abusive boyfriend. I needed Him.

The sound of all those voices—young and old—singing the hymn’s simple words helped me hear and understand His words, the words of my family, and the words of Church leaders. Music was my weakness. Heavenly Father knew music was the way to my heart. I was the one who needed to change, not my family.

The Lord knows and understands the power of music (see D&C 25:12). It can lift us and open our hearts and minds to the Spirit. I will always be grateful for music and the spirit it still brings to my life today.
Energizing Couch Potatoes

Are your children couch potatoes? Ours used to be—until my husband and I came up with a plan. We decided to allot each child one “free” hour of computer, television, or video-game time a day. They can mix and match these activities if they want to, but if they watch a sibling doing any of these things, that counts for their hour. After they have used their free hour, our children can then earn up to another hour for that day by engaging in other healthy or useful activities.

For instance, they can provide an hour of service for another family member to earn 15 extra minutes. Practicing the piano a half hour beyond the regular practice time earns another 15 minutes. Hour-long activities such as exercising or playing outdoors, reading a book, or playing constructively with a friend are also encouraged. They can earn an extra hour in 15-minute increments, but we limit computer and TV time to two hours a day maximum.

How do we keep track of it all? Initially we made a chart to record the 15-minute earnings, but we soon switched to the honor system. In fact, our children seem to enjoy the constructive activities so much that they sometimes accrue TV time and don’t bother to use it!

By earning TV and computer time, our children have become more conscious of how they spend their time overall. Now they tend to choose activities that strengthen them—mentally and physically.

Kathryn Palmer, Colorado

Just a Small Donation

Just $1—we wondered if such a small donation would make a difference. As a couple, we’d always paid our tithes and fast offerings. But on a fixed pension, it was a challenge to contribute to the other funds, such as general missionary and Book of Mormon, listed on the donation slip. During one of our home teachers’ visits, we mentioned that we’d been thinking of donating $1 to each fund and wondered if that would look silly or cheap, giving so little. But we realized if every Church member who is able would do this, it could provide millions of dollars a month to each of these funds.

With that encouraging realization, we began to make our dollar donations each month. Our donation may be small, but if Church members throughout the world joined the effort, just think of the blessings that could be provided to Church members and others throughout the world.

Alf and Lois Hopkins, Canada
Family History Now

What do taking photographs, scrapbooking, and writing in your journal have in common? They are all relatively simple ways to gather and record your family history. Even during your busiest seasons of life, you can still gather valuable information about immediate and extended family.

1. Take photographs. Develop all your still images and organize them in an album or scrapbook, writing down details as you go. Even if your photos end up in a storage box, at least record pertinent information on the back of each—person’s name, location, and date, if not automatically printed. You can also store this information with your video and digital recordings. Looking back at my 50-year-old photos, I can seldom distinguish my boys from one another in their baby pictures—and neither can anyone else. So make it easy on yourself and record the details as you go. Also, ask family members for copies of old family photos, along with all the information they may have.

2. Scrapbook. Since scrapbooking is a great way to preserve your family’s history, you may want to include full-page descriptions of family events. Short captions are good too, but the more information you can provide, the better. At Mom’s birthday party, for instance, you could list who came and how they are related, where the party was held, what food was served, what gifts she received, and what activities everyone did.

3. Keep a journal. Not only can you express your innermost thoughts in your journal, but you can also keep track of family events. Document births, deaths, marriages, birthdays, graduations, and other important events, including as many details as possible. In writing about Uncle John’s funeral, for instance, tell where it was held, who attended, and their relationship to the deceased. If you don’t already know all the details, tag the journal page so you can verify historical information later.

If you are not able to devote much time to family history work, at least do what you can. Remember that today will soon become yesterday—and eventually history. Don’t let it slip away.

Roxanne Freeman, Michigan

Family Fun with the Articles of Faith

Many of us are trying to help our families or Primary classes learn the Articles of Faith. So why not make a game of it? First, memorize the following key words for each article of faith: (1) Godhead, (2) Adam, (3) Atonement, (4) first principles, (5) hands, (6) organization, (7) gifts, (8) word of God, (9) revelation, (10) ten tribes, (11) worshiping, (12) law, (13) praiseworthy (see the Primary 5 manual). Then you’re ready to play the following games:

• Musical articles. Write each key word on a different large square of colored paper. Place the squares on the floor. Play some music and have the children move clockwise from square to square. When the music stops, the players who can say the article of faith indicated on their square are invited to do so. Repeat the game several times so the children can practice several articles of faith.

• Brainteaser. Have one person face the group and draw a key word from a sack. Without looking at the word, the person sticks it on his or her forehead with a bit of tape. The group then gives hints or repeats the matching article of faith, without saying the key word. If someone says the word before the person with the word on his or her forehead guesses it, that person must place the next key word on his or her forehead.

• Make a match. Write each key word and the numbers 1–13 on separate squares of paper. Turn the papers face down. One at a time, the players turn over two squares of paper until they find the matches.

Suzanne Ferrin, Utah
Church Curriculum for 2008
Required Years of Preparation

A thundering four-color press at a sprawling printing facility located in Salt Lake City has been running hundreds of thousands of pages per hour, 24 hours a day, six days a week preparing the 2008 curriculum of the Church.

Once printed—in languages as diverse as Burmese, Spanish, Cambodian, and English—the pages are collated and assembled by high-speed machines into books, manuals, and other printed materials to be used during priesthoood, Relief Society, Sunday School, and Primary classes.

“Curriculum, the instructional material of the Church, is used throughout the world to teach the principles of the gospel to more than 13 million members, whose ages range from as young as 18 months old to adults,” explains David Frischknecht, managing director of the Curriculum Department. “The languages may be different, but the lessons are the same. A Church class in Chicago learns from the same content a Church class in Chile is using.”

This past year, Church members worldwide studied from the New Testament during Sunday School. In 2008 the scripture focus will be the Book of Mormon.

Priesthood and Relief Society classes will continue to take their lessons from the same book. The 2007 curriculum was the teachings of Spencer W. Kimball, the 12th President of the Church. In 2008 the study material will be from the teachings of the Prophet Joseph Smith.

On average it takes the Curriculum Department one and a half years to plan and write a lesson manual. All the material is reviewed by the Correlation Department to be sure it is consistent with scripture and the teachings of the prophets.

If the lesson material needs to be translated from English into one of the 170 languages currently spoken in the Church, the process can take months more. Factoring in printing and distribution, a manual in a language other than English can take a total of two and a half years to produce.

To print these materials in a timely manner, the Church operates publication centers in a number of countries outside the United States. These centers work with local printers as coordinated through the printing center in Salt Lake City.

When the Church was formally organized in 1830 and during the Church’s early history, virtually the only teaching materials available to members were the Bible and newly published copies of the Book of Mormon and later the Doctrine and Covenants.

As membership grew, the amount of curriculum materials expanded. The Church’s different organizations for men, women, teenagers, and children became responsible for developing and printing their own materials.

When Church growth began accelerating in the early 1960s, Church leadership recognized the need to correlate the various curricula, and committees were established to bring together the materials. The system was modified over the years until the Curriculum Department was organized in 1978.

A milestone for the Church was reached in 1997, when the first lesson manual was placed online, making it available in an electronic format. Today all Church curriculum material can be accessed on the Church’s Web site. Go to www.lds.org and click on Gospel Library.
Under the domed roof of the Tabernacle on Temple Square, 11,623 pipes reach heavenward, comprising the world-renowned Tabernacle organ. The vast combination of sounds the instrument is capable of can have an incalculable effect on listeners.

Considered the pinnacle of the profession by many, the responsibility of commanding the keys from the organ console has been entrusted to a limited group of elite musicians throughout the organ’s history. Only 13 people have served as Tabernacle organist since the Tabernacle opened in 1867. An additional six have served as assistant or associate organists. These gifted organists have composed hymns, performed for millions via radio and television broadcasts, and been recognized the world over as masters in their field.

John Longhurst, whose service began in 1977, has been an integral part of this storied history. After 30 years of service, Brother Longhurst retired from his post as senior organist in December 2007. Though his absence will be felt by all who associated with him, his legacy as a musician and leader will live on.

Millions Touched
Known for his extensive performance career, Brother Longhurst has reached millions of people through the demanding full-time schedule he maintained. Over the course of his tenure, his adept accompaniment and solo work has been heard in 59 general conferences, hundreds of recitals, and has been broadcast via radio and television to millions through the Tabernacle Choir’s Music and the Spoken Word.

“He life has blessed millions of people around the world both in and out of the Church,” said Craig Jessop, director of the Mormon Tabernacle Choir.

In addition to his performance work, Brother Longhurst is well known for his gifted compositions. Among the 39 hymns written or composed by Tabernacle organists, one of the most beloved, “I Believe in Christ” (Hymns, no. 134), was put to music by Brother Longhurst and published in the English hymnbook in 1985. Elder Bruce R. McConkie (1915–1985) of the Quorum of the Twelve Apostles wrote the text, which he included in his April 1972 general conference address. The hymn has now been translated into 22 languages and is included in every international hymnbook.

A Sound Project
Even with all his remarkable creative contributions, Brother Longhurst may be best remembered for his administrative role in bringing about the impressive organ in the Conference Center. “The Lord saw to it, in my mind, that he was in place for that project,” said Clay Christiansen, Brother Longhurst’s fellow Tabernacle organist and close friend.

Throughout the organ’s planning, selection, and installation, which took several years, Brother Longhurst was involved in reviewing every detail. He traveled the country testing organs installed by various companies, then worked with the selected builder, Schoenstein & Co., to determine the tonal direction the organ would take.

“John’s masterful administrative skills as well as his thorough understanding of the needs that an organ must fulfill in that most important building were a great blessing,” Brother Christiansen said.

In addition to directing the design of the Conference Center organ, Brother Longhurst worked with former Tabernacle organist Robert Cundick in overseeing the Tabernacle organ renovation in 1988 and the installation of the organs in the Assembly Hall and the Joseph Smith Memorial Building chapel, as well as the three small practice organs used by the organists.

Brother Christiansen said he believes Brother Longhurst’s hand in creating instruments on Temple Square is one contribution among many that he will be remembered for.

“With that beloved hymn in the hymnbook, his work with the Conference Center Schoenstein, and his 30-year legacy playing for the Tabernacle Choir and recitals on Temple Square,” Brother Christiansen said, “John Longhurst’ is going to be a name that is not soon forgotten.”
Where Words Fail

Thirty years of service have had as profound an impact on Brother Longhurst as his kindness and talent has had on others.

“I suppose that if an organist had the opportunity to write a script for his or her career,” Brother Longhurst said, “one could not possibly have written a script that would be more exciting, challenging, and rewarding than the career I have performing in daily organ recitals held on Temple Square, including twice daily between Memorial Day and Labor Day.

Preparing for so many performances requires between two and six hours of practice per organist per day on top of the performances themselves.

In addition to the more conspicuous musical responsibilities, much of the administrative work of the Tabernacle organists takes place behind the scenes.

“There’s a lot of non-musical work that most people don’t associate with the position,” said former Tabernacle organist John Longhurst.

A great deal of time and effort is spent answering letters and phone calls, performing committee assignments, engaging in public relations work, interfacing with various Church departments and outside entities, scheduling, and occasionally creating new musical arrangements.

The organists assist with the Church’s various media features and give lectures at educational presentations such as the American Classic Organ Symposium and National Federation of Music Clubs. They also participate in outreach programs representing the Church and the Mormon Tabernacle Choir away from Temple Square.

Tabernacle Organists Play Many Roles for Church

As technology and Church membership have increased, so have the responsibilities of Tabernacle organists.

While performing at general conference is certainly a Tabernacle organist’s most high-profile task, there’s much more to the calling than accompanying the choir at the semiannual event. The responsibilities are so extensive, in fact, there are currently five professionals who carry them out.

Full-time organists Richard Elliott, Clay Christiansen, and Andrew Unsworth and part-time organists Linda Margetts and Bonnie Goodliffe are currently called to perform in both musical and managerial roles as organists under the auspices of the Mormon Tabernacle Choir.

“The workload and the pressure are very visible and very intense,” said Craig Jessop, director of the Mormon Tabernacle Choir.

They perform in Church-sponsored events on Temple Square, including Church Educational System firesides, regional conferences, and important funerals, as well as regular Choir broadcasts and concerts. They also take turns performing in daily organ recitals held on Temple Square, including twice daily between Memorial Day and Labor Day.

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Tabernacle Organists and Their Service

<table>
<thead>
<tr>
<th>Name</th>
<th>Years</th>
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<tbody>
<tr>
<td>Joseph J. Daynes</td>
<td>1851–1920</td>
</tr>
<tr>
<td>John J. McClellan</td>
<td>1874–1925</td>
</tr>
<tr>
<td>Henry E. Giles</td>
<td>1859–1938</td>
</tr>
<tr>
<td>Katherine Romney Stewart</td>
<td>1875–1948</td>
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<td>Edward P. Kimball</td>
<td>1882–1937</td>
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<td>Walter J. Poulton</td>
<td>1884–1939</td>
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<td>Tracy Young Cannon</td>
<td>1879–1961</td>
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<tr>
<td>Moroni Gillespie</td>
<td>1891–1911</td>
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<tr>
<td>Alexander Schreiner</td>
<td>1901–1987</td>
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<tr>
<td>Frank W. Asper</td>
<td>1892–1973</td>
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<tr>
<td>Wade Naishitt Stephens</td>
<td>1908–1984</td>
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<tr>
<td>Roy M. Darley</td>
<td>1918–2003</td>
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<tr>
<td>Robert Cundick</td>
<td>1926–1927</td>
</tr>
<tr>
<td>John Longhurst</td>
<td>1940–1982</td>
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<tr>
<td>Clay Christiansen</td>
<td>1949–2007</td>
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<tr>
<td>Linda Swenson Margetts</td>
<td>1948–1991</td>
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<tr>
<td>Bonnie Lauper Goodliffe</td>
<td>1943–2007</td>
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<tr>
<td>Andrew Unsworth</td>
<td>1970–2007</td>
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New Opportunities Allow More Members to Serve

Sister Thelma Taylor was happy with her calling at her local family history center in Mesa, Arizona, USA. For 17 years she assisted, guided, and supported men and women in their quests to find their ancestors. A move to Coolidge, Arizona, in 2005, however, put 40 miles (64 km) between her and the family history center whose patrons she had faithfully served.

Nearly blind and unable to drive, the 83-year-old woman feared her inability to travel to Mesa would mean the end of her family history service. Then a thoughtful leader offered a solution to this problem in the form of a Church-service mission Sister Taylor could perform from home. Since 2006 she has served as a FamilySearch Support missionary for the Church, using her home computer to help people do their family history work.

“It has blessed me beyond my ability to count all the blessings,” she says of her experience. “I’ve grown so much in that area in family history and in my ability to serve.”

Who Can Serve and How

A Church-service mission with FamilySearch Support is not meant to be a substitute for full-time missionary service, but it provides an option to serve for those who are not able to serve a full-time mission.

“This is an ideal situation for me because I can continue to learn and serve,” Sister Taylor said. She said her Church-service mission has helped her to feel useful at an age when her options are limited.

Church-service missionaries are set apart and wear nametags, just as full-time missionaries do. They receive intensive training on the workings of the Web site and learn techniques on how best to answer patrons’ questions.

Service missionaries are given extensive online training they can complete at home. They also have access to a team of individuals to help them with their questions and provide individual training and help. Once they’ve finished the training, they have access to a database that includes some 4,000 articles they can refer to for answers to patrons’ questions.

Sister Taylor didn’t learn how to operate a computer until she was 66 years old, but she says it is a beneficial, useful skill. “Your age doesn’t matter,” she said. “You’re not too old to learn how to use [a computer].”

A New Resource Brings New Needs

As the Church begins testing changes to the FamilySearch.org Web site, there is a significant need for Church-service missionaries like Sister Taylor to help patrons use family history tools to find their ancestors.

FamilySearch, the Church’s online genealogical resource, is being rebuilt with new features that will allow temple ordinance cards for ancestors to be printed at home and will help prevent ordinance work duplication. The need for Church-service missionaries from around the world will continue to grow as the new FamilySearch is made available worldwide.

“They have the opportunity to propel the Lord’s work forward with each interaction with a patron,” said Art Johnson, area manager for the FamilySearch Support.

Using New Technologies to Serve

Using a Web-based telephone program, the missionaries, who can be located anywhere in the world as long as they have broadband Internet access, respond to as many as 10,000 inquiries per month. Patrons’ questions span many topics, including family history research, indexing, and submitting names to the temple.

Though her eyesight is poor, Sister Taylor—now a supervisor over six fellow missionaries—can increase the font size on her computer enough to read patrons’ e-mails and respond to their questions.

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Church-service missionary Elizabeth Perry helps David Parra use the old FamilySearch Web site. The new site will allow users to do more from home, including receiving help from Church-service missionaries also serving at home.
mission from their homes. There are currently some 700 service missionaries assisting in this capacity, and that number may need to double over the next year as the new FamilySearch is made available to more areas. Men and women interested in becoming Church-service missionaries should contact their bishop or branch president. Those interested in more information on FamilySearch Support opportunities can call 866-406-1830 or e-mail support@FamilySearch.org.

A Blessing to Missionaries and Patrons

The lives of many members, elderly and young, have been blessed by the opportunity to be service missionaries, their leaders point out, and many souls will feel the effects of their labor.

“The spirit of consecration [that Church-service missionaries] bring to their calls has enabled us to really see miracles in the growth and expansion of the work,” Brother Johnson said.

The work is fulfilling and contagious. “The spirit of this work gets into you and doesn’t turn you loose,” Sister Taylor said. “No matter your age, you can be of real service as a FamilySearch Support missionary.”

Brother Johnson said the support provided by service missionaries is crucial to the success of the new FamilySearch. An answer provided to a patron may help someone find an ancestor and complete his or her temple work, and that is a very important, sacred undertaking.

“Through our efforts, we can enable our brothers and sisters on the other side of the veil to receive the same blessings and ordinances of the gospel we enjoy,” Brother Johnson said.

Elder Oaks Honored in Religious Freedom Exhibit

Elder Dallin H. Oaks of the Quorum of the Twelve Apostles was honored in an exhibit featuring those who have helped define the concept of religious freedom.

The exhibit, titled Faces of Religious Freedom, opened on September 19, 2007, in Richmond, Virginia, USA, and was created by the Council for America’s First Freedom. “Dallin Oaks was selected to represent the Latter-day Saints not only for his leadership role within Church hierarchy, but as an individual that has achieved great accomplishments in his personal life and has in turn promoted the importance of religious freedom through his work,” said Isabelle Kinnard, council vice president for education and exhibition curator.

Text accompanying the photo of Elder Oaks in the exhibit extols his leadership in the Church, his time as a professor of law at the University of Chicago, as president of Brigham Young University, and as a justice of the Utah Supreme Court. It also quotes the eleventh article of faith, “We claim the privilege of worshipping Almighty God according to the dictates of our own conscience, and allow all men the same privilege. . . .”
“And it came to pass that the Lord commanded my father, even in a dream, that he should take his family and depart into the wilderness. . . . Wherefore he did as the Lord commanded him. . . . He left his house, and the land of his inheritance, . . . and his precious things, and took nothing with him, save it were his family, . . . and he traveled in the wilderness in the borders which are nearer the Red Sea” (1 Nephi 2:2–5).
Among his many accomplishments, the Prophet Joseph Smith laid the foundation of our latter-day doctrinal understanding. “This generation,” said the Lord to Joseph, “shall have my word through you” (D&C 5:10). See “The Prophet Joseph Smith, an Extraordinary Teacher,” p. 12.