

LEARNING AND LIVING THE GOSPEL

*“Learn wisdom in thy youth; yea, learn in thy youth
to keep the commandments of God.”*

Alma 37:35

Complete at least two of the following activities each year:

- Explain how taking the sacrament helps you renew your baptismal covenant. In a family home evening, teach others about things we can do to remain faithful.
- Give a family home evening lesson on Joseph Smith’s First Vision (see Joseph Smith—History 1:1–20). Discuss how Heavenly Father answers our sincere prayers.
- Mark these verses about the Holy Ghost in your scriptures: John 14:16–17, 2 Nephi 32:5, and Moroni 10:5. Discuss ways the Holy Ghost helps you.
- Read a recent conference address given by the prophet. Decide what you can do to follow the prophet, and do it.
- Give an opening and a closing prayer in family home evening or at Primary. Share your feelings about how prayer protects us and helps us to stay close to Heavenly Father and the Savior.
- Tell a story from the Book of Mormon that teaches about faith in Jesus Christ. Share your testimony of the Savior.

- Read D&C 89. Discuss how Heavenly Father blesses us when we faithfully live the Word of Wisdom. Help plan and conduct an activity to teach the Word of Wisdom to others.
 - Prepare a pedigree chart with your name and your parents' and grandparents' names. Prepare a family group record for your family and share a family story. Discuss how performing temple work blesses families.
 - Learn to sing "Choose the Right" (*Hymns*, no. 239). Explain what agency is and what it means to be responsible for your choices. Discuss how making good choices has helped you develop greater faith.
 - Plan and complete your own activity that will help you learn and live the gospel (write the activity below).
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