## STANDARDS

**By Danielle Stockton** 



hroughout my life, even before joining

the Church, I always tried to hold high standards, and above all I wanted to keep my integrity pure and stay true to myself. As a teenager, I often felt alone and disillusioned by the fact that I seemed to be part of a small minority who strove for purity and high moral standards.

For instance, when I did not reciprocate the interest some boys showed me, some people I knew were dismayed. They told me I should have gone on a date with those boys simply to be able to tell people I was dating someone. (Of course, it was understood that "dating" meant something much more serious than going out for ice cream.) Regarding one boy, a girl I knew said, "He's a drummer and looks like a surfer, so why wouldn't you want to date him?" These arguments didn't resonate with me, and I withstood these temptations. I do not regret my decisions, but it was often a difficult and lonely path. However, in some respects, I

treasure these experiences, because they caused me to inquire into The Church of Jesus Christ of Latter-day Saints to find others with standards that were aligned with mine.

I was somewhat familiar with the Church and its teachings because my family had met with missionaries when I was six years old. Ten years later, during the time I was struggling with my peers' Joining The Church of Jesus Christ of Latter-day Saints was by far the most rewarding spiritual journey of my life.



challenges to my personal standards, my mother happened to go to mormon.org and ask for the missionaries to visit again. I decided I needed to look into the Church again, too.

I appreciated how the members and missionaries were so welcoming and willing to answer my questions, such as why the Holy Ghost is a gift and how families can be sealed for eternity. And when I learned about basic aspects of the Church, such as the fact that we were all spirit children of God and that there are modern-day prophets, through my prayers the Spirit revealed to me that the teachings are true. When I first attended a Latter-day Saint ward, I felt a sensation of joy and pure energy I had never experienced before. Peace and contentment flowed through me as I soaked in the loving atmosphere and listened to heartfelt testimonies. Everyone radiated happiness, and their giving spirits touched me. I later found out that these feelings came from the Holy Ghost.



However, the first time I strongly felt the Holy Ghost's guidance was when I was reading the pamphlet titled *The Testimony of the Prophet Joseph Smith*. I could identify somewhat with Joseph Smith's confusion, and I saw pure truth in the statement: "They teach for doctrines the commandments of men, having a form of godliness, but they deny the power thereof" (Joseph Smith—History 1:19). Joseph's story penetrated so deeply into my core that I felt a burning sensation in my chest and began to cry. At that moment, I knew with all my heart that this is the one true Church. After reading the pamphlet, I told my mother, "I know it is true. I am ready now."

Ultimately, my experience with the Joseph Smith pamphlet was the catalyst for my baptism and confirmation—and much more. My mother and I were baptized in March 2009, my father was baptized two months later, and we were all sealed in the temple just over a year later. Every day, I am grateful that I converted to the Church. The Holy Ghost has been a constant, loving companion to me, and He has influenced my life in both major and more mundane ways, as well as in ways I was not even aware of at the time.

In fact, I once received a strong impression from the Holy Ghost that a friend needed comfort, so I spent more time with her and gave her short notes telling her how much she meant to me. A couple of days later, she found out that she had been rejected from the college she had applied to, and I was better able to comfort her in her disappointment. I now live surrounded by people with high standards who share my views about the true importance of loving relationships, and I look forward to one day being married in the temple and sealed for eternity. Converting to The Church of Jesus Christ of Latter-day Saints has enhanced and given new meaning to my life. I keep the Joseph Smith pamphlet with me even today, because every time I read it, I am filled with joy about God's gift of truth to me. **NE** 

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