

I FELT THE SPIRIT

ne evening, like every evening, I knelt down by my bed before going to sleep and prayed. But that night after I prayed, I felt happier than I have ever felt before. I know I felt the Holy Ghost that night.

Lisa E., age 12, Germany



Daniela M., age 8, from Costa Rica, likes to have family home evening and share with her family. She likes to play with her brother, Rodolpho. Her favorite color is fuchsia.

Rodolpho M., age 6, likes to read the scriptures about the birth of Jesus Christ. His favorite color is blue. He loves his parents because they take care of him and love him.



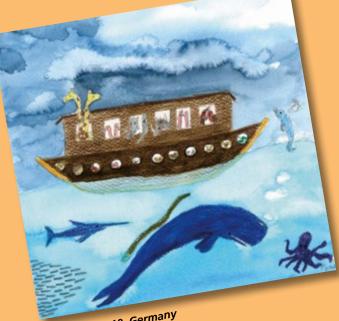


I CAN FEEL GOOD

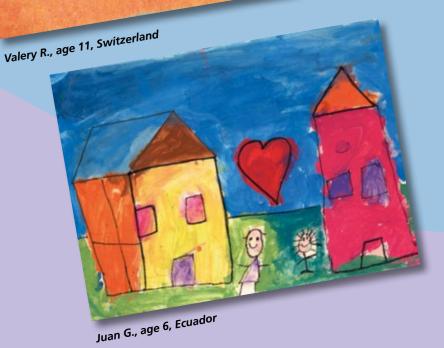
Then I do something wrong, I say I am sorry and try to do better. When I do what is right, the Holy Ghost helps me feel good. I want to always have that good feeling inside of me. In the Book of Mormon, when Alma the Younger did something bad, he repented and did what was right. He became a good example.







Fynn S., age 10, Germany



f you would like to submit an item for Our Page, e-mail it to liahona@ldschurch.org, with "Our Page" in the subject line. Each submission must include the child's full name, gender, and age (must be from 3 to 12 years old), plus the parent's name, ward or branch, and stake or district, and the parent's written permission (e-mail is acceptable) to use the child's photo and submission. Submissions may be edited for clarity or length.