

# THE *Friend*



# FRIENDS by MAIL



## A Friend to Count On



**O**ne day I ate too much dinner and I got a stomachache. I decided to lie in bed because it hurt so much. While I was in bed, I thought I should read some of the stories from the *Friend*. The *Friend* had tons of good stories that helped me learn some good lessons. After I finished reading, I noticed that my stomach was feeling much better. I am thankful that I always have a *Friend* to count on.

**Rachel E., age 8, Utah**

## Grandma Loves the *Friend*



**O**ur grandma still loves to read the *Friend*. She downloads the audio from the *Friend* to her MP3 player

and listens to it as she goes walking. She showed us how to listen to the stories on her headphones. We liked listening to “The Best Summer Day.” We love the *Friend* too.

**Tyson and Alyson H., ages 5 and 3, California**

## My Friend the *Friend*



**I** love the stories in the *Friend*. I also like finding the hidden CTR rings in the issues. The stories teach me lessons, like how being helpful can help me get to the celestial kingdom. The *Friend* is my friend.

**Sharon H., age 11, Minnesota**

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

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May 2010

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# THE *Friend*

See the  
Guide to the *Friend*  
on page 48 for  
family home  
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

## Stories and Features

- IFC Friends by Mail
  - 2 Come Listen to a Prophet's Voice: My First Talk / President Thomas S. Monson
  - 4 The Note
  - 6 A Year on Temple Square: The Assembly Hall
  - 8 Modest at Any Age
  - 10 Modesty Checklist
  - 11 Special Witness: Elder Dallin H. Oaks
  - 12 Bulletin Board
  - 14 Jehovah Gives Commandments
  - 18 Bringing the Book of Mormon to Life
  - 21 Friend to Friend: The Missing Box / Elder Jorge F. Zeballos
  - 22 Big Brother Isaac
  - 24 What's on the *Friend* Web Site?
  - 27 Bright Idea
  - 28 The Broken Refrigerator
  - 30 Trying to Be Like Jesus
  - 36 Book Reviews
  - 38 Our Creative Friends
  - 40 May Sharing Time Theme: Principles and Ordinances of the Gospel Lead Me to Jesus Christ
  - 42 Matt and Mandy
  - 44 A, B, C, Jesus Loves Me
  - 47 Friends in the News
  - 48 Guide to the *Friend*
  - 49 Our Savior, Jesus Christ

## For Little Friends

- 32 Grace's Song
- 34 Count Your Blessings

## Verse

- 16 My Mother's Hands

## Things to Make and Do

- 17 Funstuf
- 26 Funstuf
- 43 Funstuf
- 46 Coloring Page

Cover by Matt Smith



Look for the *Friend* mouse to see which features are online at [friend.lds.org](http://friend.lds.org).



## Hidden CTR Ring

Clue: Have you ever visited Temple Square?



# My **FIRST** Talk

By President Thomas S. Monson

I remember when I was assigned to give my first talk in church. I was given the liberty to choose my subject. I've always liked birds, so I thought of the Seagull Monument. In preparation, I went to

Temple Square and looked at the

monument. First I

was attracted to all the coins in the water surrounding the monument. I wondered how they would be retrieved and who would retrieve them. Then

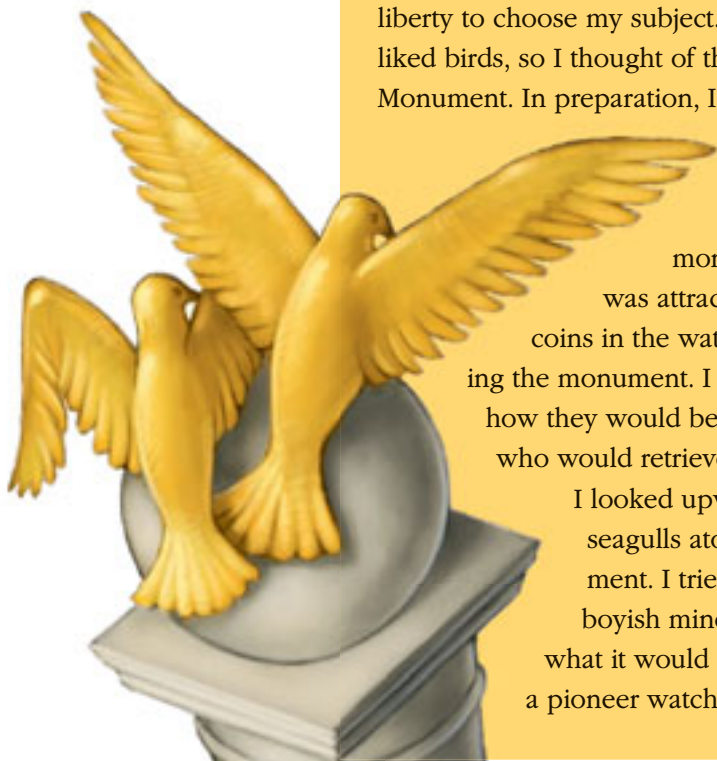
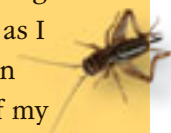
I looked upward at the seagulls atop that monument. I tried in my boyish mind to imagine what it would be like to be a pioneer watching the first



year's growth of precious grain being devoured by crickets and then seeing those seagulls, with their lofty

wings, descending upon the fields and eating the crickets. I loved the account. I sat down with a pencil in hand and wrote out a two-and-one-half-minute talk. I've never forgotten the seagulls. I've never forgotten the crickets. I've never forgotten my knees knocking together as I gave that talk. I've never forgotten the experience of letting some of my innermost feelings be expressed verbally at the pulpit.

*From an October 2000 general conference address.*



President Monson was a boy just like me!





## Your Turn!

When it's your turn to give a talk, here are some simple steps to help you get ready:

1. Pray to Heavenly Father to ask for His Spirit to help you prepare.

2. Write down the topic of your talk in one sentence: "My talk is about \_\_\_\_\_."

3. Find a scripture about your topic. You can use the Topical Guide to help you find a scripture. Think about what that scripture teaches you about the topic.

4. Find a story that teaches about the topic. It can be about a prophet, about someone from the scriptures or Church history, or about someone you know. It can even be about you! The *Friend* is a great place to find a story for your talk.

5. Think about what you've learned about your topic and what it means to you. Think about what you would like to bear your testimony about.

6. Write down notes or draw pictures to help you remember what you want to say.

7. Practice giving your talk to a family member, or share it in family home evening.

8. Pray to Heavenly Father to ask for His Spirit to help you as you give your talk.



» President Monson was about 10 years old when he stood at the pulpit to give his first talk in the Sixth-Seventh Ward in Salt Lake City, depicted at right.

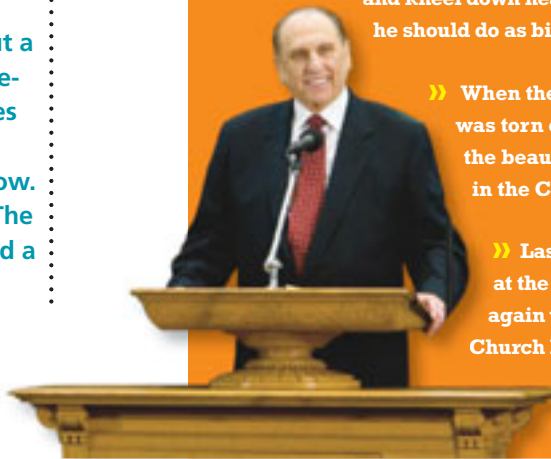


## A Pulpit Then and Now

» When he was 22 years old, President Monson became bishop of that ward. The ward had 87 widows, and he visited and looked after each of them. Often he would go into the chapel and kneel down near the pulpit to pray about what he should do as bishop.

» When the old Sixth-Seventh Ward chapel was torn down, President Monson saved the beautifully carved pulpit. It is now in the Church History Museum.

» Last year President Monson stood at the old pulpit, shown at left, once again when he dedicated the new Church History Library.





By Lindsay Law  
(Based on a true story)

# The Note

*Judge not, and ye shall not be judged: condemn not, and ye shall not be condemned: forgive, and ye shall be forgiven*  
(Luke 6:37).

Hannah reached under the desk for her friend Ellie's note, carefully watching to make sure the teacher wouldn't see her. She felt a little guilty passing notes during class, but Mr. Jones had been lecturing for a while now, and she was bored.

Hannah opened the note and read it. She and Ellie had been writing back and forth about Maura, a girl in their class who they thought was stuck-up. "Maura thinks she's so great," Ellie had written. "I wish she would . . ."

Suddenly, Mr. Jones stopped talking. "A note?" he asked. He walked to Hannah's desk and took the note out of her hands. Then to Hannah's horror, Mr. Jones

read the note to the class. He left out Maura's name, but he read all of the mean things Ellie and Hannah had written about her.

Hannah looked helplessly at Ellie. Finally, the bell rang and Mr. Jones gave the note back to Hannah, asking to see her at lunchtime. Hannah felt terrible.

A tap on her shoulder startled her, and she turned around. It was Maura.

"That note was about me, wasn't it?" Maura said, her eyes filling with tears. Then, without waiting for an answer, she walked down the hall.

Hannah felt sick to her stomach. She could tell that Ellie felt bad too. She went to the cafeteria and slowly ate her lunch, feeling worse all the time. She couldn't get Maura's sad face out of her mind.



Hannah trudged back to her classroom and sat down at her desk.

“Hannah, I shouldn’t have read that note out loud, and I’m sorry,” Mr. Jones said. “I know you think Maura is stuck-up, but I think if you got to know her, you would find out that she is a nice person. Maybe you could even become friends.”

Hannah doubted that they would become friends after what had just happened.

The next day, Hannah apologized to Maura, and the sick feeling in her stomach went away. She tried not to gossip about classmates anymore with Ellie or any of her friends. Hannah only wished that the sad look in Maura’s eyes would go away and that Maura could forgive her.

As the school year ended, Hannah and Ellie got their yearbooks and had their friends write in them. When Hannah got to Maura, she handed her the yearbook

timidly, afraid that Maura would refuse it. But Maura took the book without saying anything.

When Hannah got home from school, she opened her yearbook and turned to Maura’s note.

*Hannah,  
I’m sorry we didn’t get along very well this year. I hope we can become better friends next year.*

*Love,  
Maura*

Hannah smiled as she read it. She was glad Maura had forgiven her, and she knew she could be a better friend. ♦

“There is no place in the gospel . . . for . . . gossip or backbiting or catty remarks.”<sup>1</sup>

Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles



# The Assembly Hall



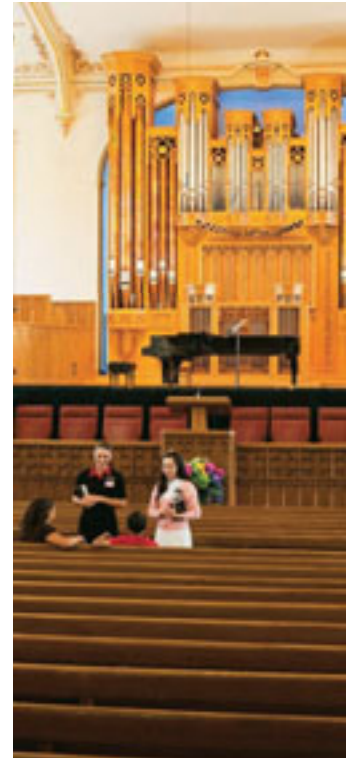
Come with us this month for a look at an important place on Temple Square.

**By Jennifer Maddy**  
Church Magazines

**O**n a beautiful spring day, Kennedy and Keiton B., ages 11 and 9, of Bountiful, Utah, visited the Assembly Hall on Temple Square. Let's go along with them to learn more about this historic building.



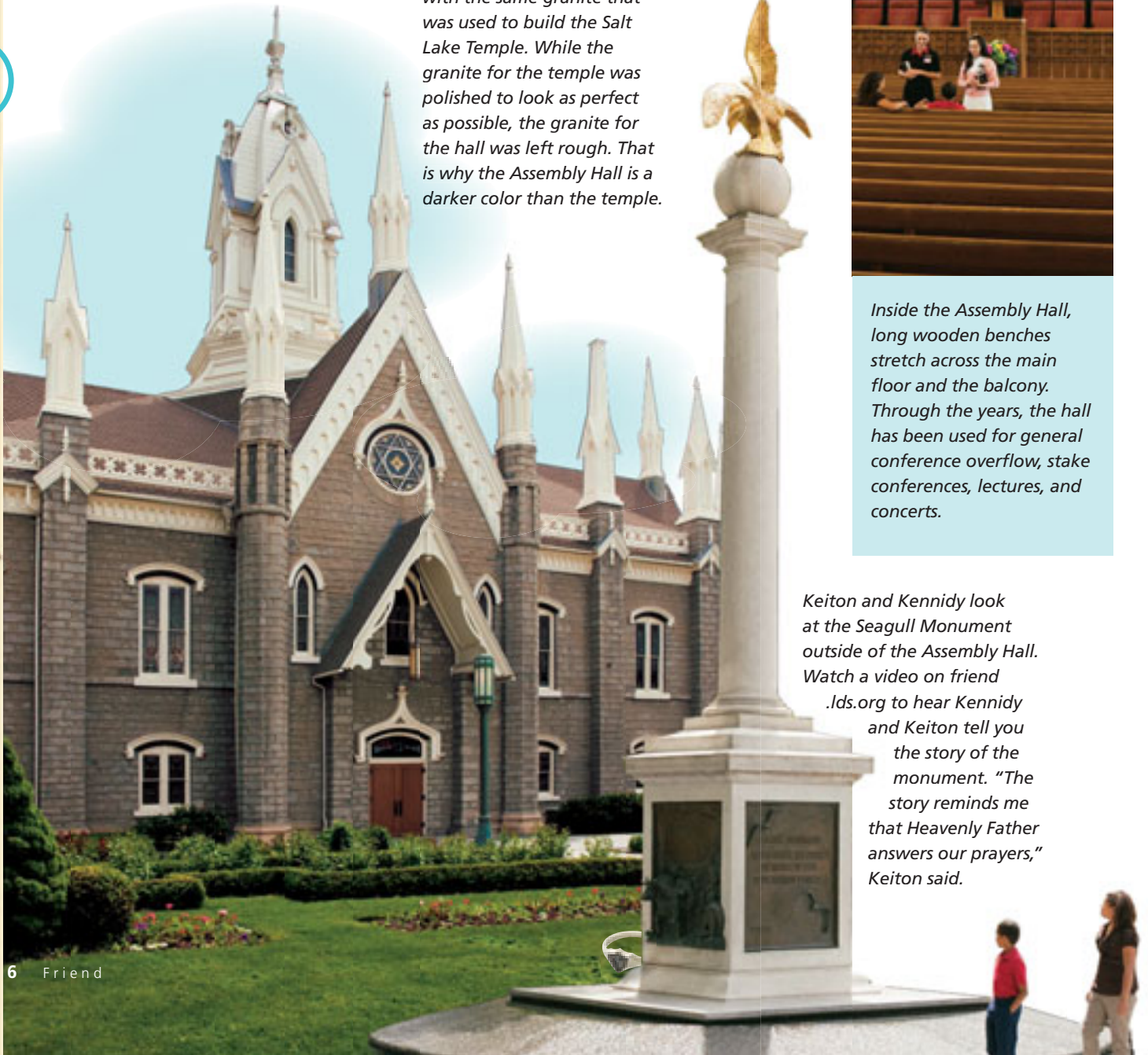
*The Assembly Hall is made with the same granite that was used to build the Salt Lake Temple. While the granite for the temple was polished to look as perfect as possible, the granite for the hall was left rough. That is why the Assembly Hall is a darker color than the temple.*



*Inside the Assembly Hall, long wooden benches stretch across the main floor and the balcony. Through the years, the hall has been used for general conference overflow, stake conferences, lectures, and concerts.*

*Keiton and Kennedy look at the Seagull Monument outside of the Assembly Hall. Watch a video on friend*

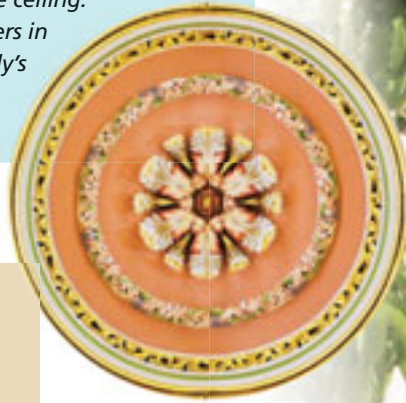
*.lds.org to hear Kennedy and Keiton tell you the story of the monument. "The story reminds me that Heavenly Father answers our prayers," Keiton said.*






*Keiton and Kennidy walk up to the big wooden doors of the Assembly Hall. The early members of the Church met here for church services and general conference when the weather was too cold for them to meet in the large, drafty Tabernacle.*

*A sego lily is painted in the center of the ceiling. The early pioneers in Utah used the lily's bulbs for food.*



  
*Watch a video of Kennidy and Keiton's visit at [friend.lds.org](http://friend.lds.org).*



*Sister missionaries told Kennidy and Keiton about the Assembly Hall. Here, Keiton knocks on a pillar. All of the pillars look like marble, but they are actually made from pinewood. The pioneers painted the wood to look like marble.*



*The Nauvoo Bell stands next to the Assembly Hall. The bell hung in the original Nauvoo Temple. When the pioneers left Nauvoo, they pulled the bell in a wagon to Salt Lake. Today, a recording of the bell rings every hour. "I think it is cool that the bell did all of these things so long ago, and now we hear it too," Kennidy said. "It reminds us of the religious freedom we have."*



*Beautiful walkways with trees and flowers surround the Assembly Hall. Kennidy and Keiton take a stroll to look at the outside of the building.*



**By Elizabeth Stitt**

(Based on a true story)

*Women adorn themselves in modest apparel* (1 Timothy 2:9).

Rebecca's best friend, Cindy, lived just down the street. They played together all the time. They played with the same dolls and rode on the same bikes and even liked to dress alike.

One day, Cindy came over to play. She was carrying a big plastic bag.

"I brought you some clothes I grew out of," Cindy said. "I thought you might like them."

"Thanks!" Rebecca said. "Now I can really dress like you."

Later that evening, after Cindy had gone home, Rebecca's mom came into her room and sat on the bed.

"Let's try out those new clothes you got," Mom said.

Rebecca squealed with excitement and dumped out the bag of clothes. She went through the clothes one by one. First, she held up a pink dress.

"What a pretty dress," Mom said. "That will fit you perfectly." She hung the dress in the closet.

Next they looked at a pair of blue pants.

"Hmm, they look a little small," Mom said. "Let's give those to your younger sister."

Then Rebecca picked up a blue tank top.

"This is so cute," Rebecca said, holding it up. "Can I wear it?"

"It's a cute color," Mom said, "but I don't think you should wear it."

"Why not?" Rebecca asked.

"It will be great to wear this summer."

"It's not modest," Mom said.

Rebecca thought for a moment. "What does it mean to be modest?" she asked.

"Being modest means dressing in a way that shows Heavenly Father we respect our bodies," Mom said.

"But, Mom, it's so

cute. And Cindy used to wear it!" Rebecca said.

Mom patted Rebecca on the shoulder and said,

"I'll let you decide what to do with it."

Rebecca sighed. She knew it was important to listen to her mom, but she really liked the shirt. So when her mom left the room, Rebecca hid the tank top in her drawer underneath some other clothes. She thought maybe she could wear it one day when Mom wasn't home.

A few weeks later when Rebecca was cleaning out her dresser, she found the blue tank top.

She pulled it out. Once again, she saw how cute it was. But she remembered what her mom had said and decided that she would rather show respect for her body than wear something immodest.

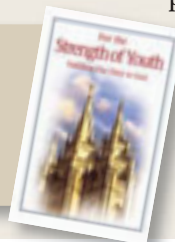
She went to talk to her mom. "Mom, remember that tank top Cindy gave me?" Rebecca asked as she held it out. "Well, I kept it hidden in my drawer. But I decided I don't want to wear it. I would rather please Heavenly Father."

Mom smiled and gave Rebecca a hug. "I'm glad you chose the right," she said. ♦

# modest at any age

**"When you are well groomed and modestly dressed, you invite the companionship of the Spirit and can exercise a good influence on those around you."**

*For the Strength of Youth*





When you get dressed to go to school, church, or just be with your friends, look over this checklist to make sure your appearance reflects what you believe. Ask yourself, "If I were with Jesus Christ, would I feel comfortable with my appearance?"



# Modesty CHECKLIST

- My shoulders are covered.
- My shirt covers my stomach.
- My shorts or skirt go to my knees.
- My shirt is not low-cut.
- My clothes are not tight.
- I don't look sloppy.
- My hair is combed.
- My clothes are not saggy, torn, or holey to fit in with a style.
- Labels or words on my clothes are respectful, not rude or offensive.



**Tip:** Sometimes you might think your clothes are modest—until you start moving around. To make sure you will still be modest if you bend over or run around, sing the Primary song, "Head, Shoulders, Knees, and Toes" and do the actions while you sing. If you can still be modest with all that movement, you're ready to go!

ILLUSTRATIONS BY SCOTT GREER AND MAREN SCOTT

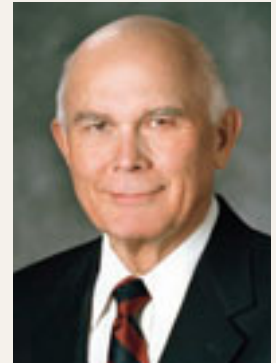
Cut out this mini poster to hang in your closet or on your mirror. It can also be printed from [friend.lds.org](http://friend.lds.org).

Respect yourself.



When you show respect for your body, you show respect for Heavenly Father.

# How should I behave in sacrament meeting?



Elder Dallin H. Oaks of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

We are seated well before the meeting begins.



Sacrament meeting is not a time for whispered conversations on cell phones or for texting.



During sacrament meeting—and especially during the sacrament service—we should concentrate on worship and refrain from all other activities.



How wonderful when every person in attendance joins in the worship of singing—especially in the hymn that helps us prepare to partake of the sacrament.



# Bulletin Board

## STRAWBERRY LEMON CREAM ROSES

By Paula Weed

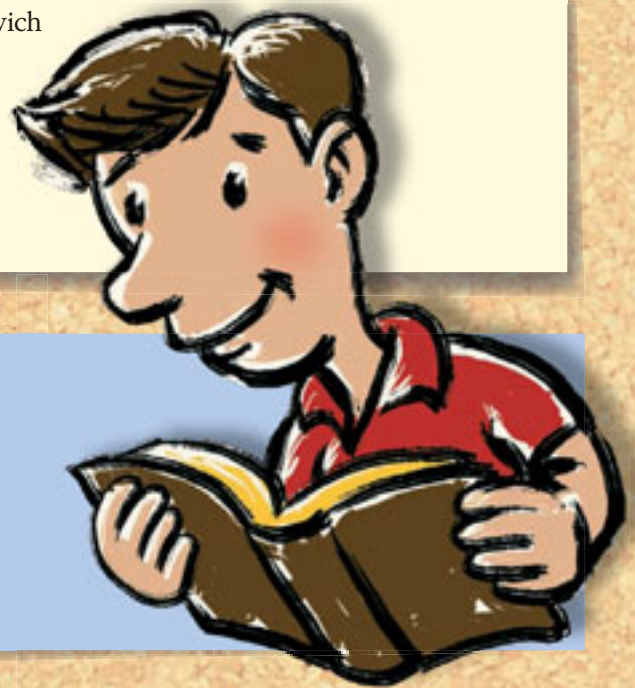
**1 package (8 ounces/227 g) cream cheese, softened**  
**1/3 cup powdered sugar**  
**1 teaspoon grated lemon peel**  
**1 tablespoon lemon juice**  
**12–15 strawberries with stems**  
**green drinking straws**  
**pastry bag or plastic sandwich bag**

1. Mix together the cream cheese, powdered sugar, lemon peel, and lemon juice until smooth. Cover and place in the refrigerator for 30 minutes.
2. Wash and dry the strawberries. Poke one end of the straws into the stem end of the strawberries. (Have an adult make small cuts with a knife, if needed.)
3. With an adult's help, cut an "X" at the tip of each strawberry, cutting down halfway to the stem. Spread the strawberry apart very gently with your fingertips.
4. Spoon the lemon cream mixture into a pastry bag or plastic sandwich bag with a small hole cut in a corner.
5. Squeeze a large spoonful of cream into each strawberry.
6. Arrange the "roses" in a vase or glass. Eat immediately or keep chilled in the refrigerator.



## JOURNAL JUNCTION

Take some time this month to read Doctrine and Covenants 1:38. Then write in your journal your feelings about prophets today.



# HONORING ALL YEAR

Many people celebrate their mothers this month. You can honor your mother, grandmother, or another special woman in your life all year by showing love, serving, and lending a helping hand. Here are some things you could do:

- Tell her you love her every day.
- Do your chores without having to be reminded.
- Surprise her with a homemade card.
- Help with your younger siblings.
- Draw her a picture.
- Volunteer to help make a meal.
- Get ready for bed without being asked.

What other acts of love or service can you think of?



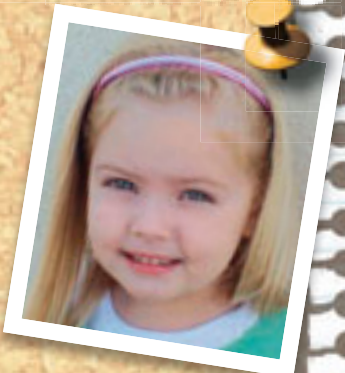
Living next door to our grandparents gives us the opportunity to do service. Our grandma cannot get around anymore. We visit her and ask what we can do to help her. On Saturdays we clean their house. We like to help our mom fix meals for them. Our parents have taught us how to serve others. We know we are doing what Jesus would want us to do.

**Shayla, Kaitlyn, Jaden, and Kandalyn B., ages 13, 12, 6, and 3, Arizona**



My mom asked me to clean up the house a little. I promised I would. I was just about to turn on the computer when I remembered my promise. So I cleaned before I used the computer. My mom was proud of me. Now I try to do everything my mom asks me to do the first time.

**McKenna R., age 11, Utah**



When Mya's grandma and grandpa were in a car accident, Grandpa had to go to the hospital in an ambulance. Mya went with her mom to pick up Grandma. Mya was worried about her. Grandma wasn't hurt, but when she got into the car she started crying. Mya held out her hand and said, "Here, Grandma. This is for you." She put a large green button into Grandma's hand. This button was very special to Mya. It was one of her treasures. Grandma was thankful to know that Mya loved her so much she would give up her treasure. Grandma sewed the button onto a teddy bear. She calls it a "badge of love."

**Mya G., age 4, Montana**



*The account of Moses and the children of Israel is found in Exodus 3–20; 24; Joshua 3.*

# Jehovah Gives Commandments

By Diane L. Mangum

**T**he sheep and their lambs followed their shepherd, Moses, as he led them through the desert. When they reached the mountain called Horeb, Moses saw something unusual. A bush was on fire, but it did not burn up.

When Moses went closer, he heard the voice of Jehovah saying, “Moses, Moses.”

“Here am I,” Moses replied.

Jehovah commanded Moses to tell the Egyptian pharaoh to set free the children of Israel, who were slaves in Egypt. Moses was worried. How could he make the powerful pharaoh listen to him?

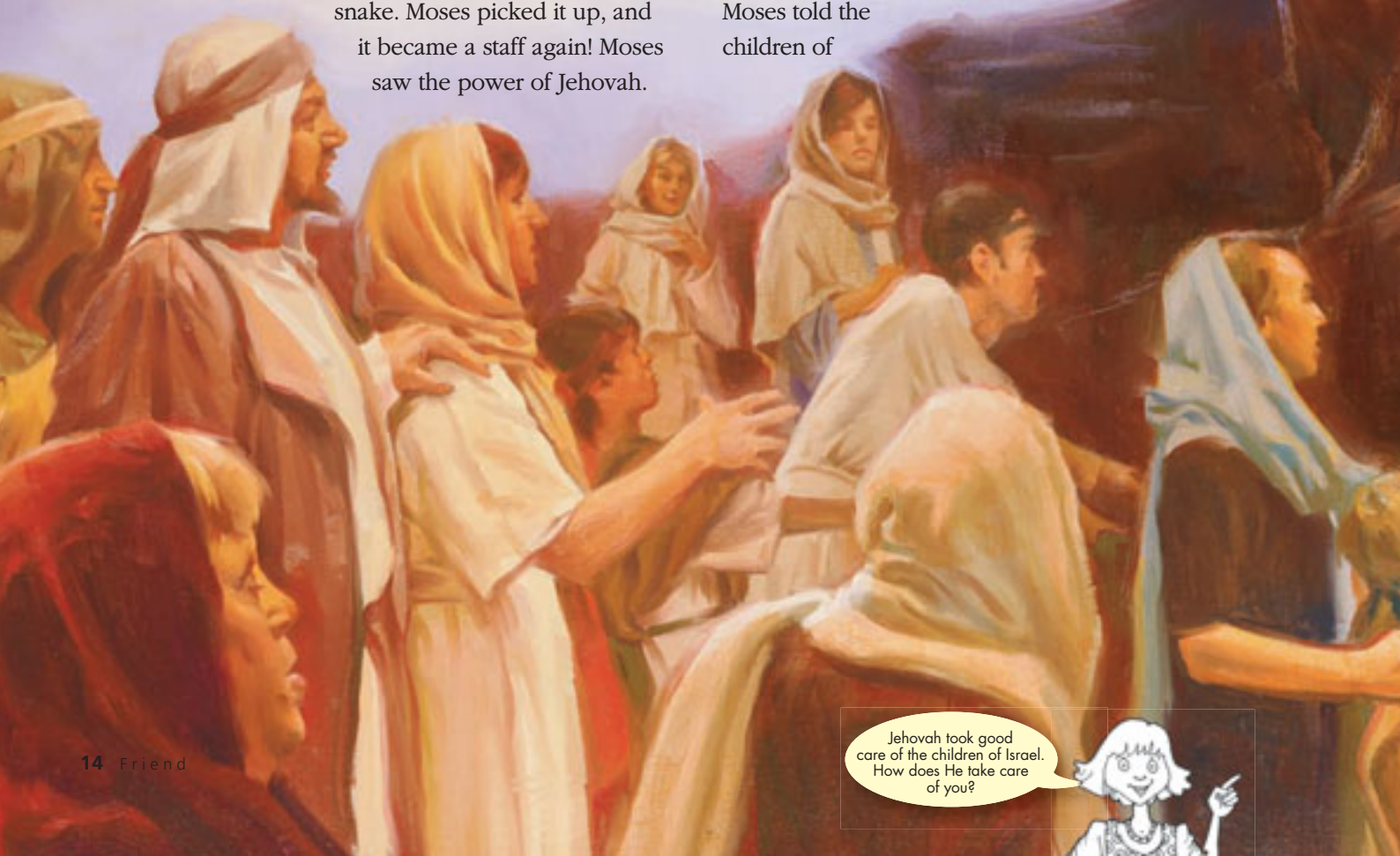
Jehovah told Moses to throw his shepherd’s staff to the ground. Moses threw the stick down, and it became a snake. Jehovah told Moses to pick up the snake. Moses picked it up, and it became a staff again! Moses saw the power of Jehovah.

He knew that Jehovah would help him.

Moses went to Pharaoh’s court. He explained to Pharaoh that Jehovah commanded that the children of Israel be set free. But Pharaoh said he would not let them go. The children of Israel had been slaves to the Egyptians for 430 years. They built Pharaoh’s great buildings and worked in his fields.

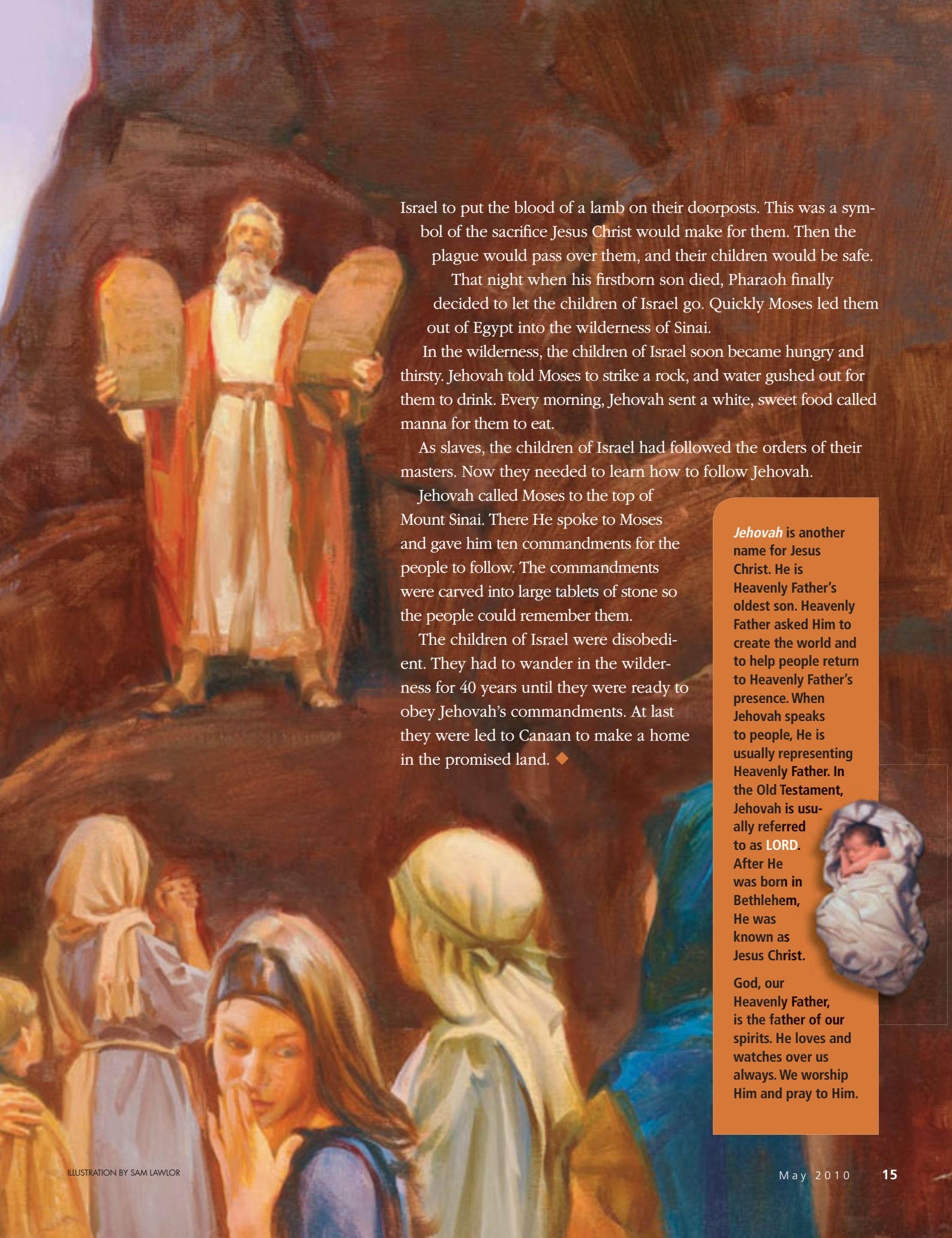
Jehovah sent plagues to show Pharaoh His power. First, the river turned to blood. Next came swarms of frogs, gnats, and flies. Then came boils, hailstorms, and locusts. Still, Pharaoh refused to let the Israelites go.

Then came one final, awful plague. At midnight the firstborn sons of the Egyptians would die. The prophet Moses told the children of



Jehovah took good care of the children of Israel. How does He take care of you?





Israel to put the blood of a lamb on their doorposts. This was a symbol of the sacrifice Jesus Christ would make for them. Then the plague would pass over them, and their children would be safe.

That night when his firstborn son died, Pharaoh finally decided to let the children of Israel go. Quickly Moses led them out of Egypt into the wilderness of Sinai.

In the wilderness, the children of Israel soon became hungry and thirsty. Jehovah told Moses to strike a rock, and water gushed out for them to drink. Every morning, Jehovah sent a white, sweet food called manna for them to eat.

As slaves, the children of Israel had followed the orders of their masters. Now they needed to learn how to follow Jehovah.

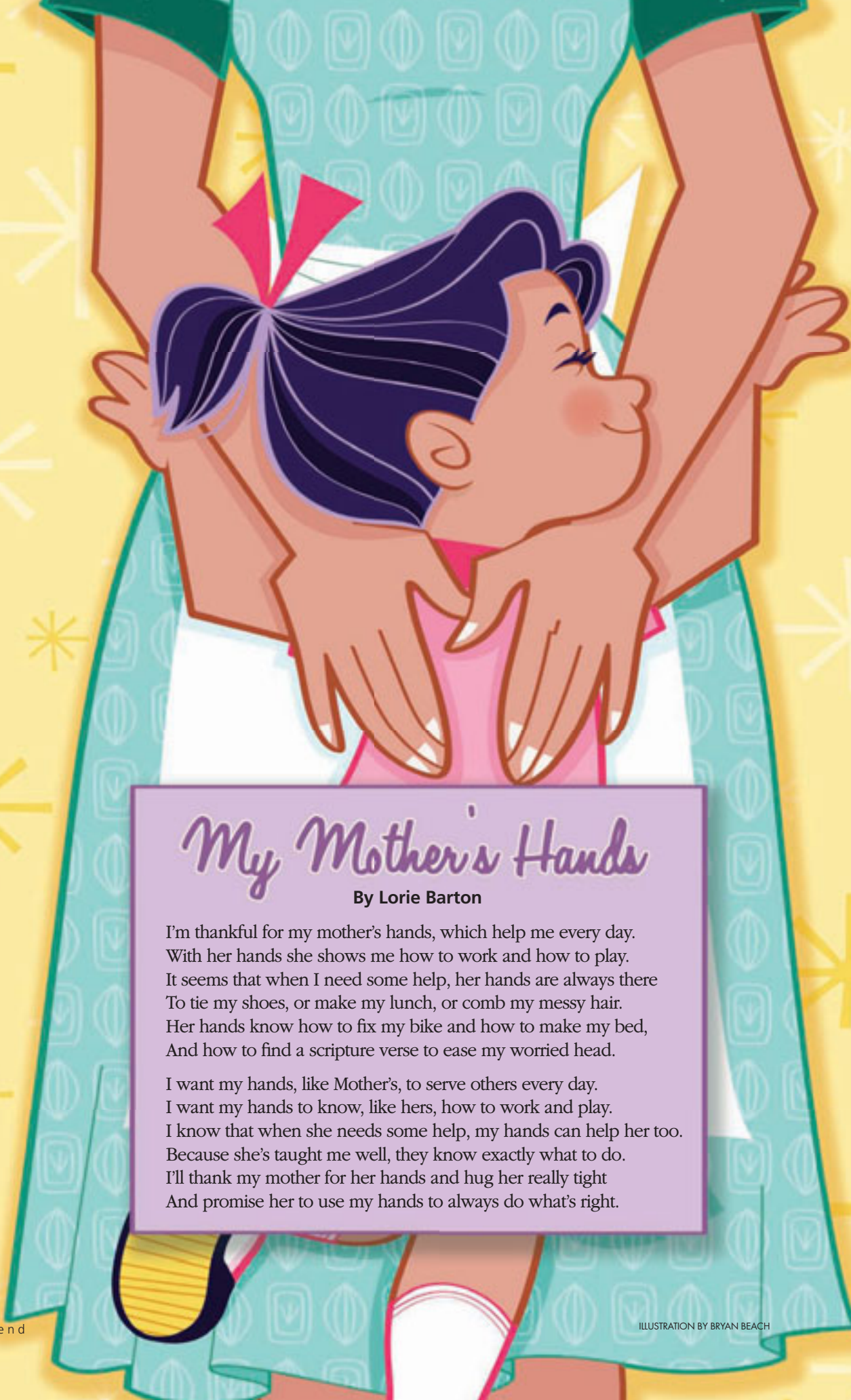
Jehovah called Moses to the top of Mount Sinai. There He spoke to Moses and gave him ten commandments for the people to follow. The commandments were carved into large tablets of stone so the people could remember them.

The children of Israel were disobedient. They had to wander in the wilderness for 40 years until they were ready to obey Jehovah's commandments. At last they were led to Canaan to make a home in the promised land. ♦

**Jehovah** is another name for Jesus Christ. He is Heavenly Father's oldest son. Heavenly Father asked Him to create the world and to help people return to Heavenly Father's presence. When Jehovah speaks to people, He is usually representing Heavenly Father. In the Old Testament, Jehovah is usually referred to as **LORD**. After He was born in Bethlehem, He was known as Jesus Christ.

God, our Heavenly Father, is the father of our spirits. He loves and watches over us always. We worship Him and pray to Him.



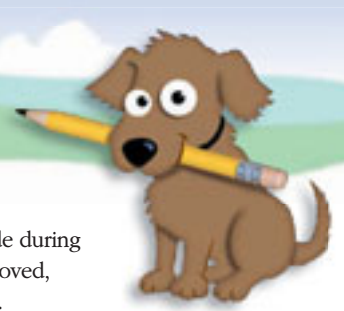


## *My Mother's Hands*

By Lorie Barton

I'm thankful for my mother's hands, which help me every day.  
With her hands she shows me how to work and how to play.  
It seems that when I need some help, her hands are always there  
To tie my shoes, or make my lunch, or comb my messy hair.  
Her hands know how to fix my bike and how to make my bed,  
And how to find a scripture verse to ease my worried head.

I want my hands, like Mother's, to serve others every day.  
I want my hands to know, like hers, how to work and play.  
I know that when she needs some help, my hands can help her too.  
Because she's taught me well, they know exactly what to do.  
I'll thank my mother for her hands and hug her really tight  
And promise her to use my hands to always do what's right.



## Be a Star

By Megan Withers Roxas

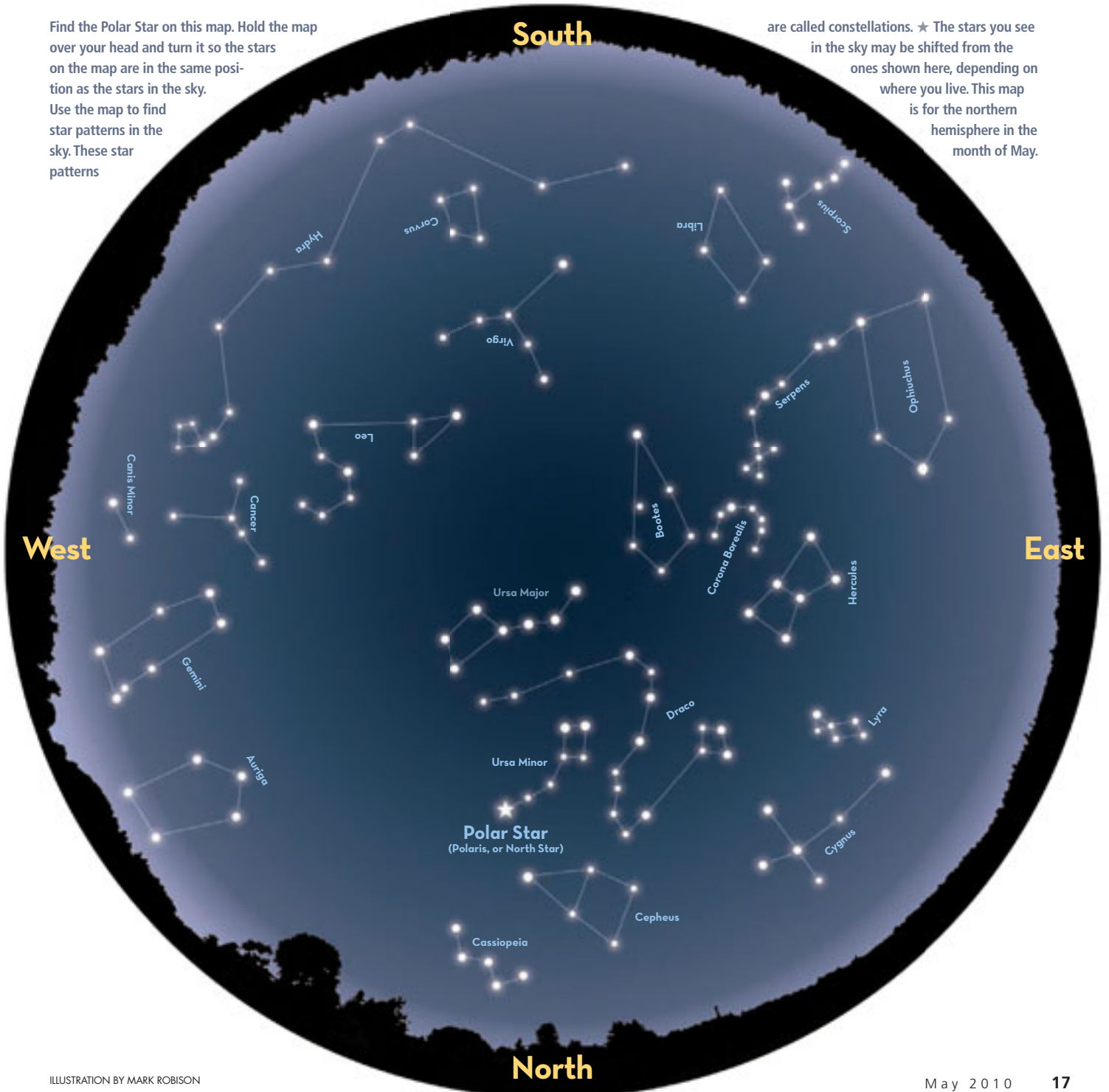
As a boy, President Gordon B. Hinckley (1910-2008) would lie outside during summer nights and look at the stars. He noticed that most of the stars moved, but one star always stayed in the same place. It was called the Polar Star.

“Love is like the Polar Star,” President Hinckley said. “In a changing world, it is a constant” (“Let Love Be the Lodestar of Your Life,” *Ensign*, May 1989, 66).

When we show love to others, we will shine brightly and be examples to them.

Find the Polar Star on this map. Hold the map over your head and turn it so the stars on the map are in the same position as the stars in the sky. Use the map to find star patterns in the sky. These star patterns

are called constellations. ★ The stars you see in the sky may be shifted from the ones shown here, depending on where you live. This map is for the northern hemisphere in the month of May.



# Bringing the Book of Mormon to Life

By Jan Pinborough  
Church Magazines



**I**t's a gray, drizzly Saturday morning, but the children of the Danbury Connecticut Ward aren't in their pajamas watching cartoons or playing video games. They're busy making videos of their own. And their videos will help thousands of people learn about the Book of Mormon!

It all started when their bishop had a great idea. Bishop Summerhays is a media expert who teaches children from many countries how to use technology to create positive messages. Why not teach the children in his ward the same thing?

Now the children, joined by children from the Newtown Ward, are sitting at five long tables in the Primary room. Stacks of construction paper and poster board, pens, and scissors are on the tables. Each group will be making an animated video of a different Book of Mormon story:

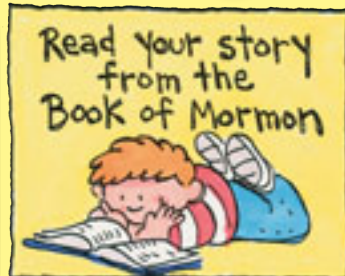
- Lehi's Dream**
- The Journey to the Promised Land**
- Jesus Visits the Nephites**
- Korihor**
- Moroni Buries the Gold Plates**



**Rebecca V. colors puppet figures for her group's video.**

## You Can Do It Too!

Here's a cartoon to show you how you can do your own animation project.





**Step 1:** First the children think about how they will tell their story. They draw scenes on special paper called “storyboards.” Close-up scenes show people’s emotions. Long-distance scenes show background and setting. In-between ones show action.



**Step 2:** Now everyone draws figures on construction paper. They draw arms and legs separately so the figures will be able to move. They also draw eyes open and shut and mouths in different shapes. Then they cut out the figures, which are called “puppets.”

**Step 3:** Finally the animation begins. A digital camera on a tripod is focused on a piece of poster board—the background for a scene. The camera is attached to a computer.



One group is shooting a battle scene between the Nephites and the Lamanites. Each child is in charge of two or three puppets. The children arrange their puppets on the poster board. Then someone hits the space bar on the computer. Flash! The first frame of the video is shot.

Now everyone moves their puppets a fraction of an inch. Flash! “This is fun!” says Brooke B.

It takes 900 shots to make one minute of animated video. After 30 shots, the children have made two seconds of film. They stop to watch their work on the computer screen. “That was awesome!” says Noah C. as





they watch their paper warriors come to life.

Later at another activity, the children will tell the stories, and their voices will be recorded. Then Bishop Summerhays will put the video pictures and the recorded voices together to make a movie.

Last year, these children made videos of Old Testament stories like Adam and Eve, Noah's ark, Jonah and the whale, and Daniel in the lions' den. They had a premiere in a local movie theater, where their families, friends, and neighbors got to see their videos on a



big screen. Since then, about 10,000 people have watched their Old Testament videos online. Cierra D., age 11, brought a friend to last year's premiere. She thinks it's great

to make stories "about what you believe."

Now the children can't wait for this year's premiere. They hope even more people will learn about the Book of Mormon by watching their new videos online.

And they are more enthusiastic about the scriptures because they brought them to life through their own creations. ♦



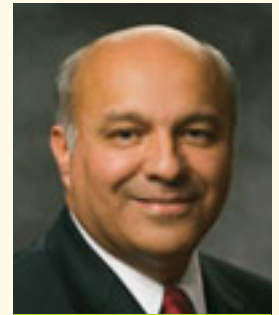
**Dani L., age 7, enjoyed her job of pressing the space bar to take pictures.**



**See More Online**

You can watch a how-to video at [friend.lds.org](http://friend.lds.org).





From an interview with  
Elder Jorge F. Zeballos  
of the Seventy;  
by Anna Culp

*O Lord, I have  
trusted in thee, and*

*I will trust in thee forever* (2 Nephi 4:34).

**W**hen I was about 12 years old, I lost a box that was a treasure to me. The missionaries used to give out cards that had their name and address on them. The cards had a picture of the temple on the front and the Articles of Faith on the back. I kept those cards in a small box. It was almost full with those mementos when I lost it. I looked everywhere—in every drawer, under my bed—everywhere. I asked my dad, my mom, my brothers, and my sister, but the box was lost.

Then I decided to pray. The scriptures say that when you ask with faith, you will receive an answer. I closed my bedroom

door. First I looked under my bed, but nothing was there. Then I knelt down by my bed and prayed to Heavenly Father. I told Him, “My box is very important to me. Please help me find it.”

And then a thought came into my mind. A voice said, “Look under your bed again.”

I thought, “But I’ve looked there five times already.” “Look there,” came the thought again.

So once again I looked, and the box was there, 20 centimeters from my knees. I opened it, and my treasures were there.

Since that day, prayer has been a wonderful tool for me, not only to find things that are lost, but to ask the Father for the things I need, the things that He knows are good for me. He always answers prayers when you ask with faith. The Spirit taught me to trust in our Father in Heaven. Every time you need His help, He will give you His help, if what you ask for is good for you. ♦



ILLUSTRATIONS BY KATIE MCDEE

**By Jane McBride Choate**

(Based on a true story)

*When we're helping, we're happy*  
(*Children's Songbook*, 198).

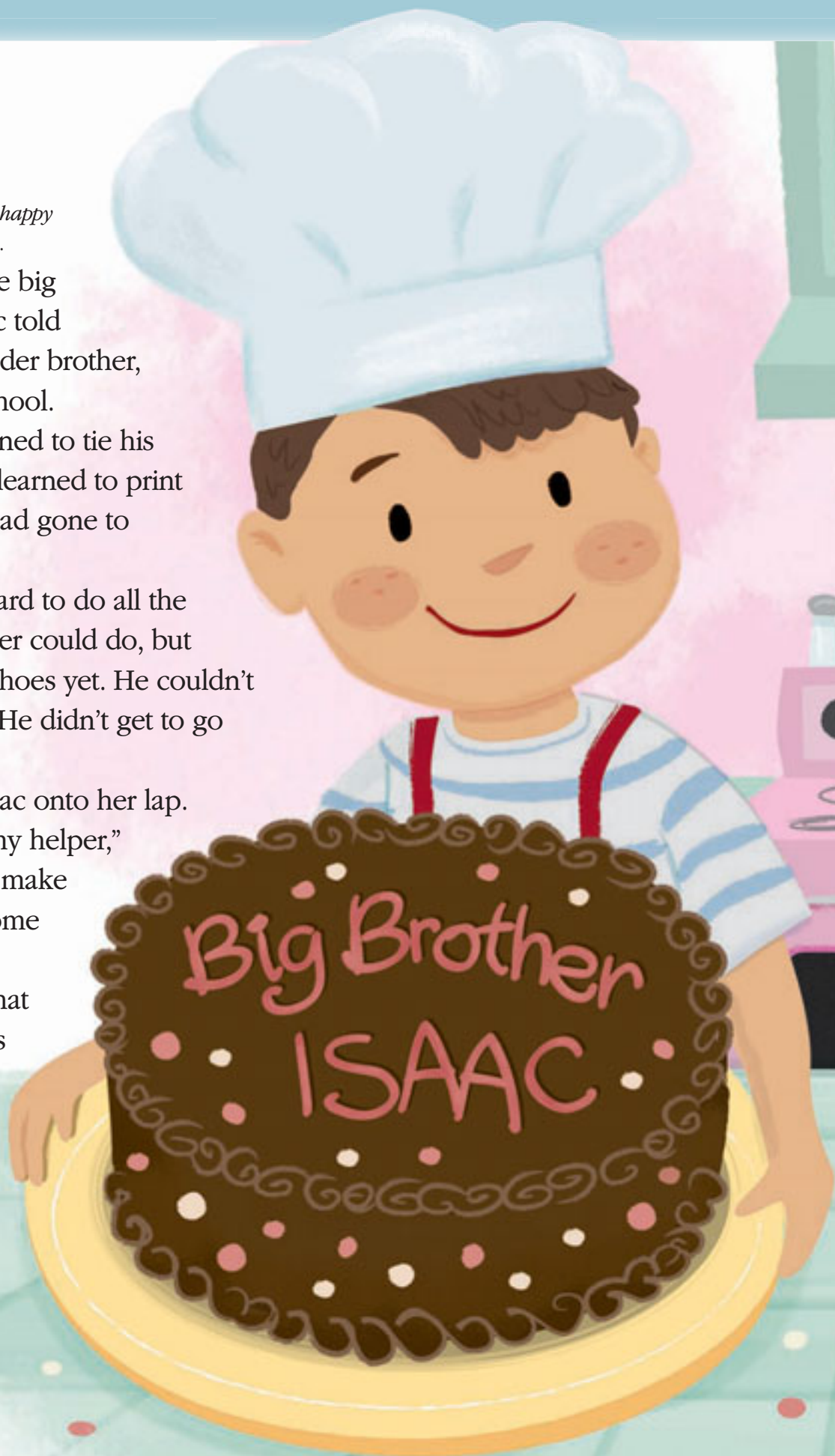
I want to be the big brother," Isaac told Mommy after his older brother, Brigham, left for school.

Brigham had learned to tie his shoes first. He had learned to print his name first. He had gone to school first.

Isaac tried very hard to do all the things his big brother could do, but he couldn't tie his shoes yet. He couldn't print his name yet. He didn't get to go to school yet.

Mommy lifted Isaac onto her lap. "I need you to be my helper," she said. "I want to make a treat for family home evening tonight."

Isaac felt proud that Mommy needed his help. Together they mixed the flour, sugar, and cocoa. Isaac even got to break the eggs into the bowl.





Mommy put the cake in the oven. After it was baked and cooled, Isaac helped Mommy spread frosting on it.

After dinner, Mommy placed the cake in the middle of the kitchen table.

“We have wonderful news,” Mommy said. Daddy rested his hand on her shoulder. “Our family is going to have another baby.”

“Another baby?” Isaac asked.

Mommy nodded. “We are going to adopt a baby girl.”

Isaac knew his parents had adopted him and Brigham. He couldn’t remember going to the Detroit Michigan Temple to

be sealed to his family forever, but his parents had told him about that special day. All of his family, including his grandparents, had been there.

“I’ll need both of you to be helpers,” Mommy told Brigham and Isaac.

“I can do that,” Brigham said. Isaac smiled a big smile. “And

I get to be the big brother.” ♦



To get started, go to [friend.lds.org](http://friend.lds.org).



Matching Games



Watch Videos of Sites on Temple Square



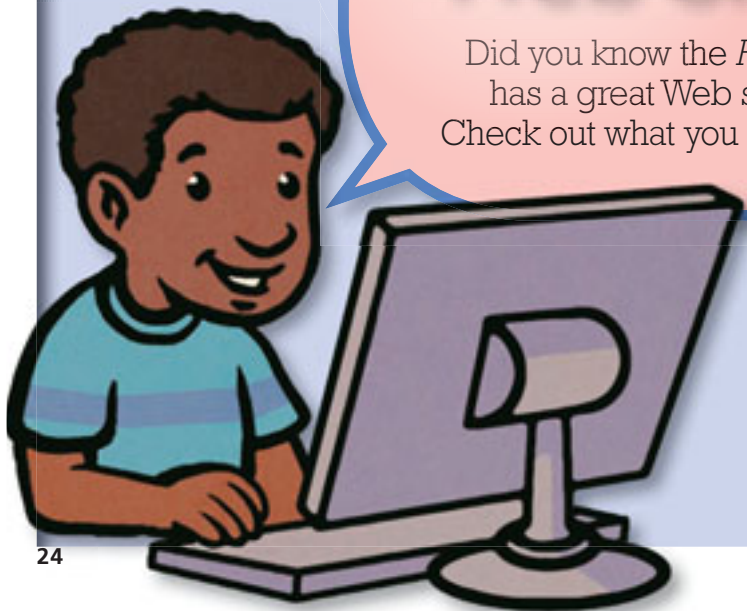
Print Coloring Pages

# What's on the *Friend* Web Site?

Did you know the *Friend* has a great Web site? Check out what you can do!



Hidden Pictures



Click on a story to listen

Special Words



Three Ways to Build a Strong Testimony



A Day to Remember



The May Queen



Playing the Hymns



A Walk with Grandma



Listen to Stories



Puzzles



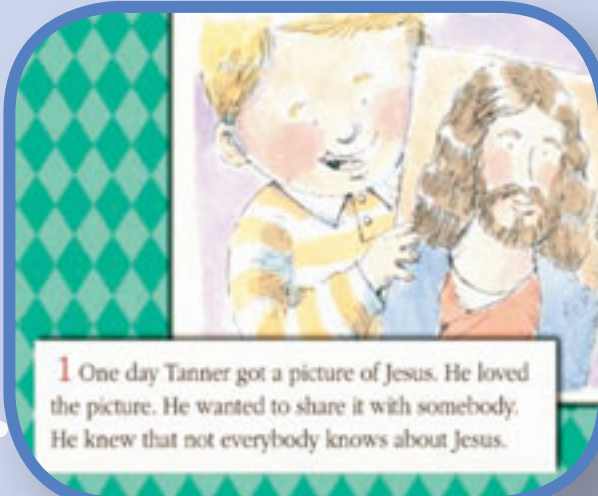
Matt and Mandy Videos



Color Online

For Little Friends Videos

Fun Surveys





# We'll Bring the World His Truth

Thousands of missionaries travel to nations across the world to teach the gospel. See if you can spot the eight differences between these two photos of missionaries teaching the gospel. Find the answers on page 48.



When Christ was on the earth, He told His Apostles to “Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost” (Matthew 28:19).

bright idea



“Ye are the  
**LIGHT**  
of the world.”

—Matthew 5:14





# The Broken Refrigerator

By Christina Heimdal  
(Based on a true story)

*Whatever thing ye shall ask in faith, believing that ye shall receive in the name of Christ, ye shall receive it* (Enos 1:15).

Ryan and his family were so happy to arrive at their new home. They had been traveling for three days and were tired of being in the car. The moving van was soon unloaded, and the family worked hard together to get all of their things unpacked.

Ryan and his brother, Anthony, would be sharing a room. They carefully put away all of their clothes and toys. Ryan hung his favorite picture of Jesus over his dresser, where he could see it. The house was starting to feel like home.

A few days later, Ryan heard a strange sound coming from the kitchen. The old refrigerator they had brought with them was making a strange grinding noise. It smelled funny too.

“What’s the matter with our fridge, Mom?” Anthony asked.

“I think the motor is burning out,” Mom said.

By the time Dad got home from work that evening, the food in the freezer was starting to thaw.

Ryan could tell from the look on Dad’s face that he was worried.

“Dad, let’s just buy a new fridge,” Ryan suggested.

“That’s a great idea, but refrigerators are expensive,” Dad said. “We don’t have the money right now to buy a new one.”

“We could ask Heavenly Father to buy us a new one,” Ryan said.

Dad smiled and hugged Ryan.

“Ryan, why don’t we say a prayer and ask Heavenly Father for His help?” Mom said.

The family bowed their heads, and Ryan thanked Heavenly Father for their new home. He told Heavenly Father that their refrigerator was broken and asked Him for help to fix the problem.

In the morning, the refrigerator was not making strange noises or smelling funny anymore.

“Maybe Heavenly Father fixed our fridge,” Anthony said.

“Heavenly Father answers our prayers in different ways,” Mom said. “Maybe this is His answer.”

But by Friday the refrigerator sounded like it was about to stop working completely. Mom and Dad were worried, but Ryan said, “Heavenly Father always answers prayers.”

On Saturday the family was busy getting ready for Sunday. Mom folded clothes as the boys cleaned their room. Suddenly Dad announced that he was going to take the children for a walk. The children put on their shoes and left with Dad.

Fifteen minutes later, the children burst through the front door. “Mom!” Ryan shouted, “Dad bought a new fridge.”

Dad walked through the door with a big smile on his face. He explained to Mom that the neighbors up the street were having a yard sale and they were selling a nearly brand-new refrigerator—at a price Dad could afford. Dad had bought the refrigerator.

The neighbor helped Dad move the old refrigerator out and the new one in.

“Ryan, Heavenly Father answered our prayers,” Dad said. “He helped our old fridge run for a few more days. Then He helped us find a new refrigerator nearby. And He helped me earn just enough money to pay for it.”

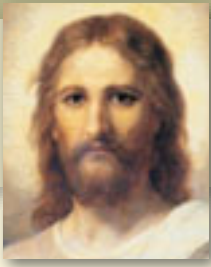
“I know, Dad,” Ryan said. “Heavenly Father always answers our prayers.”

Ryan asked Dad if he could say another prayer. This time he wanted to thank Heavenly Father for the new refrigerator. ♦

**“It is true that the answers to our prayers may not always come as direct at the time, nor in the manner, we anticipate; but they do come.”<sup>2</sup>**

President David O. McKay (1873–1970)





# Trying to Be Like Jesus

When Jesus Christ was on the earth, He followed the commandments, helped others, and showed love to everyone. Every day, children find ways they can follow the Savior's example.

## Serving Mom



I don't like to put away my clothes after my parents fold the laundry. I usually complain. One morning I got the idea to get up before my mom and surprise her by putting away all my clothes before she woke up. My mom was very happy and surprised. I know I followed Jesus's example by serving my mom.

*Ruby B., age 5, Hawaii*

## Helping Others



For family home evening we helped make sandwiches for a children's care center in our city. Everyone had a different job assembling the sandwiches (spreading, cutting, adding cheese, and closing the sandwiches). We imagined what the people at the center looked like and where they came from. Maybe they were children just like us. We felt good to know we could help others.

*Emily, Brennan, and Anna R., ages 10, 6, and 3, Alberta, Canada*

## Sabbath Decision



One of my good friends was having a birthday party, and I was very excited to go. When I showed my mom the invitation, she said the party was on a Sunday. My parents

said I could make the decision on my own if I was going to go. I told them that I really wanted to go, but I knew that it would not be the right thing and that Heavenly Father would want me to keep the Sabbath day holy. I think Heavenly Father and Jesus were happy that I made the right choice.

*Aurora S., age 6, Texas*





## An Honest Choice



I went with my cousins to one of my favorite places with activities and games. While we were there

I found \$5 on the ground. This was enough money to buy 20 game tokens. But instead of exchanging the money for tokens, I turned in the money to lost and found. I knew it was the right thing to do. The employee I gave the money to was glad I was honest and, in return, gave me some free tokens. It felt good to make the right choice.

**Shawn H., age 6, California**

## A Happy Helper



One day when we got in the car, my mom said that that night we would clean up the playroom

because it was so messy. When we got home, I went to the playroom. I cleaned up the toys and wiped the dust with a cloth. When I told my mom, she was amazed at how clean the room was. My mom was happy! I know helping others is the right thing to do because it builds up my family and makes me happy.

**B.J. C., age 6, Texas**

## Letting Him In



One time I started a club. I let my little brother in the club even though the older kids didn't want

him to join. I think Jesus would have let my little brother in because Jesus loves everyone, and I want to be like Jesus.

**Breck D., age 7, Utah**

Tell us how you're trying to be like Jesus. Turn to page 48 to find out how to send us a letter.

*Every good gift cometh  
of Christ* (Moroni 10:18).



**By Lindsay Law**  
(Based on a true story)

1. Grace was nervous. She was going to sing with her little brother, Ethan, in sacrament meeting.

2. When it was time for Grace and Ethan to sing, Grace looked at Mom. "You can do it, Grace," Mom whispered.



3. Grace and Ethan walked to the front of the chapel and stood behind the podium so that everyone could see them. Grace saw Dad smiling at her.

4. When the music started, Grace and Ethan sang "Jesus Has Risen." Grace remembered all of the words and all of the notes.



5. When the song ended, Grace gave Ethan a big hug. Grace felt happy inside.




6. Grace and Ethan walked back to their seats and sat next to Mom and Dad. They were happy too. "That was beautiful," Dad whispered.



7. Grace smiled. She was glad she and her brother could sing about Jesus.

# Count Your Blessings

Antonio is having a picnic with his family. Follow his path through the park to see the things he is thankful for.



I'm thankful for playgrounds.

I'm thankful to be able to run.

I'm thankful for flowers.



I'm thankful for my family.

I'm thankful for animals.



## Picture Books

*Sergio Makes a Splash!* by Edel Rodriguez. Sergio the penguin loves water but is afraid to swim. When his class takes a field trip to the ocean, will he face his fear so he can enjoy the water that he loves?

*Best Little Wingman*, by Janet Allen, illustrated by Jim Postier. On a snowy night, Janny has a special job to do to help her father. They go out together in his snowplow, and a daddy and a daughter do a good night's work.

*All Things Bright and Beautiful*, by Cecil Frances Alexander, illustrated by Bruce Whatley. With the words of a traditional hymn, a young girl on a farm appreciates the wonder and beauty of Heavenly Father's creations.

*The Littlest Owl*, by Caroline Pitcher, illustrated by Tina Macnaughton. Baby Owl Four doesn't mind being small, but he has some trouble learning to fly. What will happen when a storm threatens his family's nest in the willow tree?

## For children ages 5–9

*How Oliver Olson Changed the World*, by Claudia Mills, pictures by Heather Maione. Sometimes Oliver thinks his parents help him too much. When he and his classmate,

Crystal, get some big ideas about their solar-system project, can Oliver convince his parents—and himself—that he can accomplish great things on his own?

*On the Go with Pirate Pete and Pirate Joe*, by A. E. Cannon, illustrated by Elwood H. Smith. Pete and Joe are always ready for swashbuckling action. Join them on their pirate adventures as they look for a ship, have a seafood dinner, and find the perfect pet.

*Agapanthus Hum and the Eyeglasses*, by Joy Cowley, pictures by Jennifer Plecas. Agapanthus likes to dance and run and do handstands. But whenever she does, her glasses fall off or get bent. Find out how Agapanthus solves her problem in an unusual way.

## For children ages 10–12

*The Sign of the Beaver\**, by Elizabeth George Speare. When Matt's father leaves the forest to bring the rest

of his family to live in their new settlement, Matt is left alone in their cabin. But a Native American man and his grandson, Attean, are watching. In time, Matt gives Attean reading lessons in return for lessons on surviving in the wilderness.

*Willow Run\**, by Patricia Reilly Giff. When Meggie's family moves so her father can work at a factory during World War II, Meggie has to leave behind her grandfather and the beautiful ocean. Meggie wonders if the barren land and cramped apartment are worth helping the war effort she hears so much about. Read about Meggie's wish to have her brother return safely from the war and have her family together again.



## Nonfiction

*A Weed is a Flower: The Life of George Washington Carver*, by Aliko. There wasn't much hope for George Washington Carver when he was born. He was sickly, orphaned, and the son of slaves. But read his story to find out how he devoted his life to helping the world around him.

*Rare Treasure: Mary Anning and Her Remarkable Discoveries*, by Don Brown. Mary Anning didn't have a lot of education, but she knew plenty about dinosaurs! She

discovered many fossils during the 19th century and became a scientist and author known around the world.

*Prairie Girl: The Life of Laura Ingalls Wilder*, by William Anderson, illustrated by Renée Graef. In the 1880s, a young girl living on the American frontier grew up to be a famous writer whose books are loved by children everywhere.

These reviews do not constitute official Church endorsement of these books, but the books have been carefully reviewed to ensure that Church standards are observed. *Please note:* Occasionally, characters who are not members of The Church of Jesus Christ of Latter-day Saints do not follow the Word of Wisdom. Selections where this occurs are marked with an asterisk (\*).

**The Lord Is**

The Lord is my shepherd,  
Guiding me home  
Through the dark and stormy night.  
The Lord is my teacher,  
Showing me how  
To make all my wrongs right.  
The Lord is my lighthouse,  
Helping my ship  
Find its way to port.  
The Lord is my guardian,  
Leading me from  
All things of a dangerous sort.  
The Lord will try  
To keep His lambs  
Safe from all sin,  
So they can all  
Come back to heaven  
And live with Him again.

*Haley N., age 11, California*

**Red**

Red is smooth as a tomato  
Red is hard as an apple  
Red is slippery as paint  
Red is scary as blood  
Red is crazy as a clown  
Red is noisy as a rooster  
Red is love in a heart

*Devan E., age 8, Nevada*

**Prayer**

Praying helps us in our needs,  
It helps us be strong and grow.  
Praying is our way to talk to God and know.  
Praying is a blessing that all of us can do.  
Praying is wonderful.  
I'm glad we have it too!

*Clayton J., age 9, New Jersey*



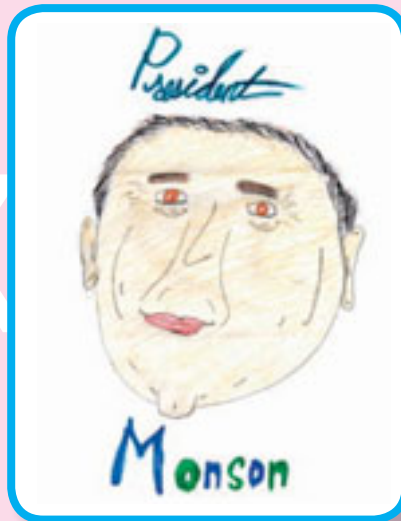
*Erin B., age 5, Utah*



*Collin P., age 11, Utah*



*Melise P., age 7, Alberta, Canada*



*Chase H., age 9, Idaho*



*Emily H., age 10, Arizona*



*Jack S., age 7, Colorado*



Tyler W., age 7, California



Braden K., age 6, Illinois



Abigail T., age 8, Montana



Ginger M., age 7, Minnesota



Carson T., age 11, Idaho



Kaitlyn A., age 8, Germany



Emily S., age 9, Arizona

Would you like to send us a poem or drawing? Turn to page 48 to find out how.



Dallen H., age 8, Massachusetts

# Principles and Ordinances of the Gospel Lead Me to Jesus Christ

By Sandra Tanner and Cristina Franco

A quilt is a blanket made of layers of fabric stitched or tied together. Sometimes quilt squares are made and named for special events. Quilts become a way to tell a story.

Like a quilt, the gospel has basic pieces or parts. We learn four of the most important parts in the fourth article of faith. The quilt on the opposite page has the fourth article of faith written on it. Each part of the article of faith is in one of the four big squares.

The first part is faith in Jesus Christ. This means we believe in Jesus Christ. He knows and loves us, and wants to bless us. We show our faith in Jesus by following Him.

Repentance is the second part. When we don't do the things Jesus taught, we repent and try again to do what He wants us to do.

Baptism is the third part. When we are baptized we make a covenant with Heavenly Father. Every time we take the sacrament we renew our covenant. A covenant is a sacred promise. We make promises to God and He makes promises to us. God always keeps His promises to us, and we should always try our best to keep our promises to Him.

The gift of the Holy Ghost is the fourth part. It is given to us to help us keep our covenant. The Holy Ghost helps us to do what is right and leads us to obey the commandments and live the gospel so we can become more like Jesus.

The fourth article of faith teaches us the first principles and ordinances of the gospel. We live the gospel now to prepare to live with Heavenly Father and Jesus someday.

## May 2010 Scripture Journal

*Read* the fourth article of faith in the Pearl of Great Price.

*Pray* to ask Heavenly Father to help you know how you can do the things taught in the fourth article of faith.

*Memorize* this article of faith.

*Choose* one of these activities, or create your own:

- Cut out the quilt on page 41. In the empty squares draw your own quilt squares to represent faith in Jesus Christ, repentance, baptism, and the laying on of hands for the gift of the Holy Ghost.
- Help someone else memorize the fourth article of faith.
- Keep your promises like Heavenly Father keeps His promises to you.
- Go to a baptism of a friend or a new convert to the Church.
- During the sacrament think of how Jesus loves you and made it possible for you to repent, be forgiven, and return to live with Him and Heavenly Father again.

How does what you have done help you understand the fourth article of faith?

*Write* in your journal or draw a picture about what you have done. ◆



We believe that

first, Faith in the  
Lord Jesus Christ;

second, Repentance;

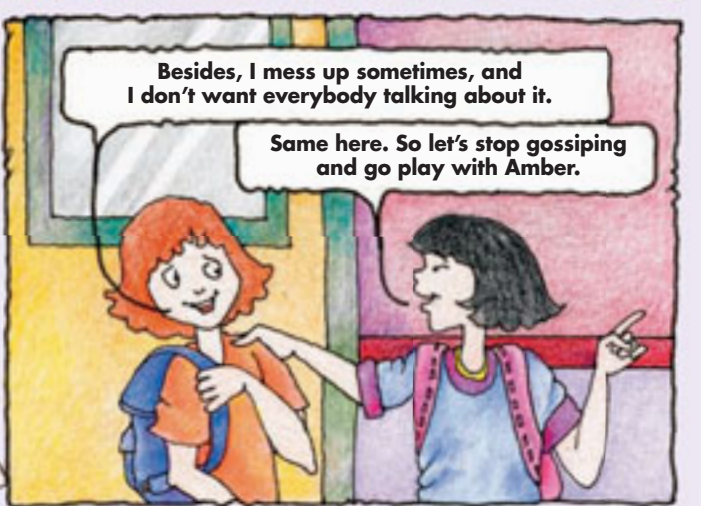
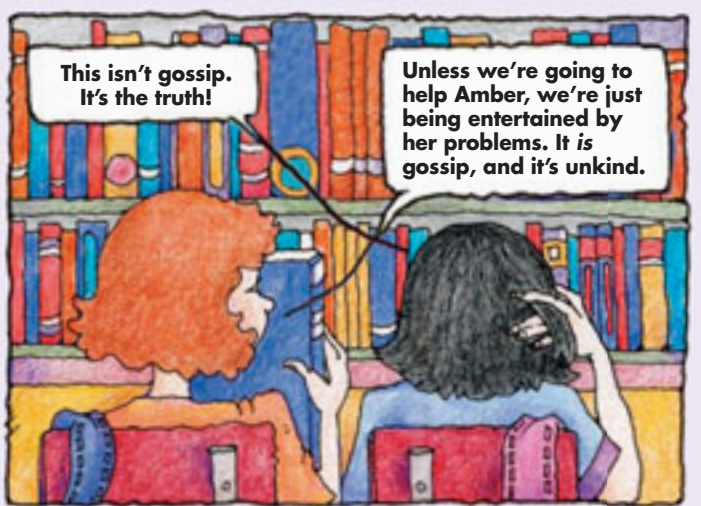
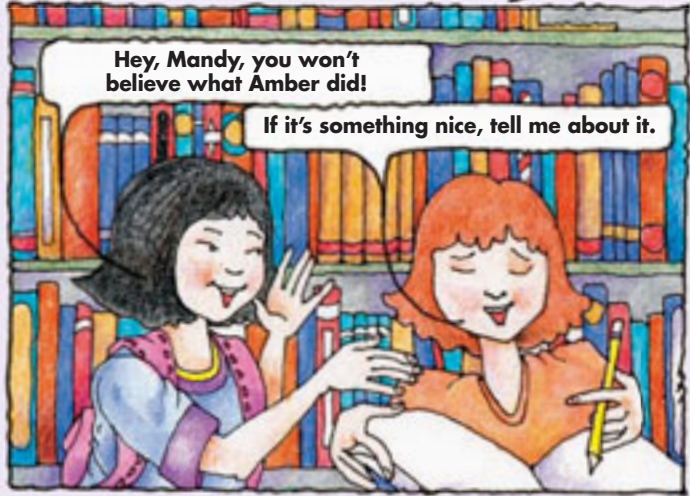
third, Baptism by immersion  
for the remission of sins;

fourth, Laying on of hands  
for the gift of the Holy Ghost.

the Gospel are:

the first principles

and ordinances of

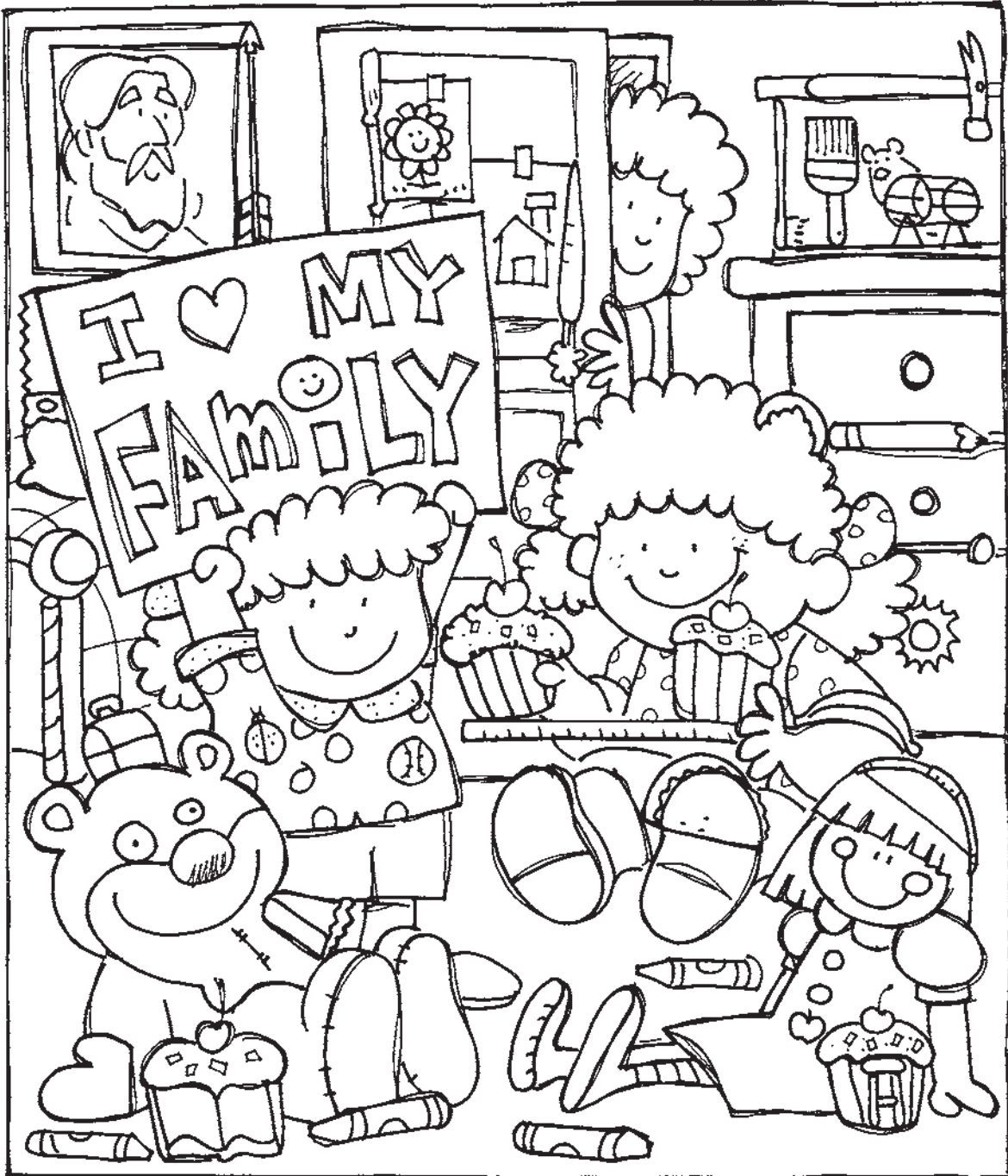




# I Love My Family

By Val Chadwick Bagley

We can show we love members of our family by doing nice things for them. Look at this picture and see if you can find an apple, arrow, banana, baseball, bow, carrot, drinking straw, hammer, hot dog, ladybug, lunch box, mitten, moon, nail, open book, paintbrush, pencil, pickle, pie slice, ruler, saw, screwdriver, stool, sun, taco, toothbrush, and watermelon rind. Then color the picture.



# ABC

## JESUS LOVES ME

**By Megan Withers Roxas**

(Based on a true story)

*I am encircled about eternally in the arms of his love*  
(2 Nephi 1:15).

**M**iss Walker stood at the front of the classroom beneath a big alphabet poster. “Good morning, class,” she said. “Welcome to kindergarten. We are going to learn so many great things this year! Let’s start by learning how to write the letters A, B, and C.”

The assignment wasn’t easy. I turned to Heather, the girl sitting next to me. “This is so hard,” I said.

Heather looked up and nodded. “It is hard,” she said. “But my teacher at church told me I can ask God for help when things are hard, and He will help me.”

“Church?” I asked.

“Yes,” she said. “I love church. I go every Sunday with my family.”

Heather told me about some of the things she learned at church. She even taught me a song called

“Jesus Loves Me.” I loved singing it.

My parents had taught me about Jesus Christ, but my family had never been to church. I wondered why we didn’t go to church like Heather.

On Sunday morning, I woke up and ran into my parents’ room. I jumped on their bed and said happily, “Good morning!”

“Good morning,” Mom and Dad said together.

I decided I should tell my parents what had been on my mind all week.

Rolling over, I looked at Mom. “Why don’t we go to church?”

Mom’s eyes widened. My question surprised her. She was quiet for a few seconds and then said, “Would you like to go to church?”

“Yes, I would!” I said.

“OK. We will go next week,” she promised.

I was so excited that I would be able to go to church like Heather. The next week went by quickly as I





counted down the days until Sunday.

When Sunday arrived, I woke up early and put on my white dress with pink flowers and big, puffy sleeves. I only wore it for very special occasions.

In the car I asked, "What church are we going to?"

"The church near our house," Dad said. "It's called The Church of Jesus Christ of Latter-day Saints."

After arriving at the church, we walked into the chapel. Instantly I knew that there was something special about the place. It wasn't like anyplace I had ever been before.

I learned many new things in Primary. There was so much to remember. I began to feel overwhelmed, just as I had when I learned to write the letters A, B, and C.

My Primary teacher, Sister Anderson, realized how I felt. She gave me a big hug and said, "You have learned a lot today, but for now, all you need to remember is that Jesus loves you."

Immediately the song that Heather had taught me

came to my mind. I felt peace again, and I knew that it was true.

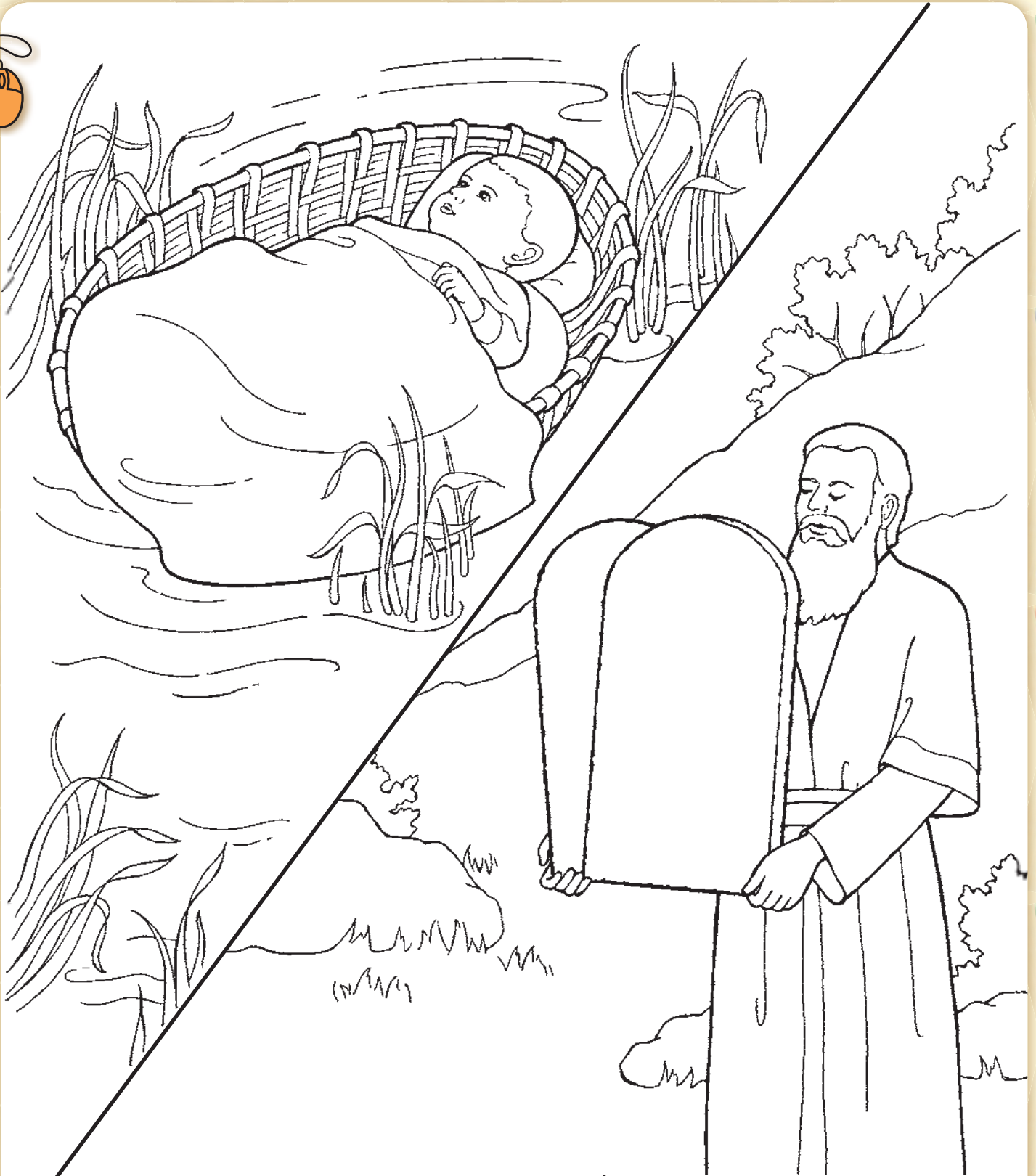
After church, I asked my parents if we could go again next week. They had felt the Spirit strongly too and agreed. After my family and I learned more about Jesus Christ, we were baptized. We have attended church every Sunday since then.

Of all the things I learned that year, the greatest lesson was that Jesus loves me. I am so grateful that Heavenly Father gave me a special friend, Heather, to teach me that church is a place where I can learn about God. And just as I will never forget my ABCs, I will never forget that Jesus loves me. ♦

**"Each of us is precious to our Elder Brother, even the Lord Jesus Christ. He truly loves us."<sup>3</sup>**

President Thomas S. Monson





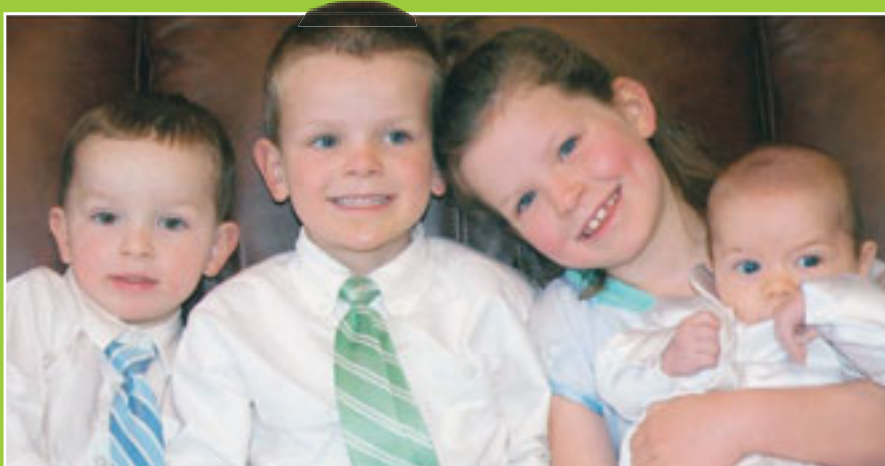
**Moses Becomes a Prophet**

*She took for him an ark of bulrushes, . . . and put the child therein (Exodus 2:3).  
I will give thee tables of stone, and a law, and commandments which I have written;  
that thou mayest teach them (Exodus 24:12).*

# Friends in the News



**Corey J.**, 11, Arkansas, likes to play basketball, baseball, and video games. He is kind to his three brothers and friendly to others. His favorite part of the *Friend* is Friends in the News.



**Almary, Ryan, and Bryce I.**, 7, 5, and 3, Utah, like helping each other and their baby brother, Tyler, who has heart problems. They know that being a family means taking care of one another and being each other's best friends. They love reading the *Friend* and learning how to be more like Jesus.



**Kylie A.**, 6, Washington, likes to sing, dance, and play soccer. She enjoys reading, writing in her journal, and bearing her testimony at home. She is a big help to her mom.



**Susannah S.**, 8, Queensland, Australia, was recently baptized and bore her testimony at church. She likes Primary and the Faith in God program. Susie reads the Book of Mormon regularly. She saves money to send to her brother who is serving a mission. She enjoys reading, swimming, dancing, and watching movies.



**North Las Vegas Nevada Stake**  
The Primary children of the North Las Vegas Nevada Stake had a special picnic and learned about Primary children around the world.



**Brayden J.**, 8, Colorado, is the youngest of five children. He enjoys reading the Book of Mormon and watching videos about Book of Mormon stories. He likes to play outside and go on adventures. He has two nephews whom he loves very much.

**Would you like to be a friend in the news? Turn to page 48 to find out how.**

**Five Oaks Ward**  
The Primary children of the Five Oaks Ward, Cedar Mill Oregon Stake, made puppets of themselves and learned that they are each a son or daughter of Heavenly Father.





## Possible Ideas for Family Home Evening

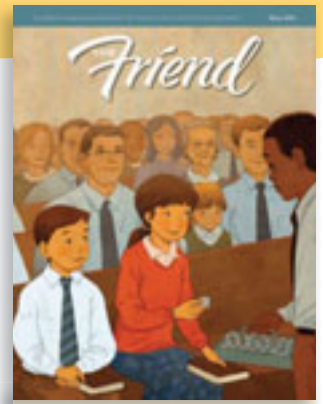
1. Read “The Note” (pages 4–5). Think about how much better Hannah would have felt if her note had said something nice about Maura. Invite family members to write nice notes to each other. You could keep your notes in your journal.

2. Read “Modest at Any Age” (pages 8–9) and go through the Modesty Checklist on page 10. Sing the Primary song “Head, Shoulders, Knees, and Toes” (*Children’s Songbook*, 275) and do the actions. Make sure your clothes remain modest as you move around.

3. Read the poem “My Mother’s Hands” (page 16). Trace the outline of your hands and draw pictures inside of ways that you help your family. Talk about your drawings and how you can help make your home a happy place.

4. Read “Bringing the Book of Mormon to Life” (pages 18–20). There are lots of ways to bring the Book of Mormon to life! Make sock or paper-bag puppets and put on a puppet show. Or dress up and act out the stories. Don’t forget to use the scriptures!

5. Read “A, B, C, Jesus Loves Me” (pages 44–45). Discuss things the Savior has done to show how much He loves us. Think of ways to show the Savior that you love Him. Set a goal to do these things as a family.



### Topical Index to this Issue of the *Friend*

(FLF) = For Little Friends  
(f) = Funstuff  
(IFC) = inside front cover  
(v) = verse

Book of Mormon 18  
Book Reviews 36  
Choose the Right 8, 10, 11, 12, 14, 30, 42  
Church History 6  
Faith 21, 28  
Family 12, 16 (v), 22, 28, 30, 43 (f)  
Forgiveness 4  
Gossip 4, 42  
Heavenly Father 21, 28, 30  
Jesus Christ 14, 26 (f), 30, 32 (FLF), 44, 49  
Journals 12, 40  
Love and Kindness 12, 16 (v), 17 (f), 30, 42, 43 (f), 44  
Missionary Work 26 (f), 44  
Modesty 8, 10  
Music 32 (FLF)  
My Gospel Standards 2, 8, 10, 11, 16 (v), 21, 27, 30  
Old Testament 14, 46  
Prayer 21, 28  
Prophets 2, 17 (f), 29, 46  
Quorum of the Seventy 21  
Quorum of the Twelve Apostles 5, 11  
Reverence 11  
Sacrament 11  
Scriptures 14, 18, 21, 26 (f), 27, 46, 49  
Service 12, 16 (v), 22, 30, 32 (FLF)  
Talents 18, 38, 32 (FLF)  
Temple Square 6  
Thankfulness 16 (v), 34 (FLF)  
Web Site IFC, 18, 24

### Sidebar References

1. “The Tongue of Angels,” *Ensign*, May 2007, 17.
2. In Conference Report, Apr. 1969, 153.
3. “Patience, a Heavenly Virtue,” *Ensign*, Sept. 2002, 5.

### Funstuff Answers

Page 26:



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The following information and permission must be included:

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Children whose work is submitted should be at least three years old.

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity.

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**“He entered into a certain village: and a certain woman named Martha received him into her house. And she had a sister called Mary, which also sat at Jesus’ feet, and heard his word” (Luke 10:38–39).**

What's online this month?



friend.lds.org

## For Children



**VIDEO** Watch a video that shows more of Kennedy and Keiton's trip to the Assembly Hall by clicking on **A Year on Temple Square** at friend.lds.org.

### GAMES

Play a new game or revisit one of your favorites by clicking on **Play Games** at friend.lds.org.



## For Parents



**FAMILY HISTORY** Teach your children about family history and search together for ancestors at familysearch.org.

### CHURCH VIDEOS

Download and watch Church videos with your family at lds.org/videos.



## For Teachers and Leaders



**FOR NEW PRIMARY PRESIDENTS** Get help with your new calling at lds.org/pa. Click on **Primary**, then **Leadership Responsibilities**, and then on **Primary President Orientation and Training**.

### TEACHING CHILDREN WITH DISABILITIES

If your Primary class includes children with autism, ADHD, hearing or visual impairment, or other disabilities, you can find teaching tips at lds.org/pa.

Click on **Primary**, then on **Teaching All Children, Including Those with Disabilities**, and then on **Helps for Specific Disabilities**.



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