Do you ever wonder what your grandparents did when they were your age? They have many stories to share. All you need to do is ask! When they tell you about an experience, you can write it down so others can read it. Here’s how to get started.

1. Schedule a time to visit a grandparent, either in person or by phone. Or you can interview a parent.

2. Make a list of questions to ask. Here are some possible questions:
   - What did you do in your free time?
   - What books did you like to read?
   - Who was your best friend?
   - What were your brothers and sisters like?
   - What games did you play?
   - What chores did you do?
   - What was your favorite subject in school? Who was your favorite teacher? Why?
   - What was your first day of school like?
   - What was your baptism day like?
   - What was Primary like?
   - What were your parents like?
   - What do you remember about your grandparents?

3. When you visit, take a pencil or pen and a notepad to write down what your grandparent says. If possible, take a voice recorder, a video camera, or a digital camera. Remember to write down or record the full name of the person you interview, your name, and the date of the interview.

4. Write or type all the answers and put them in a book so you can read them often. You can also add pictures to your book. Share the stories with other family members. You will have a treasure you can keep forever.