



King Benjamin's People

REPENT

From Mosiah 2:1; 4; 5; 6:1-3.

By Diane L. Mangum

The families of Zarahemla were crowded around the tower where King Benjamin stood. The king had called them together to speak to them. He taught them about Jesus Christ. He told them they could not be **saved** unless they repented of their sins.

Being saved means being resurrected and, because of the Atonement, not having to be punished for our sins.

one another. He taught the parents that they should care for their children and teach them to obey God's laws. They should not let their children fight and quarrel but should teach them to love and serve each other. The people should share what they have with the poor, visit the sick, and help those who need help. King Benjamin explained that there are many ways to commit sin, so it is important that we be careful about what we think and do.

When he finished teaching, King Benjamin asked the people if they believed his words.

They all cried out that they did believe. They knew his words were true because the Spirit of the Lord had changed their hearts. They no longer wanted to do evil, but only good.

The men and women knew they had sinned. They fell to the ground in fear and cried out to God to forgive them. The Spirit of the Lord came upon them, and they were filled with joy and peace.

Then King Benjamin began to teach them again. He wanted to tell them more about the plan of salvation and the things that would bring them joy.

He told them to live peacefully and to not hurt



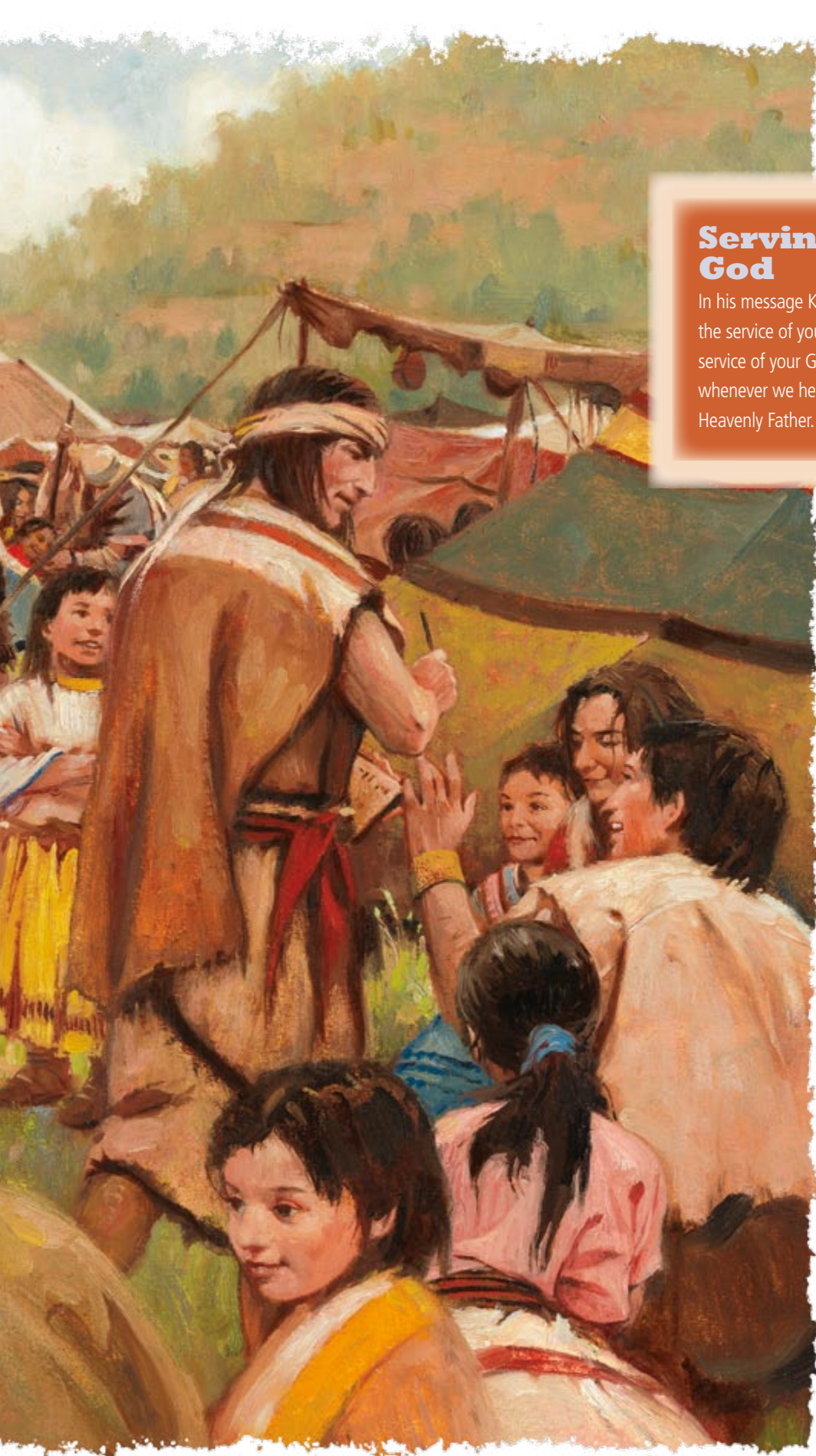
Covenant

A covenant is a two-way promise.

When we are baptized, we make a covenant to follow Jesus Christ and obey His commandments.

Heavenly Father promises that if we do this we can always have His Spirit with us.





Serving God

In his message King Benjamin said, “When ye are in the service of your fellow beings ye are only in the service of your God” (Mosiah 2:17). He meant that whenever we help someone, we are actually serving Heavenly Father.

The people of Zarahemla wanted to make a covenant with God. They promised to be righteous and obedient all of their lives.

King Benjamin told them that because of this covenant they would be called the children of Christ. If they honored their covenants, they would be saved and have

Eternal life means living in the celestial kingdom with Heavenly Father and Jesus Christ.

eternal life.

Before the people returned to their homes, the names were written down of each person who made a covenant with God. Every person there who was old enough took on the name of Christ and promised to do His will. King Benjamin called teachers and priests to help the people learn more about God and remember the promises they had made. ♦