



FATHER'S DAY ACTIVITIES

Remember to ask an adult for help when you make a Kitchen Crafts recipe.

Dinner-for-Dad Meatball Sandwiches

1/2 cup whole-wheat bread crumbs
 1/2 teaspoon salt
 1/4 teaspoon pepper
 1/4 cup onion, finely chopped
 1 egg
 1/2 teaspoon Worcestershire sauce
 1 tablespoon milk
 1¼ pounds (.5 kg) ground beef
 dinner rolls
 marinara sauce

1. Wash your hands with soap and water. Preheat oven to 350°F (177°C).
 2. In a large bowl, combine the first seven ingredients. Mix well.
 3. Add ground beef. Use your hands to combine the mixture.
 4. Form meatballs that are one inch wide. Place them on a greased pan so they do not touch.
 5. Bake for 25–30 minutes. Remove from oven and let cool for 5 minutes.
 6. Place meatballs on sliced dinner rolls and top with marinara sauce.
- (Recipe makes approximately 12 meatballs.)



Nifty Napkin Rings

Your dad may need plenty of napkins so he doesn't get messy eating his meatball sandwich.



- To make a special napkin ring, take a cardboard tube from an empty paper towel roll. Have an adult help you cut off a ring 1½ inches tall.
- Cut a length of yarn in your dad's favorite color.
- Tape or glue one end of the yarn to the inside of the cardboard ring.
- Wrap the yarn around the outside of the ring in vertical rows. Try changing colors or threading beads onto the yarn for different looks. You may need to tape or glue the yarn to the inside of the ring in a few places to make sure it stays in place. Continue wrapping until the outside of the ring is covered.
- Trim the end of yarn and tape or glue it to the inside of the ring.
- Finally, slip a napkin through the middle and give it to your dad with his yummy dinner!