

THE Friend



**Book of
Mormon
Reading
Chart**

See pages 24–25



Sharing the *Friend* with a Friend



I was reading the May 2011 *Friend* when a friend came over to my house. I gave her the May 2011 issue and two others. When she left, a warm feeling came to me. I'm glad I could help share the gospel with her. The *Friend* helps me do missionary work.

Emily P., age 7, Georgia

Thanks for "Crash and Tell"



Thank you for the *Friend*. I enjoy reading it each month. I like trying to find the CTR ring before my brother does. The comics are fun to read as well. My favorite article in the June 2011 issue is "Crash and Tell." It gave me a lot of great information about how to stay safe on the computer. Thank you for the good work!

Nick C., age 11, Washington

Never Give Up



I love the *Friend*! It is fun and interesting. I read it every morning when I eat breakfast. I like to look for the CTR ring while I read the stories. My favorite story is "All the Way to Chicago" in the April 2011 *Friend*. It taught me that even

if something is far away, I shouldn't give up. Thank you for publishing the *Friend*.

Jessica A., age 9, Utah

How I Read the *Friend*



Cai reads the *Friend* when he takes stroller rides.

Cai C., age 3, Virginia

Dear Friends,

It's fun to think about what a new year will hold—a special birthday, a baptism, or a new friend. We've planned some new things for you in the *Friend* this year:

- * A special section of stories and activities for our 9-11-year-old readers. Look on pages 44-47.
- * An easy-to-play Primary song in each issue. Look on page 7.

Let us know how you like our new features.

Happy New Year!

The *Friend*

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

Volume 42 Number 1
January 2012

The First Presidency:

Thomas S. Monson, Henry B. Eyring,
Dieter F. Uchtdorf

The Quorum of the Twelve Apostles:

Boyd K. Packer, L. Tom Perry, Russell M. Nelson,
Dallin H. Oaks, M. Russell Ballard, Richard G. Scott,
Robert D. Hales, Jeffrey R. Holland, David A. Bednar,
Quentin L. Cook, D. Todd Christofferson,
Neil L. Andersen

Editor: Paul B. Pieper

Advisers: Keith R. Edwards, Christoffel Golden Jr.,
Per G. Malm

Managing Director: David L. Frischknecht

Evaluation, Planning, and Editorial Director:
Vincent A. Vaughn

Graphics Director: Allan R. Loyborg

Managing Editor: Jan Pinborough

Senior Editors: Jennifer Maddy, Chad E. Phares

Assistant Editor: Marissa Widdison

Editorial Intern: Lauren Mortenson

Editorial Staff: Susan Barrett, Ryan Carr,
Jennifer L. Greenwood, R. Val Johnson, Adam C. Olson

Administrative Assistant: Carrie Kasten

Managing Art Director: J. Scott Knudsen

Art Director: Mark W. Robison

Senior Designers: Thomas Child, Brad Teare

Designer: Kerry Lynn C. Herrin

Design and Production Staff:
Collette Nebeker Aune, Eric Johnsen, Scott M. Mooy,
Jane Ann Peters, Scott Van Kampen

Prepress: Joshua Dennis

Printing Director: Craig K. Sedgwick

Distribution Director: Evan Larsen

© 2011 by Intellectual Reserve, Inc.

All rights reserved. The *Friend* (ISSN 0009-4102) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple St., Salt Lake City, Utah 84150-0024, United States of America. Periodicals Postage Paid at Salt Lake City, Utah.

To subscribe: By phone: Call 1-800-537-5971 to order using Visa, MasterCard, Discover Card, or American Express.

Online: Go to store.lds.org.

By mail: Send \$8 U.S. check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368.

To change address: Send old and new address information to Distribution Services at the above address, or change the address by phone at the number listed above. Please allow 60 days for changes to take effect.

Submit manuscripts or art to:

Friend Editorial, 50 E. North Temple St. Rm. 2432, Salt Lake City, UT 84150-0024, United States of America. Unsolicited material is welcome, but no responsibility is assumed. For return, include self-addressed, stamped envelope. Children's submissions will not be returned. E-mail: friend@ldschurch.org.

The *Friend* can be found on the Internet at lds.org/friend.

Text and visual material in the *Friend* may be copied for incidental, noncommercial Church or home use. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple St., Salt Lake City, UT 84150, United States of America; e-mail: cor-intellectualproperty@ldschurch.org.

POSTMASTER: Send address changes to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

Canada Post Information: Publication Agreement #40017431.

THE *Friend*

See the
Guide to the *Friend*
on page 48 for
family home
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

Stories and Features

- IFC Friends by Mail
- 2 Come Listen to a Prophet's Voice: Going on an Errand for the Lord / President Thomas S. Monson
- 4 Fiction or Nonfiction?
- 6 Bright Idea
- 8 Trust and the Truth
- 10 Friend to Friend: He Is There / Sister Rosemary M. Wixom
- 12 Bulletin Board
- 14 Stories of Jesus: The Book of Mormon Teaches of Jesus Christ
- 16 Chocolate Cake
- 18 Making Friends across the Pacific
- 20 Stones, Arrows, and Snowballs
- 23 Friends in the News
- 24 Book of Mormon Feast Reading Chart
- 28 Remembering to Pray
- 30 Trying to Be Like Jesus
- 36 Helping Like Jesus
- 38 Our Creative Friends
- 40 Bringing Primary Home: Agency Is the Gift to Choose for Ourselves
- 42 Matt and Mandy
- 48 Guide to the *Friend*
- 49 Conference News

For Little Friends

- 32 The Right Dress
- 34 I Can Be a Missionary Now!

For Older Kids

- 44 Beeline to the Truth
- 46 What Is Repentance?
- 47 Special Witness: Elder M. Russell Ballard

Music

- 7 As a Child of God

Things to Make and Do

- 11 Funstuf: Word Scramble
- 19 Kitchen Crafts: CTR Pretzels
- 22 Coloring Page
- 27 Funstuf: Pinewood Derby Hidden Pictures
- 43 Funstuf: Studying the Scriptures



Learn to play
the Primary
song "As a
Child of God"
on page 7.



Hidden CTR Ring

Clue:
Can you be trusted?

Cover by Jennifer Tolman



Going on an Errand for the Lord

By President Thomas S. Monson

Our Lord and Savior said, “Come, follow me” (Luke 18:22). When we accept His invitation and walk in His footsteps, He will direct our paths.

In April of 2000, I received a phone call from Rosa Salas Gifford, whom I did not know. Her father, Bernardo Augusto Salas, had liver cancer. Her father’s great desire, she explained, was to meet me before he died.

I felt impressed that I should visit Brother Salas that very evening. I drove past the location where the road to the house should have been. I could see nothing. However, I don’t give up easily. I drove around the block and came back. Still nothing. One more time I tried and still no sign of the road. I offered a silent prayer for help. The inspiration came that I should approach the area from the opposite direction. I turned the car around so that I was now on the other side of the road. As I neared the location once again, I could see a street sign lying on its side at the edge of the road and a weed-covered track leading to a single, tiny residence. As I drove toward it, a small girl in a white dress waved to me, and I knew that I had found the family.

I was ushered into the room where Brother Salas

lay. With some prompting, Brother Salas opened his eyes, and a wan smile graced his lips as I took him by the hand. I spoke the words, “I have come to meet you.” Tears welled up in his eyes and in mine.

I proceeded to provide a priesthood blessing. The words seemed to flow freely under the direction of the Spirit of the Lord. Following the blessing, I offered a few words of comfort to the grieving family members. With my limited Spanish language ability, I let them know that I loved them and that our Heavenly Father would bless them.

As I drove homeward, I reflected on the special spirit we had felt. I experienced a sense of gratitude that my Heavenly Father had answered another person’s prayer through me. May we ever be on the Lord’s errand, that we might ever be entitled to the Lord’s help. ♦

From an April 2007 general conference address.



A Prophet's Errands

Look at the pictures below to see some of the many errands President Monson has done for the Lord:



Dedicating temples



Serving his family



Being a mission president



Traveling to meet Church members in many countries



Visiting people in nursing homes

Be an Answer

Often when someone prays for help, the Lord inspires someone else to help answer that prayer. Look at the pictures of people who need help. Think of a way you or your family could go on an errand for the Lord to help them.



Fiction or Nonfiction?

By Jennifer Ricks
(Based on a true story)

Jennifer wanted to find out for herself if the Book of Mormon is really true.



ILLUSTRATION BY MARK ROBISON

The Book of Mormon is my favorite book.



Mine too!

And by the power of the Holy Ghost ye may know the truth of all things (Moroni 10:5).

Usually Jennifer loved library time at school, but today she was confused about something the librarian said. Mrs. Miller said that books like biographies and science books are nonfiction, while adventure stories and fairy tales are fiction. Jennifer had never thought about the difference between fiction and nonfiction.

“But shouldn’t writing something that isn’t true be illegal?” Jennifer’s classmate Adam asked.

Mrs. Miller smiled. “No, Adam. We have lots of books that aren’t true that we all love—like all your favorite novels and storybooks.”

After school, Jennifer was still puzzled. She knew that a lot of the stories and fairy tales she loved were make-believe, but it was still fun to pretend they were real. As Jennifer thought about fiction and nonfiction books, she wondered where the Book of Mormon would be shelved. Was it really true, or was it just a nice story that was fun to believe was true?

Jennifer thought a lot about the Book of Mormon over the next several days. She spent a lot of time reading it too. If people could invent enough stories to fill up the large fiction section of the library, was it also possible that someone could have made up the Book of Mormon? Jennifer

wasn’t sure how she ever would know the truth.

When Sunday came, Jennifer was still worried about whether or not the Book of Mormon was a true book. She was worried that she was even asking the question. Everyone else at church seemed to know the Book of Mormon was true. How could they feel so certain when she felt so unsure?

During the sacrament, Jennifer said a silent prayer. It felt good to pray. Jennifer felt warm inside. She felt like Heavenly Father was telling her it was OK that she wanted to know about what was true.

As Jennifer took the sacrament, she started thinking about her baptism. She thought about how happy she had felt. She thought about how taking the sacrament renewed her promise to Heavenly Father to keep His commandments. She thought about how the feelings in her heart let her know that Jesus lives, even though she had never seen Him.

Then Jennifer began thinking about the Prophet Joseph Smith, and she had that same warm, peaceful feeling. It was the same way she felt as she read the Book of Mormon. She knew that Heavenly Father was telling her through the Holy Ghost that the Book of Mormon was true and that Joseph Smith was a prophet.

Sacrament meeting went on as usual that day, but Jennifer felt different. She felt grateful that Heavenly Father was willing to answer her questions, and that she knew for herself that the Book of Mormon was true. ♦

“Gaining a testimony and becoming converted begins with study and prayer, then living the gospel with patience and persistence and inviting and waiting upon the Spirit.”¹

Elder Robert D. Hales of the Quorum of the Twelve Apostles



“Take my hand. HOLD ON TIGHT.”

We will stay
on the path
together back
to our
Heavenly Father.”

—Rosemary M. Wixom
Primary general president

*From “Stay on the Path,”
Ensign, Nov. 2010, 9.*

I Can
PLAY
It!

As a Child of God

Happily ♩ = 96-112

(Simplified)

Words and music by Janice Kapp Perry

2 1 4

1. I came to earth with pow - er to choose. Good
2. I feel so safe and hap - py be - cause Such
3. In my own home I'll hap - pi - ly serve. I'll

5

5 3 2 2

choic - es bless me and my fam - i - ly too.
feel - ings of peace come from fam - i - ly love. As a
strength - en my fam - i - ly by my good works.

3 1

4 2

child of God, I re - ceive spe - cial light: The

1

Ho - ly Ghost helps me to know what is right.

Copyright © 2006 by Janice Kapp Perry. All rights reserved.
This song may be copied for incidental, noncommercial home and church use.
This notice must be included on each copy made.



Practice tip: To warm up, practice playing these notes.
Don't forget the B-flat!

You can listen to this song at [lds.org/friend](https://www.lds.org/friend).

G	A	B ^b	C	D
1	2	3	4	5

Trust and

By Karen Dupaix
(Based on a true story)

They were perfectly honest and upright in all things
(Alma 27:27).

Stephen, will you come here, please?" Stephen's mother called from the living room.

"Sure, Mom," Stephen said. He put down the video game controller. "I'll be right back, Josh," he said to his little brother.

In the living room, Stephen was surprised to see a police officer talking to Mom. What surprised him even more was that the police officer was holding the blue bike Stephen had gotten for Christmas last year!

"Is this your bike, Son?" the officer asked.

"It looks like mine," Stephen said. "I think I left it down at the end of the block."

"That's where I found it," the officer said. "Someone started a fire near where your bike was, and some neighbors said they saw you playing in that area. Would you mind telling me what you were doing there? Were you playing with fire?"

"No," Stephen said. "I rode my bike there to play with my friends. We played tag for a while, and then some older boys came around. They looked kind of mean, so we left. I must have left my bike there. Then I came home and played video games with my brother. I didn't start any fires."



the Truth



The officer folded his arms and looked stern. Stephen felt his cheeks getting hot. What if the police officer didn't believe him?

The officer turned to Stephen's mother. "Does Stephen tell the truth?" he asked.

"Stephen has never lied to me," Mom said. "If he says he didn't start the fire, he didn't start it."

The police officer asked a few more questions and then thanked Mom and Stephen for talking to him. Before he left, he told Stephen to take better care of his bike.

A few hours later, Stephen and his mother learned that the police officer found the older boys Stephen had seen, and they admitted to starting the fire.

Stephen had told the truth. But what if the officer didn't believe him?

"I'm glad you believed me when I said I didn't start the fire," Stephen told Mom.

"I knew you didn't do it," Mom said. "You have always told me the truth, even when it might get you in trouble. I always know I can trust you."

Stephen smiled and gave his mom a hug. It felt good to be trusted. It was a feeling he always wanted to have. ♦





He Is There

From an interview with Sister Rosemary M. Wixom, Primary general president; by Annie Beer

We did pour out our souls in prayer to God, that he would strengthen us (Alma 58:10).

When one of our sons was 11 years old, he woke up with a bad headache. At first I thought he was just delaying going to school, but I quickly realized he had a high fever. I took him to the doctor, and soon we were rushing to the hospital. There he was diagnosed with spinal meningitis, a serious illness.

As his condition became more severe, he began having seizures. The doctor asked me to step out of the room. As I walked into the hall, I was afraid and began to cry. A woman I did not know put her arms around me. I prayed out loud that Heavenly Father would help my son and that all would be well. I remember feeling that all *would* be well.

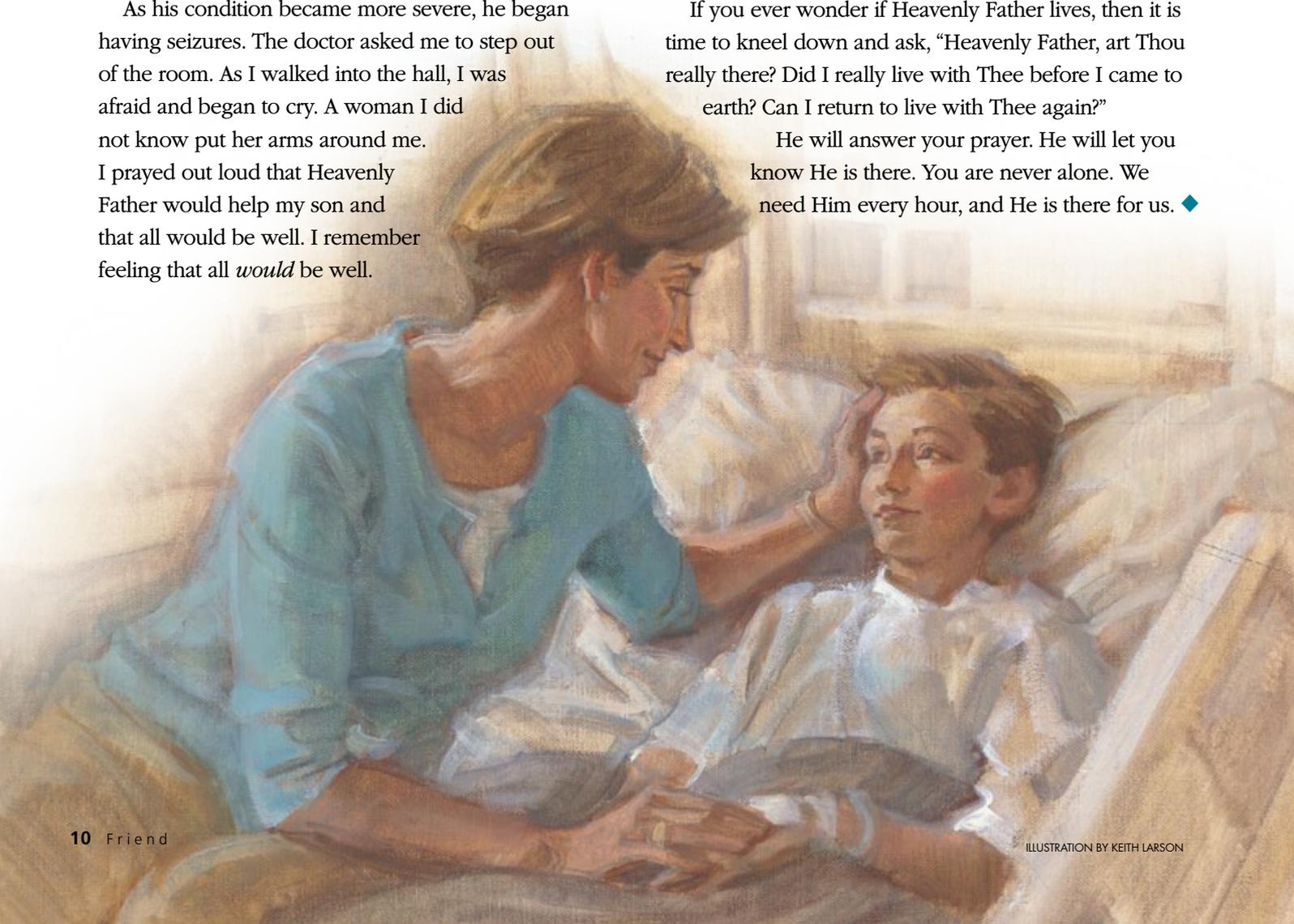
My son had surgery and many weeks of recovery. Today he is healthy, married, and a father of two beautiful girls. This experience was such an example to me of the power of prayer.

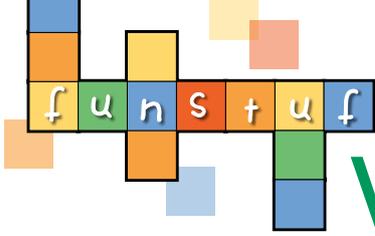
There is a Primary song titled “A Child’s Prayer.” It asks the question, “Heavenly Father, are you really there? And do you hear and answer ev’ry child’s prayer?” (*Children’s Songbook*, 12).

And the answer is definite: yes, He does.

If you ever wonder if Heavenly Father lives, then it is time to kneel down and ask, “Heavenly Father, art Thou really there? Did I really live with Thee before I came to earth? Can I return to live with Thee again?”

He will answer your prayer. He will let you know He is there. You are never alone. We need Him every hour, and He is there for us. ♦





Word Scramble

Read the sentences below. Then unscramble the letters to find words that match the sentences. A few letters are already in place. The first one is done for you. Find the answers on page 48.

1. You can do this in a number of ways, including helping a neighbor clean up a yard after a storm.

TREES SHOVER

S E R V E O T H E R S

2. If we follow this commandment, we will be blessed in this life and for eternity.

ONTO HEAVEN ROLE

L _ _ _ _ N _ _ _ O _ _ _ _

3. When you see people doing this, you should repeat what they do.

ECHO OTHER SIGHT

C _ _ _ _ _ E _ _ G _ _

4. After writing in your journal, give your hand a rest and do this instead.

TIRED FREEHAND

R _ _ _ T _ _ F _ _ _ _

5. You might be different, but that is what makes you this.

AYE SO PECULIAR

Y _ _ _ R _ _ P _ _ _ _

6. This is a time during which you can prove to people that brothers and sisters really can get along.

FAILING MYTH

F _ _ _ _ Y _ _ _ _ T

7. Reading these will help you learn what is right.

PRECISE TRUTHS

T _ _ _ _ I _ _ _ _ S

8. Even when things seem confusing, having this can bring you peace.

SANITY TO ME

A _ _ _ T _ _ _ _

9. Instead of yelling at your siblings, they will know you love them if you do this instead.

SPARED KIDS KNOW

S _ _ _ _ _ N _ W _ _ _ _

10. Doing this daily can help you build a solid understanding in your mind of the things ancient prophets did.

STURDY PICTURES

S _ _ _ _ T _ _ _ _ U _ _

Bulletin Board

Journal Junction

Each month this year you can write a little bit of your own history in your journal. This month, write about your birth.

When is your birthday? What city were you born in? Were you born in a hospital, a house, or another place? Was it day or night?

You can ask your parents if you don't know, and you can write down other details they remember about your special day.

HEALTHY & HAPPY

By Jane H. Lassetter

Heavenly Father wants you to take care of the wonderful body He has blessed you with.

This activity can help you know if you are eating foods to help you stay healthy.

1. Trace a dinner plate onto paper and think about your favorite meal.
2. In the outline of the plate draw your favorite meal using colored pencils, markers, or crayons. Color the foods their real colors.
3. Look at your drawing. Are there colorful fruits and vegetables in it? If there are, that's good! If your drawing isn't colorful, you probably don't have the fruits and vegetables you need. Ask your parents to help you find healthy foods you enjoy eating. Try to eat colorful, healthy meals every day.

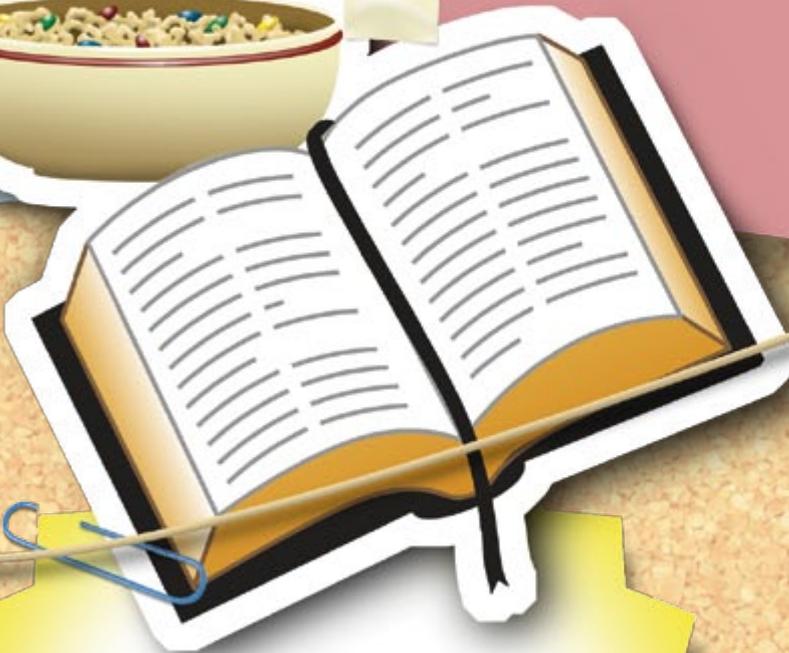


Scripture Trail Mix

By Janice Goimarac

Look up the scriptures to find out what you need to make your own trail mix. Remember to have a parent help you when using the stove. (Find the answers at the bottom of the page.)

- In a pan on low heat, melt 2 tablespoons of the first word in Isaiah 7:15. Stir in 2 tablespoons of Proverbs 24:13.
- Add:
 - 1 cup Exodus 25:33.
 - 1 cup Genesis 43:11 (third word from end).
 - ¼ cup 1 Nephi 8:1.
- Stir constantly to avoid burning. Remove mix from heat when fragrant, about 6–8 minutes. Pour into bowl and let cool.
- Break apart mixture and stir in 1 cup of 1 Samuel 30:12 (second item listed). Keep in a covered container.



5 Ways to Make 2012 Great!

- Meet new children at school or in Primary.
- Read the scriptures every day.
- Serve someone at least once a week.
- Get moving! Walk, run, dance, jump, or be active.
- Tell your family you love them.

Trail Mix Ingredients: butter, honey, almonds, nuts (any kind), seeds (any kind), raisins.



The Book of Mormon Teaches of Jesus Christ

By Diane L. Mangum

The **Old Testament** tells us about Jesus Christ before He came to live on earth. He was called Jehovah. The Old Testament tells about people who followed Jehovah.

The **New Testament** is the book of scripture that tells us about Jesus's life on earth. His disciples wrote about His life and His teachings.

The voice of Jesus Christ came into Enos's mind when he prayed.



The brother of Jared saw Jesus Christ.



The **Book of Mormon** also teaches about Jesus Christ and people who followed Him.

The Book of Mormon begins in Jerusalem during the time of the Old Testament, about 600 years before Jesus was born. It tells how the prophet Lehi and his family left Jerusalem and were led to a promised land, far across the ocean in the New World.

Prophets in the Book of Mormon taught that Jesus would come to

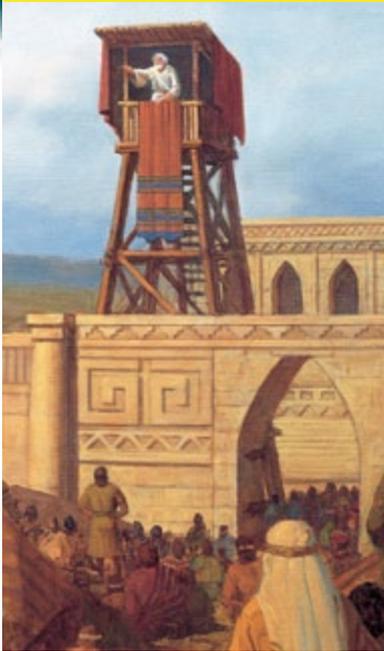
earth. They also taught that repenting and following Jesus Christ would bring happiness.

After Jesus was crucified and resurrected in Jerusalem, He visited the New World to teach the people. He taught about baptism, the sacrament, and how to love others. He organized a church with twelve Apostles. He gathered



Lehi saw Jesus Christ in a dream or vision.

King Benjamin taught the people about the Atonement of Jesus.



the children and blessed them, just as He had in the New Testament.

Like the prophets in the Bible, Book of Mormon prophets shared their testimonies of Jesus Christ.

The last prophet in the Book of Mormon was Moroni, who lived about 400 years after Jesus visited the New World. Before he died,

Moroni wrote that everyone who reads the Book of Mormon can know that it is true if he or she prays in faith. Moroni invited everyone to “come unto Christ” (Moroni 10:32).

Children today can also pray to receive a testimony that the Book of Mormon is true and that Jesus Christ is their Savior. ♦

LEFT: ILLUSTRATIONS BY ROBERT T. BARRETT; RIGHT: ILLUSTRATIONS BY PAUL MANN AND GARY KAPP

CHOCOLATE CAKE

By Juliann Doman
(Based on a true story)

Elizabeth had never made a cake, but Papa's birthday was tomorrow!





Ought not ye to labor to serve one another? (Mosiah 2:18).

Thank you, Mrs. Frame,” Elizabeth said as Mrs. Frame placed four shiny quarters in her hand.

“Thank *you*, Elizabeth,” Mrs. Frame said. “I don’t know what I would have done without your help watching Hannah these last five days.”

Elizabeth smiled and waved as she walked down the sidewalk toward town.

Four whole quarters! Elizabeth had never earned even one quarter before, and now she had four! She hugged the coins close to her, thinking of what she might buy. She loved to draw, so a new drawing pad and pencils would be nice. Or maybe she would buy the pretty blue hair ribbon she had seen in the store window.

Elizabeth came to the big wooden doors of the bank. She pulled on the large brass handle and slipped through the doors.

“May I help you, Miss?” a kindly-looking gentleman asked from behind the counter.

“Yes, please. I would like to make change for a quarter,” Elizabeth requested a bit timidly.

“Very well, Miss. I think we can do that.”

Elizabeth opened her hand and placed one quarter on the counter.

“It looks like you have a small fortune there, young lady,” the man said as he handed Elizabeth the change. “What are you going to do with all that money?”

Elizabeth tucked the dime she would need for tithing in one pocket of her apron and put the rest of the money in the other pocket. “I’m not sure yet,” Elizabeth said. “Thank you!” she called as she walked out into the sunshine and headed for the store.

Elizabeth stopped as she got to the store window and peered in. The pretty

blue hair ribbon was still there. She also saw a drawing pad and colorful pencils. Elizabeth heard the tinkling of a bell as she pushed open the door.

She slowly walked down each aisle admiring the items for sale. Then a display of cake-making supplies caught her eye.

Elizabeth loved to bake, but she had never made a cake. Papa’s birthday was tomorrow, and chocolate cake was his favorite! She used her money to buy the supplies to make Papa a chocolate cake.

The next morning Elizabeth awoke early. Papa had already left to do the morning chores, and she wanted to surprise him with the cake. She carefully sifted flour, sugar, and chocolate into a bowl. Next she whisked together eggs, butter, and buttermilk with a pinch of salt and poured them into the bowl. Elizabeth gently stirred the batter, poured it into a cake pan, and placed it in the oven.

It was hard for Elizabeth to concentrate on her chores, but soon she was finished, and the house was filled with a delicious smell. Placing thick cloths over her hands so she wouldn’t burn herself, Elizabeth carefully pulled the cake from the oven. While it cooled, she made frosting with the remaining sugar and chocolate and some fresh cream she had saved from milking the cows. The frosted cake looked perfect!

“Why, Elizabeth, what are you doing?” Papa asked as he came into the house.

“Happy birthday, Papa!” Elizabeth exclaimed as she held out the cake.

“It’s beautiful!” Papa said as he put his arm around her. “Thank you, Elizabeth.”

At supper that evening Elizabeth thought about the drawing pad, the pencils, and the pretty blue hair ribbon. Those things were nice, but as she watched her

father enjoy his chocolate cake she knew she had never felt better! ♦

“Our Savior teaches us to follow Him by making the sacrifices necessary to lose ourselves in unselfish service to others.”²

Elder Dallin H. Oaks of the Quorum of the Twelve Apostles



MAKING FRIENDS ACROSS THE PACIFIC

By Jane Hansen Lassetter

When some nursing students from Brigham Young University were getting ready to go to Tonga, they thought it would be fun for children from Utah and Tonga to become friends.

So the students asked Primary children in the Oak Hills Ninth Ward in Provo, Utah, to draw pictures for children in Tonga. They also took photographs of the children.

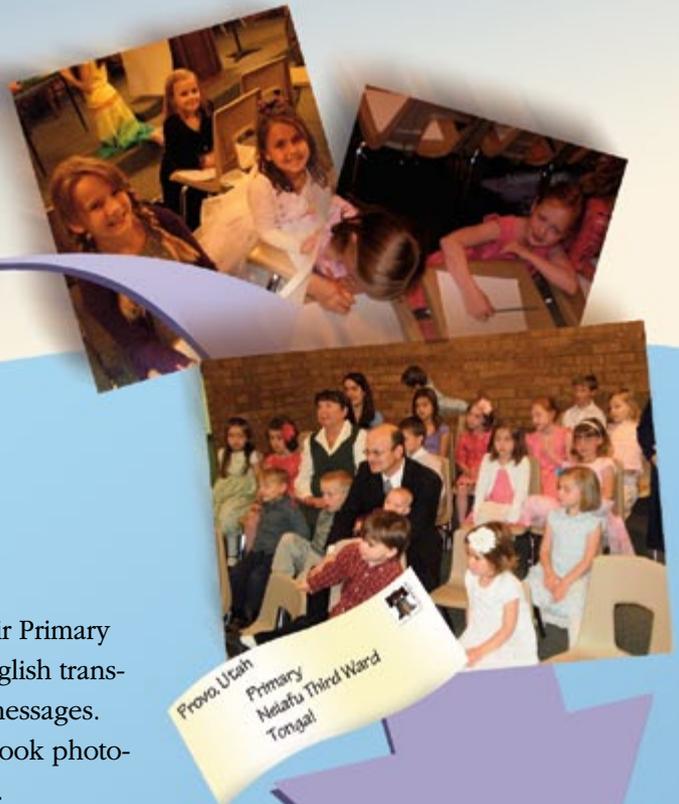
When they got to Tonga, the nursing students helped with sharing time in the Neiafu Third Ward. They gave each child a drawing and photograph from a child in Utah.

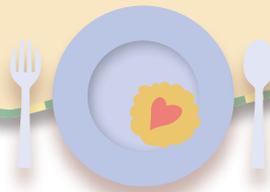
The children drew pictures for the children in Utah. Some of them wrote messages about themselves and about life in Tonga. Some messages were written in English and

others in Tongan. Their Primary president wrote an English translation of the Tongan messages. The nursing students took photographs of the children.

One boy wrote, "I play rugby, and Tonga is so very hot." A girl wrote, "I love your picture. You look so beautiful. I love to sing, like you." Another child wrote about Primary and expressed love: "My lesson today is about prophets. I love you so much!" ♦

Utah and Tonga are about 5,700 miles (9,200 km) apart!





CTR Pretzels

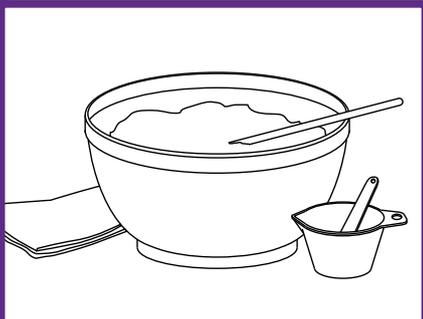
By Heather Brinkerhoff

This year in Primary you will be learning about the importance of choosing the right. As you make these pretzels, think about how you can choose the right every day.

1 teaspoon salt
2 1/2–3 cups flour
1 tablespoon yeast
1 cup warm water
1 tablespoon sugar
melted butter



Remember to ask an adult for help when you make a Kitchen Crafts recipe!



1. Mix the first five ingredients until they form a ball. Then knead dough until smooth and elastic. Cover with a clean towel and let rise in a warm place for one hour.



2. Pull off sections of the dough and roll into long ropes. Form the ropes into the letters “CTR” or make the shape of the CTR shield.



3. Put the pretzels on a greased cookie sheet and bake 8–10 minutes at 450°F (232°C). Brush pretzels with melted butter.

Stones, Arrows, and

By David L. Frischknecht

(Based on a true story)

The Spirit of the Lord was with him, insomuch that they could not hit him (Helaman 16:2).

Walking home from school was usually not very exciting. Sometimes I thought about my math homework, sometimes I thought about what we did in gym class, and sometimes I walked without thinking about much at all.

But this day was different. My mind was racing. Ahead of me I could see two of the guys I sometimes played with—Josh and Marcus—making snowballs and pointing at me.

“Hey, David, come here!” Josh yelled, laughing. “We want to show you something.”

Marcus laughed too.

Josh and Marcus were both a year older than me, and they could throw hard. I knew it was only a matter of time before they would start hurling snowballs

my way. Even though they were usually nice to me, I thought maybe they had even packed ice into the snowballs.

I started to think of ways I could stop their attack.

Run across the street to avoid them? No, they would make fun of me and call me names.

Run as fast as I could past them? No, they were faster than me and would catch up to me in no time.

Mount a snowball attack of my own? Not a good idea, considering there were two of them and only one of me. They also had the advantage of being at the top of the hill, and I had no place where I could take cover at the bottom.

I decided to do the only thing that made sense—walk calmly past them and wait for the snowballs to fly.

As I neared the hill, a thought came to my mind. I remembered Samuel the Lamanite, who preached the

Snowballs

gospel while standing on a wall. When the people didn't like what he was saying, they threw rocks and shot arrows at him.

I knew the Lord protected Samuel from the rocks and arrows. Perhaps He could make the snowballs miss me.

I said a prayer in my mind, asking Heavenly Father that the snowballs would not hit me. I knew I needed to be brave and not doubt—just like Samuel. As I reached the hill, I felt confident that I wouldn't get hurt.

Just as I expected, the snowballs began to fly. A couple of snowballs whizzed past my head so close that I could feel the breeze as they zoomed by. Some of the snowballs flew past my arms, and a few landed right at

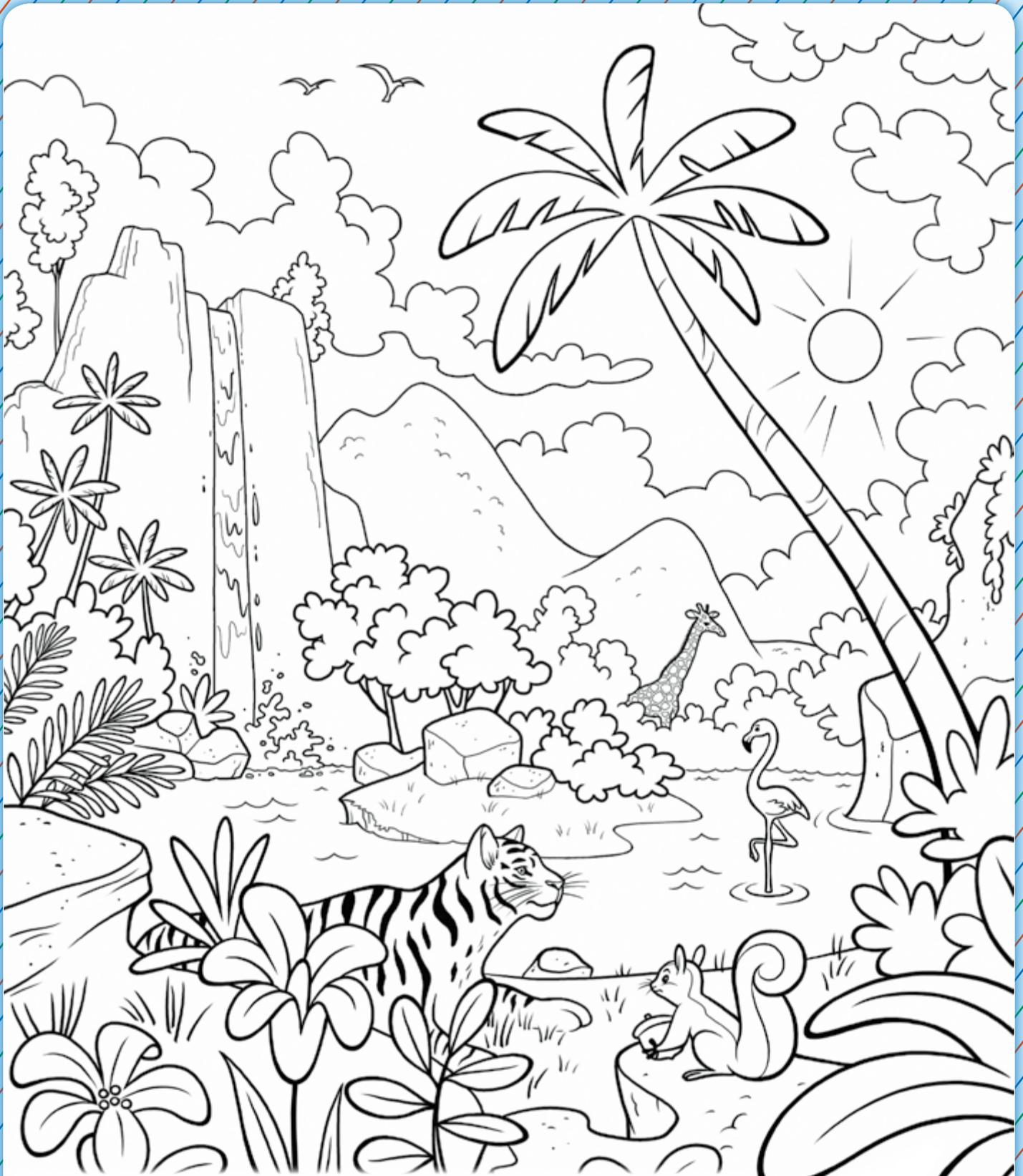
my feet, but none of them hit me. Not one!

The boys kept throwing until I was out of range, but I knew I was safe. The rest of my walk home was not very exciting—and I couldn't have been happier about it. I had been protected like Samuel the Lamanite. I knew that praying and exercising faith in the Lord had blessed me. ♦

"I testify that prayer becomes meaningful as we ask in faith and act."³

Elder David A. Bednar of the Quorum of the Twelve Apostles





Jesus Christ created the earth as a place where I can learn to choose the right.

*Wherefore, men are free . . . to choose liberty and eternal life,
through the great Mediator of all men (2 Nephi 2:27).*

Friends in the News



Lakeville Ward

The activity day girls in the Lakeville Ward, Burnsville Minnesota Stake, made file-folder games for children in need. Each game has a folder with pieces that help teach children various skills, such as matching colors and shapes, telling time, and counting.



Kurtis H., 4, California, enjoys jumping and swimming. He likes to jump on the trampoline with his family. He also likes to surprise his family and friends by running up to them and giving them hugs.



Ella Marie S., 6, Ohio, enjoys writing stories about what she learns in Primary. She likes to sing Primary songs and often performs for her family. Her favorite song is "I Am a Child of God." She enjoys gymnastics and playing the piano. Ella loves her Heavenly Father and is excited to be baptized.



Bailey A., 10, Colorado, designed and constructed a model of a temple he would like to build someday. He built the model using toy building bricks.



Emilee B., 7, Arizona, set a goal to read the Book of Mormon before she is baptized. She enjoys reading, playing with her sisters and brothers, and helping take care of the baby. She feels happy when she goes to church.



Tokomaru Bay Branch

The Primary children of the Tokomaru Bay Branch, Gisborne New Zealand, enjoy coloring pictures of the Savior, singing, preparing for baptism, and learning about the gospel. They are practicing being good member missionaries by inviting their friends to Primary. The Primary children are friendly and cheerful, and they love their families.



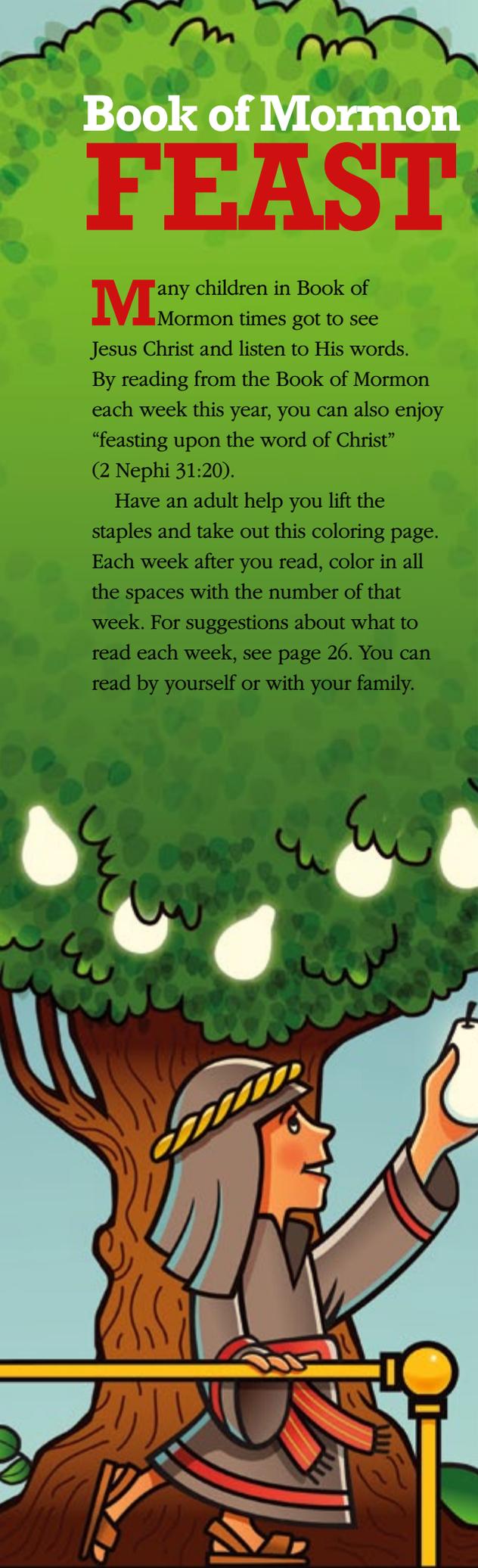
Abby and Ethan S., 6 and 3, Utah, enjoy learning about the gospel in family home evening. They both like to lead the music, and Abby likes to teach the lesson. They are memorizing the Articles of Faith by listening to the songs from the *Children's Songbook*. They enjoy playing outside and spending time with their grandparents and cousins.

Would you like to be a friend in the news? Turn to page 48 to find out how.

Book of Mormon FEAST

Many children in Book of Mormon times got to see Jesus Christ and listen to His words. By reading from the Book of Mormon each week this year, you can also enjoy “feasting upon the word of Christ” (2 Nephi 31:20).

Have an adult help you lift the staples and take out this coloring page. Each week after you read, color in all the spaces with the number of that week. For suggestions about what to read each week, see page 26. You can read by yourself or with your family.

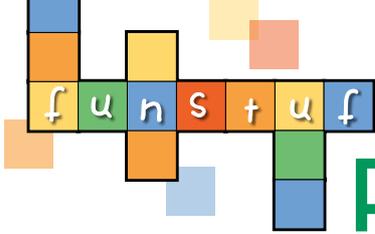




Weekly Reading Suggestions for “Book of Mormon Feast”
(see pages 24–25)

WEEK	READING	WEEK	READING
1	Introduction to the Book of Mormon	29	Alma 20:1–28
2	1 Nephi 1:1–3, 18–20; 2:2–4; 3:2–7; 4:1–18	30	Alma 23:6–7, 16–18; 24:1–7, 16–27; 27:2–5, 14, 27–29
3	1 Nephi 8:2, 5–33	31	Alma 30:6–9, 12–14, 31–32, 35–39, 43–45, 49–50, 55–59
4	1 Nephi 16:9–10, 16–19, 23, 26, 28–32; Alma 37:38–46	32	Alma 31:1, 5–7, 12–21, 37–38; 32:1, 5–6
5	1 Nephi 17:8–11, 16–19, 49–55; 18:1–4	33	Alma 32:26–43
6	2 Nephi 2:11–13, 22–27; 4:15–16; 31:5–8, 17–21	34	Alma 37:3, 6, 8–11, 14–15; 43:1–9, 16–17, 43–47; 44:16–20
7	2 Nephi 32:3–9; Jacob 7:1–20	35	Alma 46:1–5, 11–16, 19–20; 48:7–13, 22–23; 49:25–26, 28
8	Enos 1:1–13	36	Alma 50:25–36; 51:5–6, 11, 13–16, 20–22
9	Mosiah 1:9–10, 18; 2:1–2, 5–8, 16–19; 3:17, 19; 4:9–10; 5:15	37	Alma 53:10–21; 56:2–11, 43–48, 55–56
10	Mosiah 11:1–2, 20, 27–29; 12:1, 9, 14, 17–19, 35–36; 13:15–24	38	Helaman 2:2–11; 5:4–13
11	Mosiah 17:1–12, 20	39	Helaman 5:20–50
12	Mosiah 18:1–17	40	Helaman 6:18–23; 7:6–13, 26–29; 8:1, 4, 10, 25–28
13	Mosiah 21:1–15, 23–24	41	Helaman 9:1–24
14	Mosiah 21:29–35; 22	42	Helaman 9:25–39; 10:1–6
15	Mosiah 23:1–7, 19–26, 36–39	43	Helaman 13:1–7; 14:2–8; 16:1–3; 3 Nephi 1:4–9
16	Mosiah 24:8–25; 25:1, 14–19	44	3 Nephi 1:10–15, 21–23; 2:1–2; 8:2–7, 23; 9:1–2, 18–22
17	Mosiah 27:6–24; Alma 36:11–12, 16–24	45	3 Nephi 11:1–17, 23–26
18	Mosiah 27:32–37; 28:1–9	46	3 Nephi 17:1–24
19	Alma 1:2–15; 2:1–9	47	3 Nephi 18:1–9, 19–21, 24, 35–39
20	Alma 2:10–18, 29–31; 5:1, 19, 26–27, 33	48	3 Nephi 19:11–26; 20:1; 27:1–8
21	Alma 6:7–8; 7:9–12; 8:1–22	49	3 Nephi 28:1–9; 4 Nephi 1:1, 15, 23–26; Mormon 1:1, 11–17
22	Alma 8:23–32; 9:1–8, 14–15	50	Mormon 2:1–2, 9, 23–24, 26–27; 3:2–3, 16–22
23	Alma 10:27–32; 11:21–46	51	Ether 1:1, 33; 2:5, 16–25; 3:1, 4–14
24	Alma 12:1–7; 14:1–17	52	Moroni 10:3–23
25	Alma 14:18–29; 15:1–13		
26	Alma 17:1–3, 12–13, 17–39		
27	Alma 18:1–4, 8–35		
28	Alma 18:40–43; 19:1–2, 8–15, 18–19, 22–33		

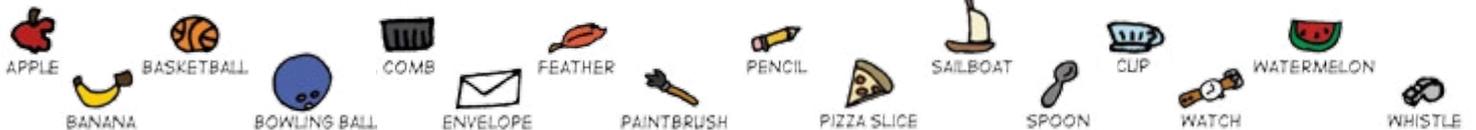
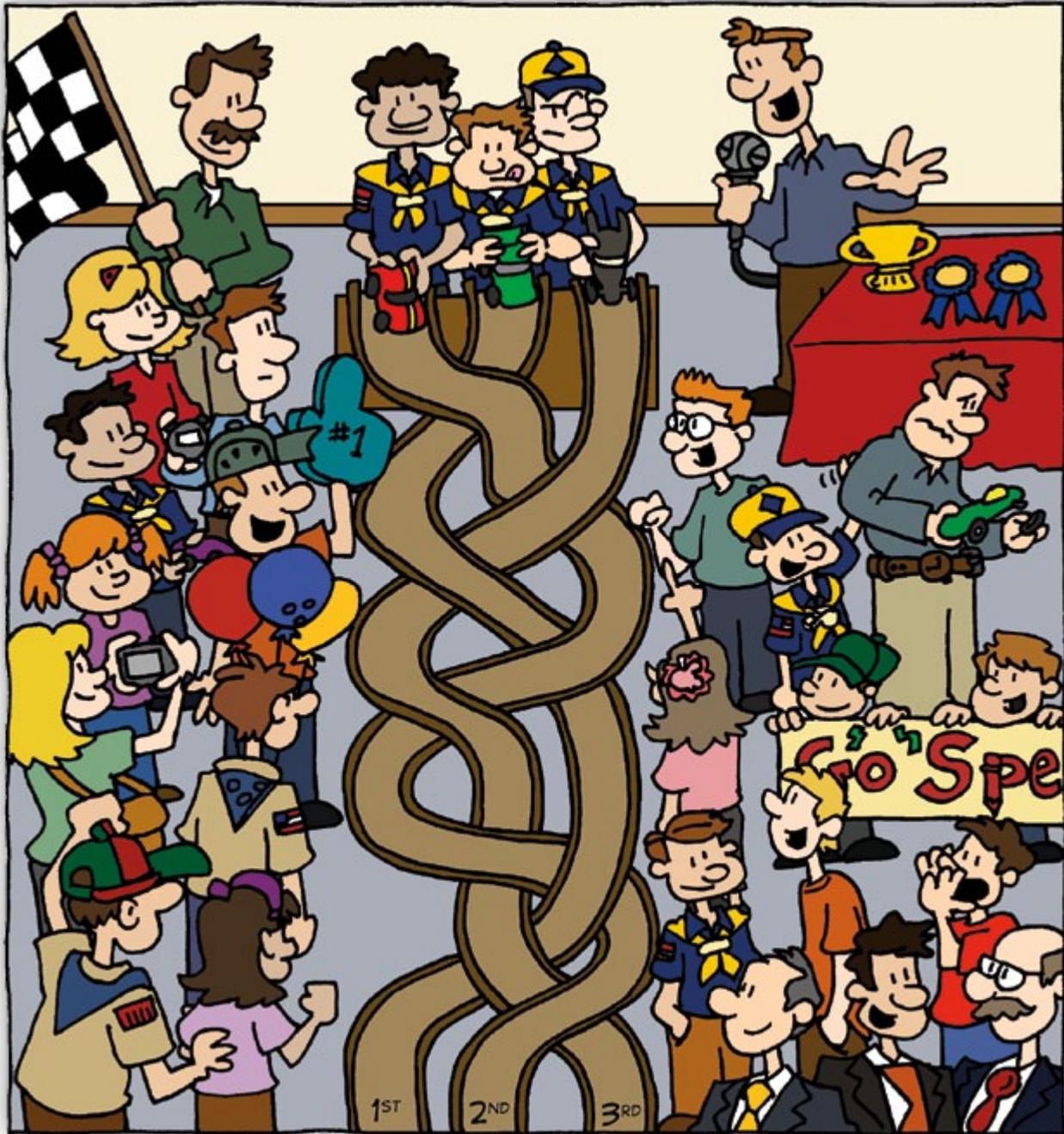




Pinewood Derby Hidden Pictures

By Arie Van De Graaff

Follow the tracks to find out who wins the pinewood derby. Then find the hidden pictures.



Remembering to Pray

By Lindsay Stevens

(Based on a true story)

Pray unto him continually by day, and give thanks unto his holy name by night (2 Nephi 9:52).

Did you say your prayer tonight?" Every night, Jesse's older brother Ben came into Jesse's room and asked him that same question.

Jesse could put on his pajamas and brush his teeth without help. He was proud that he could get ready for bed

all by himself. But every night he forgot to pray until Ben reminded him. It made Jesse so mad. How was he supposed to feel good about praying when his brother made it a chore?

"No," Jesse grumbled. "I haven't said it yet."

How could Jesse remember to say his prayers?



“Remember, you’re supposed to pray every day so Heavenly Father knows you always remember Him,” Ben said.

“I know!” Jesse said.

“Ben must think he is so smart because he is two years older than me,” Jesse thought as he knelt beside his bed. “In two years I’ll remember my prayers every day too, and Ben won’t be able to bug me anymore.”

Jesse said a prayer and then scrambled back into bed. How could he remember to say his prayers? He was tired of Ben reminding him every night.

Then Jesse had an idea. What if he prayed for a reminder? He whispered a quick prayer: “Heavenly Father, please help me remember to say my prayers tomorrow night.”

Feeling much better, he turned over and fell asleep.

The next night, Jesse put on his pajamas and brushed his teeth like he always did. Then, as he climbed into bed, he suddenly remembered he hadn’t prayed yet. He leaped up and knelt next to his bed. He thanked Heavenly Father for reminding him to

pray and asked Him to continue helping him every day.

Just as Jesse was getting back into bed, Ben came into his room.

“Did you say your prayers tonight?” Ben asked.

“Yes!” Jesse said with a smile.

“Heavenly Father helped me remember!”

“Good job, little brother,” Ben said. “I knew you could do it.”

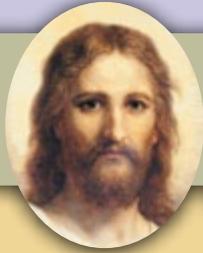
Jesse felt warm and happy. And he was excited to say his prayers the next day. ◆



“When we remember that each of us is literally a spirit son or daughter of God, we will not find it difficult to approach Him in prayer.”⁴

President Thomas S. Monson





Trying to Be Like Jesus

Helping Our Brother

A few summers ago my brother became very sick. He had to have two surgeries and was in the hospital for a month. He was very sad. The only thing that made him feel better was when my sister and I visited him. We sat with him on his bed and played with toys, read stories, and made him laugh. We thought that keeping him company would be what Jesus would do if He were there.

Sammy, Luke, and Laura Lee O., ages 6, 2, and 8, Utah



Welcoming Visitors



In a *Friend* magazine I read a story about a girl who made a visitor feel welcome. That Sunday

we had a visitor in our ward, and I made a goal to always be kind to visitors or new members. I just got back from a vacation where I went to a different church building every week, and I remembered how I felt sitting by myself when no one would talk to me. Now I always try to make visitors feel welcome. I'm grateful for the chance I have to do this, and I hope it will help me grow closer to Heavenly Father.

Hailey C., age 13, Texas

Sabbath Reminder



One night I wanted to listen to music, so I turned on the radio to some non-Sunday music. Then

I got a prompting from the Holy Ghost reminding me that it was the Sabbath. I was tempted to ignore it, but the feeling got stronger and stronger. Finally I changed the music. Later, when I was going to sleep, I got a really good feeling. I am glad I chose the right and kept the Sabbath day holy.

Daniel C., age 10, Idaho



Closing the Book



At school my friend asked me to hold his comic book. I opened it and looked at the pictures. I

saw violent pictures that made me feel uncomfortable, so I closed the book and gave it back to my friend. It made me feel good to not look at the pictures. I know that I listened to the Holy Ghost.

Kimball W., age 8, Nova Scotia, Canada



A Better Place



I had to do a school project about how I can make the world a better and more beautiful place. I couldn't come up with an idea, but then I felt the Spirit and thought of an idea. Sharing the gospel would make the world a better place. I drew a poster showing a family being taught by the missionaries. Jesus wants us to share the gospel with everyone before He comes again. When we share the gospel, we prepare the world for Jesus to come.

Grace H., age 7, Maryland

A Good Choice



A boy in my class bullied me. One day he hit me. I was sad, but I forgave him. When I was

chosen to be a class helper, I could choose a friend to work with me. I picked this boy because he never gets chosen by others. I wanted to make him feel good. He thanked me for choosing him and was nice to me. It made me feel good to be an example like Jesus.

Canyon H., age 6, Washington

Telling the Truth



After Christmas my family was taking down our Christmas decorations. When I was taking

down the garland on our banister, it ripped. I was afraid to tell my parents, but I decided to tell them. I am glad I told the truth, and I felt better after I did.

Kellie N., age 9, Utah



Tell us how you're trying to be like Jesus. Turn to page 48 to find out how to send us a letter.

The Right Dress

By Sarah Chow

(Based on a true story)

Be thou an example of the believers (1 Timothy 4:12).



4. Anna loved the two sister missionaries in her ward. They shook her hand at church, they smiled when she waved at them on the street, and they prayed with her family when they came to dinner.

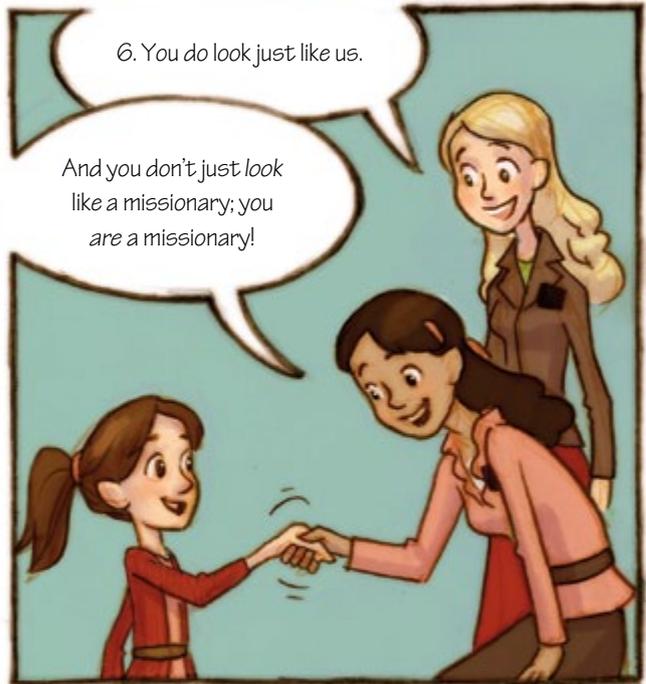


5. On Sunday, Anna could hardly wait to show the missionaries her new dress. When she saw them at church, she twirled around for them.



6. You do look just like us.

And you don't just look like a missionary; you are a missionary!



7. Your mom told me you've been praying for us all week like we asked you to. And look! We brought someone to church today. Your prayers have been helping us.

Thank you, missionary Anna.



I Can Be a Missionary Now!

By Hikari Loftus and Hilary Watkins Lemon

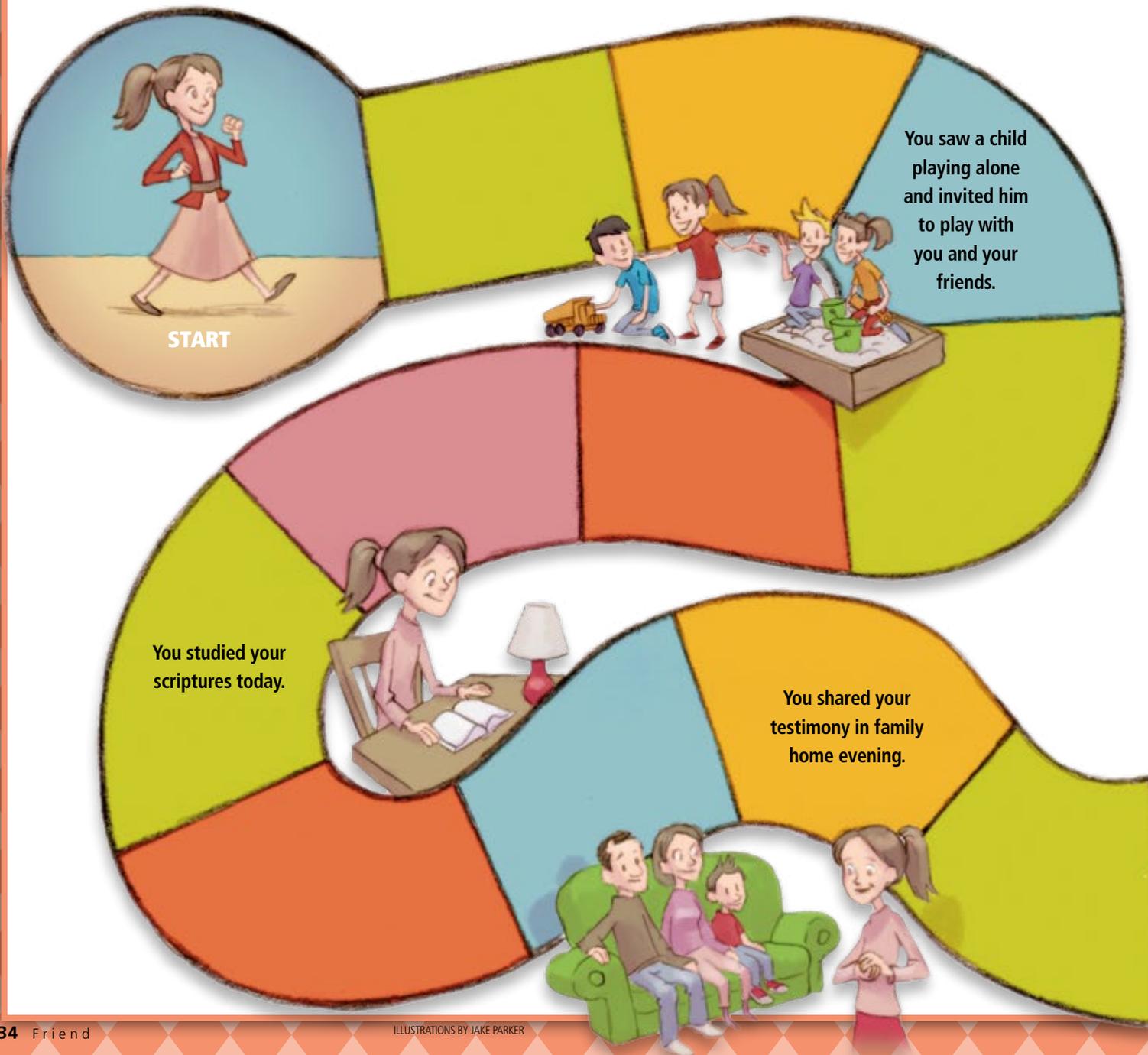
Anna is trying to follow the examples of the missionaries. Follow the instructions below so she can make choices that will help her be a missionary now.

You Will Need: a die or six pieces of paper numbered 1 through 6 in a

small bag; one coin, dried bean, or other small object for each person.

How to Play: Each player picks a small object to use as a game piece. Taking turns, roll a die or draw a number out of the bag, and move your game piece the number of

spaces you roll or draw. If you land on a space that tells something a missionary would do, move forward one extra space. Take turns until everyone has crossed the finish line, where the missionaries are waiting!



Helps for Parents

Talk to your children about how dressing modestly shows respect for Heavenly Father and for themselves. Ask them why they think missionaries dress modestly.

Consider sharing your testimony about missionary work with your children. You could share your conversion story, relate an experience you had doing missionary work, or talk about why missionary work is important to you.

You were reverent during church.



You helped your mom fold laundry.



You prayed for the missionaries.



Thank you for being a good missionary!



FINISH

You thought of the Savior during the sacrament.



HELPING LIKE JESUS



By Jill Gerrish

(Based on a true story)

*I'll share my Savior's love by serving others freely
(Children's Songbook, 74–75).*

I'm trying to be like Jesus; I'm following in his ways," Ella sang as she hopped up the front steps and came in the door.

"Today in Primary we learned that we should be like Jesus," Ella said to Mom. "I promised Sister Hansen I'd try to be like Jesus all week! I'm going to start right now."

As the rest of her family came in, Ella told each of them her plan to be like Jesus. She smiled a giant smile.

Ella ran to her room and carefully hung her Sunday dress in the closet. She returned to the kitchen and helped carry the plates to the table.

The next morning, Ella got up as soon as Mom called her. She ate all her breakfast and didn't complain, even though her scrambled eggs were too squishy.

The rest of the week Ella tried to be like Jesus, but every day her smile got a little smaller.

When Sunday came again, Ella wasn't smiling at all.

As Mom brushed Ella's long hair, big tears ran down Ella's cheeks.

"I'm sorry, honey," Mom said. "Did I pull your hair?"

"No," Ella said. "I just didn't do what I was supposed to do. I wasn't like Jesus all week. It's a lot easier to sing about being like Jesus than it is to really be like Him. Sister Hansen is going to be disappointed."

Mom wiped Ella's tears away. "Ella, how did you want to be like Jesus?"

Ella sniffed. "I knew I couldn't do big miracles like Jesus did, but I thought I could do something important."

"I knew I couldn't do big miracles like Jesus did, but I thought I could do something important."



I'm going to help seven people this week.



That's one for every day!

Mom smiled. "You did lots of things to be like Jesus. You helped me find my keys when they fell under the couch. You helped Rosie and Libby practice their song for choir. You helped Gabe make a poster for his book report."

"Those are just normal things," Ella said. "I wanted to be like Jesus and do something big."

Mom gave Ella a hug. "The biggest thing that Jesus did was helping us be able to return to Heavenly Father. I think helping is the biggest thing you can do too."

Later at church, Ella was quiet as sacrament meeting started. In front of her, Sister Simmons was holding her new baby and her two little girls were wiggly and unhappy. It was hard for Ella to think about being like Jesus. One of the girls looked at her sadly.

"Serve the Lord by serving others."⁵

President Dieter F. Uchtdorf, Second Counselor in the First Presidency



Ella reached into her scripture bag and pulled out a pencil and a paper. She quickly drew a picture of the little girl and handed it to her. The little girl smiled as she showed the paper to her mom. Ella drew a picture of the other little girl too.

Sister Simmons smiled back at Ella. "Thank you," she whispered.

Ella looked at Mom. "I guess helping people *is* being like Jesus. Helping people is the best thing I can do!" ♦



Jesus Is My Savior

Jesus is my Savior, I really truly know.
 Jesus is my Savior, I love Him, love Him so.
 Jesus is my Savior, I can really truly tell.
 Jesus is my Savior, "I know, I know!" I yell.
 Jesus is my Savior, I know He's God's Son.
 Jesus is my Savior, to the little children He says,
 "Come, come."
 Jesus is my Savior, I love Him, love Him so.
 Jesus is my Savior, I really truly know.

Abby C., age 8, Oregon

CTR

CTR is the path that I will take.
 CTR is the promise I'll not break.
 I'll do what is right.
 I'll follow His great light.
 CTR means to do what's right.

Bryn B., age 10, Texas

The Friend

The *Friend* is my friend wherever I go.
 The *Friend* is your friend in rain and in snow.
 So let's be a friend and let our light glow.

Emma B., age 10, Utah

Heavenly Father's Creations

All the things you see today
 Are the creations of the Lord.
 It might take your breath away,
 But He created the world.

He made all the planets
 Up in outer space.
 He made Adam and Eve,
 Who began the human race.

He made the land and the ocean
 That hold many creatures.
 He made the sun, the rain, the clouds,
 And every detail and feature.

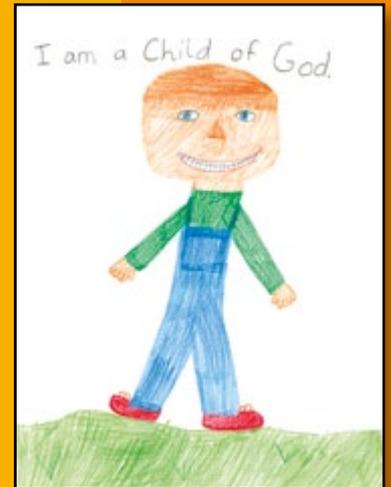
He made the swampy marsh and bayou,
 The low valleys and tall hills.
 He made the flowers and grassy plants,
 And the trusty grain from mills.

Everything that surrounds you
 Has been built by Him, you know.
 Why did He do this, you might ask?
 Because He loves all souls.

Omar M., age 10, Texas



Kinzie D., age 11, Utah



Jordan H., age 8, Idaho



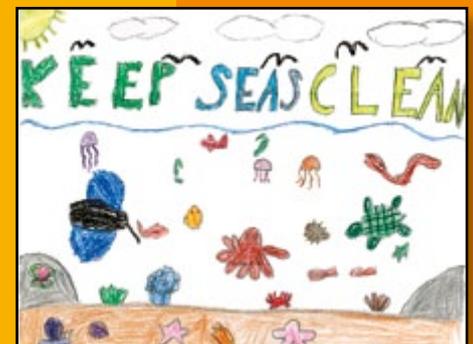
Evan A., age 9, California



Gwenyth A., age 7, Hawaii



Sara N., age 9, Ontario, Canada

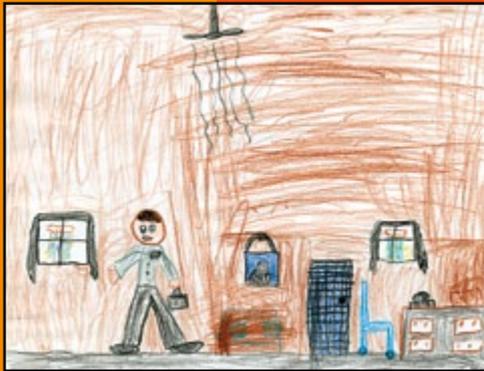


Nastassja D., age 11, Florida

Would you like to send us a poem or drawing?
Turn to page 48 to find out how.



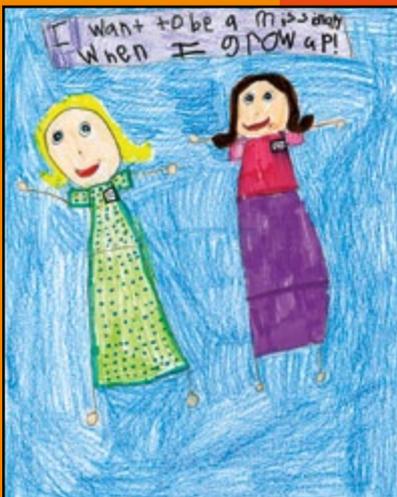
Natalie R., age 10, Utah



Luke R., age 7, Florida



Isaac C., age 5, Brazil



Ashley S., age 7, Nevada



Kellen L., age 11, Texas



Madison R., age 9, Utah



Spencer B., age 8, Utah



Madison Z., age 11, Nevada

You can use this lesson and activity to learn more about this month's Primary theme.

AGENCY

Is the Gift to Choose for Ourselves

Happy birthday, Juliana!" Dad said. He handed Juliana a box wrapped in shiny paper and tied with a bow.

Juliana grinned. She was excited to receive a gift from her father and couldn't wait to open the box.

Do you get excited like Juliana when you get a gift? Heavenly Father has given each of us a valuable gift. It is called agency. Agency is the ability to make our own choices.

Before we came to earth, Satan didn't want anyone to have a choice. He wanted to force us to come to earth and do what he wanted us to do. But Heavenly Father knew it was important for us to make our own choices. With each right choice we make, we grow closer to Heavenly Father and Jesus Christ. They want us to make good choices so we can return to live with Them again.

This year in Primary we are learning about how we can use our agency to CTR—choose the right! ♦



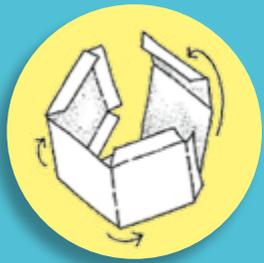
Song and Scripture

- "As a Child of God," 2012 *Outline for Sharing Time*, 28 (also see page 7 in this issue)
- 2 Nephi 2:27



Just You

One evening, think about the choices you made during the day. Draw a picture, write a poem, or make up a song about one of the good choices you made.



CTR Game

You can play this game with your family to learn more about agency. Cut out the cube form, and glue it to heavy paper. Fold the cube as shown above, glue the tabs in place, and let your cube dry.

Sit in a circle with your family. Have one person roll the cube and read the side facing up. Talk about the different choices that could be made in the situation. What might happen with each choice? Pass the cube to the next person to roll.

A new boy sits next to you in class.

.....
What do you do?

Your little sister wants to play with you and your friends.

.....
What do you do?

Jeremy asks if he can copy your homework.

.....
What do you do?

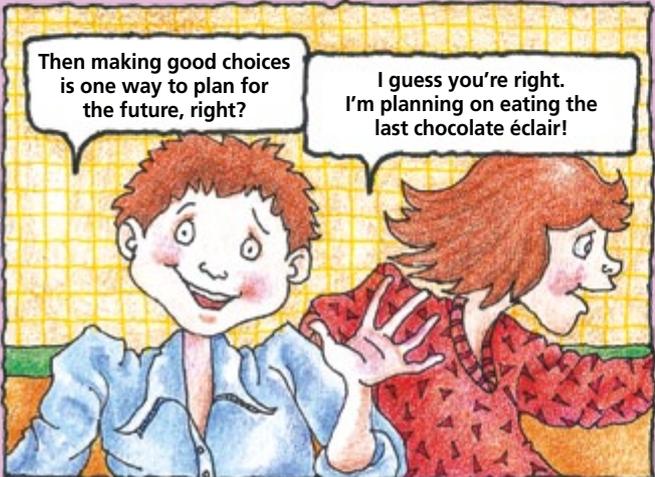
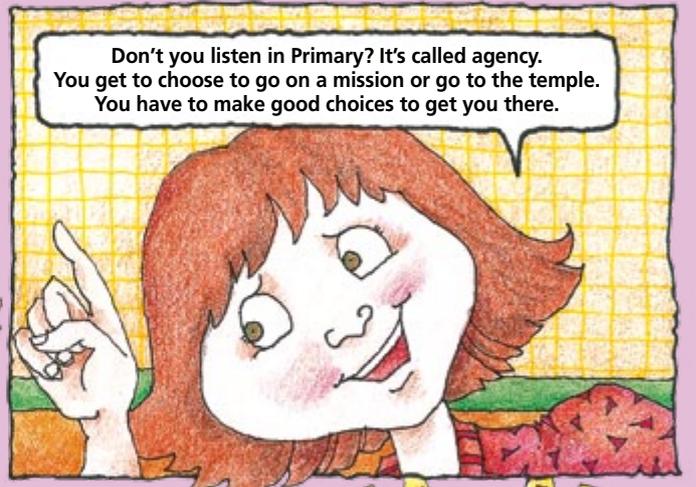
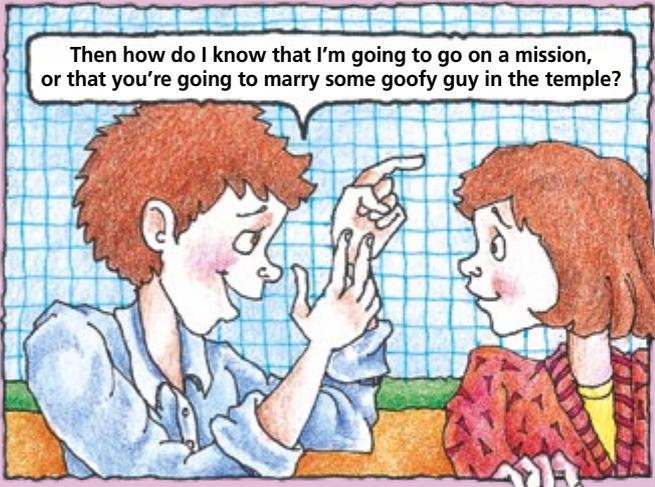
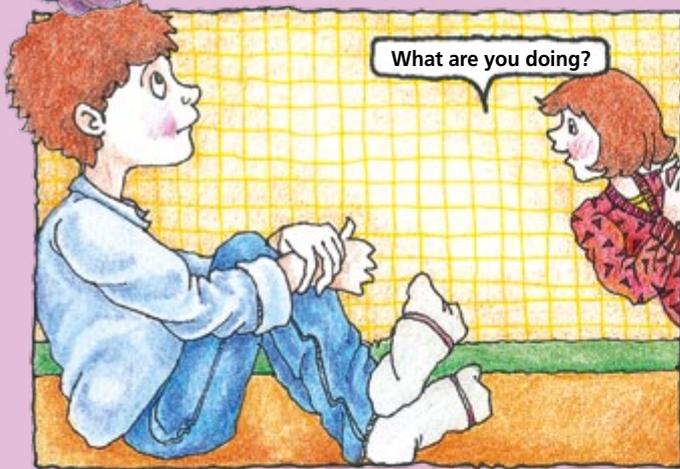
Martin invites you to a movie on Sunday.
.....
What do you do?

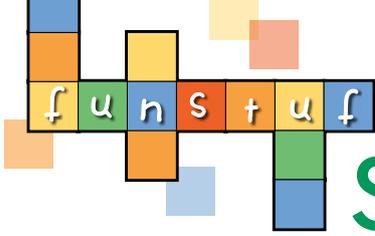
Leah is being bullied at school.

.....
What do you do?

Your brother is mean to you.
.....
What do you do?

MATT AND MANDY





Studying the Scriptures

By Amie Jane Leavitt

The scriptures teach us ways we can follow Heavenly Father's plan and keep His commandments. The scriptures also have messages for us about how we should study them. Solve the code to find out what you can do to learn more from the scriptures. Find the answers on page 48.

1. 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊

2. 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊



3. 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊

4. 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊 😊😊😊😊😊

By Kimberly Reid

(Based on a true story)

Ye should do that which is honest (2 Corinthians 13:7).

It was a warm summer morning as Josh followed his dad into the hardware store. Outside, bees hummed and sprinklers hissed, but inside everything was cool and quiet. Josh stood at the window and watched a bee bump against the glass.

Then something on a shelf caught his eye—a pocketknife gleaming in the sunlight near the window.

Josh was sure he could use a knife like that for all sorts of things. But he didn't ask Dad if he could buy it. He already knew



b e e l i n e . . . t o . . . t h e

what Dad would say: "You should wait until you're a Boy Scout to get a pocketknife." Josh didn't want to wait until then. He wanted a pocketknife right now.

Josh looked over his shoulder. Dad was busy paying the cashier for some work gloves. Josh snatched the knife and put it in his pocket.

"Ready to go?" Dad asked.

Josh followed Dad to the car, his heart thumping like the bee against the window. As they drove away, Josh smiled. No one had noticed! The knife was his.

So why did it feel like a heavy rock in his pocket?

By the time Josh got home, he felt like he had a rock in his stomach too. Josh went to his room and took out the knife. It didn't seem to gleam anymore. Josh tried to imagine what kinds of things he'd use it for, but he couldn't think of any. Besides, if he took the knife out of his room, Dad might see it.

Josh felt anxious all day. The knife's weight in his pocket kept reminding him of the wrong choice he had made. He had to get rid of it.

"Can I ride my bike?" he asked Mom.

"Yes, just be home in time for dinner," Mom said.

Josh hurried to get his bicycle from the garage and pedaled onto the sidewalk.

"Hey, Josh! Where are you going?" Josh's brother Tanner called from his friend Chris's yard.

Josh didn't slow down. He raced to the end of the street, where a brick wall was built into a hillside. Josh found a crack between the bricks and stuffed the pocketknife into the dark hole. No one would know what he'd done. Now he could forget about it too.

A few hours later, Tanner and Chris burst into the house.

"I will be honest with Heavenly Father, others, and myself."

My Gospel Standards

“Look what we found!” Tanner held up the pocketknife. Josh tried not to look guilty. “Where did you get that?” he asked.

“We followed a bee,” Tanner said.

“You followed a bee?” Mom repeated.

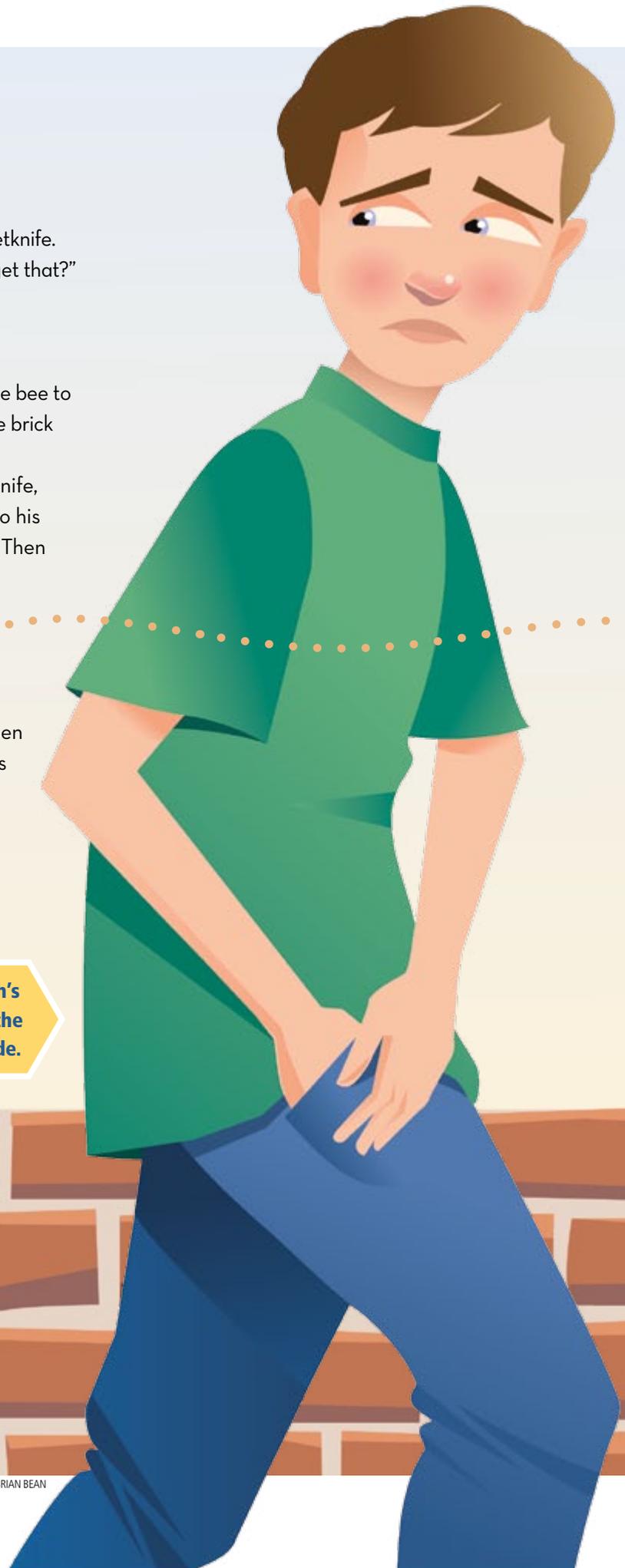
“We were bored,” Tanner said. “We chased the bee to the end of the street. It crawled into a hole in the brick wall, and that’s where the pocketknife was.”

Josh felt sick. Even though he’d hidden the knife, Heavenly Father knew where it was. He went to his room and counted the dollar bills in his wallet. Then

t · r · u · t · h

he prayed for the courage to tell the truth. When he got up from his knees, the anxiousness in his mind quieted. He felt a little nervous about telling his parents and the cashier at the hardware store what he had done, but he felt lighter than he had all day—like a bee zipping over the rooftops toward home. ♦

The knife’s weight in Josh’s pocket reminded him of the wrong choice he had made.



What Is Repentance?

By Hilary Watkins Lemon



After you have been baptized, you are responsible for your sins and need to repent when you do something wrong. Do you know what the steps of repentance are? To find out, match the scriptures

to their shapes by following the lines between them. Look up each scripture and, using your own words, fill in the blanks next to each shape.

Psalm 38:18

3 Nephi 9:22

Exodus 22:5

Doctrine and Covenants 64:7

-  _____
-  _____
-  _____
-  _____

Read "Beeline to the Truth" on pages 44–45. What steps of the repentance process has Josh already taken? What else does Josh need to do to fully repent of his wrongdoing?



SPECIAL WITNESS

Elder M. Russell Ballard of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

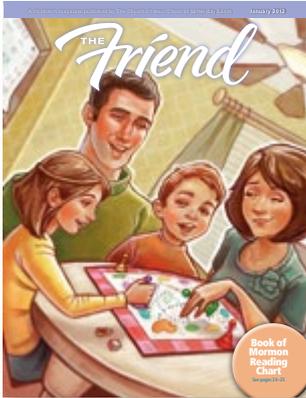
How do I achieve my goals?

We have to have faith. We have to have faith in God. We have to have faith in the Lord Jesus Christ. And oh, how desperately we have to have faith in ourselves.

When you set a goal and commit yourself to the necessary self-discipline to reach that goal, you will eliminate most of the problems in your life. Spend your energies doing those things that will make a difference.

If your goals are righteous, then go for them.

You must cultivate a desire to develop the skill of setting worthy and realistic goals.



Possible Ideas for Family Home Evening

1. Use the Bringing Primary Home lesson and activity to learn more about this month's Primary theme (pages 40–41).
2. Ask family members to share their testimonies or experiences about missionary work. As a family you can play the missionary game on pages 34–35 and think of ways you can be missionaries now.
3. Read "Beeline to the Truth" (pages 44–45) and then do the repentance activity on page 46.

Talk about why repentance is important.

4. Read together about President Monson's example of service in "Going on an Errand for the Lord" (pages 2–3). As a family, think of someone in your neighborhood or ward you could help. Make plans to do something during the week.
5. As a family read "Fiction or Nonfiction?" (pages 4–5). Take turns sharing your feelings about the truthfulness of the Book of Mormon.

The Friend can be found on the Internet at lds.org/friend.
To subscribe online, go to store.lds.org.



Hidden CTR Ring

Did you find the ring? Look on page 9!

Sidebar References

1. "Receiving a Testimony of the Restored Gospel of Jesus Christ," *Ensign*, Nov. 2003, 28.
2. "Unselfish Service," *Ensign*, May 2009, 96.
3. "Ask in Faith," *Ensign*, May 2008, 96.
4. "How Firm a Foundation," *Ensign*, Nov. 2006, 67.
5. "The Way of the Disciple," *Ensign*, May 2009, 77.

Funstuf Answers

Page 11: 2) love one another, 3) choose the right, 4) read the *Friend*, 5) you are special, 6) family night, 7) the scriptures, 8) a testimony, 9) speak kind words, 10) scripture study.

Page 43: 1) Feast upon the words of Christ (see 2 Nephi 32:3); 2) Treasure up the scriptures (see D&C 84:85); 3) Search diligently (see Mosiah 1:7); 4) Hold fast to what we learn (see 1 Nephi 15:24).

Please send your submission to: **Friend Magazine**
50 E. North Temple St., Rm. 2432
Salt Lake City, UT 84150-0024
Or e-mail: friend@ldschurch.org

The following information and permission must be included:

Full name _____

Age _____ State/Province, Country _____

I grant permission to print submission and photo in print or online:

Signature of parent or legal guardian _____

Children whose work is submitted should be at least three years old.

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity.

The Friend NEW OR RENEWAL SUBSCRIPTION

\$8.00 (U.S.) per year

Name _____ Address _____
City _____ State _____ Country _____ Zip _____

To Subscribe: By phone: Call 1-800-537-5971 to order using Visa, MasterCard, Discover Card, or American Express. **Online:** Go to store.lds.org. **By mail:** Send \$8 U.S. check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368.

To change address: Send old and new address information to Distribution Services at the above address, or change the address by phone at the number listed above. Please allow 60 days for changes to take effect.

The *Friend* is available each month in Braille, or as a Talking Book, for the visually impaired. For more information, contact Salt Lake Distribution Services, 1999 West 1700 South, Salt Lake City, UT 84104-4233, United States of America. Key 040204

Conference News



What happened at the October 2011 general conference?

New Temples Announced!

PRESIDENT THOMAS S. MONSON
ANNOUNCED SIX NEW TEMPLES:

1. Paris, France
2. Kinshasa, Democratic Republic of Congo
3. Durban, South Africa
4. Barranquilla, Colombia
5. Star Valley, Wyoming
6. Provo, Utah



A Prophet's Message

President Thomas S. Monson talked about the importance of being wor-



thy and staying close to Heavenly Father and Jesus Christ. Here are some of the prophet's words:

“There is *nothing* which can bring more

joy into our lives or more peace to our souls than the Spirit which can come to us as we follow the Savior and keep the commandments.”

“Our Father in Heaven is the same yesterday, today, and forever. . . . His constancy is something on which we can rely,

an anchor to which we can hold fast and be safe.”

“It is necessary that we communicate with our Heavenly Father through prayer. He wants us to do so; He'll answer our prayers.”

Children's Choir

Primary children from the Pleasant View and North Ogden, Utah, areas sang for the Saturday afternoon session of conference.



YOU Can Do Family History

Elder David A. Bednar encouraged children to use their computer skills to work on family history. He promised wonderful blessings when you do family history work. He said, “Your love and gratitude for your ancestors will increase. Your testimony of and conversion to the Savior will become deep and



abiding. And I promise you will be protected against the . . . adversary.” To get started, visit lds.org/friend.



For Children



SCRIPTURE STORIES

The New Testament and the Book of Mormon Stories videos at scripturestories.lds.org are now more engaging thanks to enhanced animation effects that include crackling fires, twinkling stars, flashes of lightning, rushing water, and more. You can watch the videos on your computer or download them to a mobile media device.

HAVE FUN ONLINE

The *Friend* website features dozens of games and activities, including matching games, mazes, hidden pictures, puzzles, and coloring pages that you can color online. Check out Articles of Faith Memory Quest if you have a goal to memorize the Articles of Faith this year. Visit lds.org/friend and click “Play Games.”



For Parents



MAPS

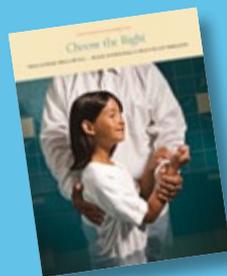
Traveling or moving soon? The maps feature of lds.org lets you look up meetinghouse locations, meeting times, and leader contact information. At lds.org click on “Tools” and then “Maps.”

TEACHING

Read some advice from Church leaders about teaching in the home. At lds.org click on “Menu,” “Teaching the Gospel,” and then “Teaching in the Home.”



For Teachers and Leaders



SHARING TIME OUTLINE

The *2012 Outline for Sharing Time* is available at lds.org/manual/primary. The theme for this year is Choose the Right.

GOSPEL ART BOOK

When you're preparing a lesson, you can access visual aids from the online *Gospel Art Book*. Visit lds.org/manual/primary to find pictures of scripture stories, Church history, and other gospel topics.

