

# Contents March 2012

Volume 42 • Number 3



## MESSAGES

### FIRST PRESIDENCY MESSAGE

- 4** **Why Do We Need Prophets?**  
President Dieter F. Uchtdorf

### VISITING TEACHING MESSAGE

- 7** **Daughters in My Kingdom**

#### ON THE COVER

Front: Photograph by Tom Smart, courtesy of *Deseret News*.

Back: Photograph courtesy of LDS Church Archives.



## FEATURES

- 10** **Helping without Hovering**  
Mark D. Ogletree  
*Five ways to help your children become independent.*
- 14** **Much More Than a Nursery Manual**  
Janice LeFevre  
*Using Behold Your Little Ones in the home.*
- 18** **Follow the Prophet**  
Elder Randall K. Bennett  
*For my wife and me, not having an engagement ring represented our commitment to the Lord and His prophets.*
- 22** **The Blessings of Magnifying Our Callings**  
Elder Bruce A. Carlson  
*Engine fires and magnified callings.*
- 26** **Preparing for General Conference**  
Mark A. Barrionuevo  
*Our family has learned that immersing ourselves in past conference talks is the best way to prepare for the next conference.*
- 28** **Visiting Teaching: Understanding the Power of Ministering**  
The General Relief Society Presidency  
*We can follow a higher path and demonstrate our discipleship as we minister through visiting teaching.*
- 33** **Daughters in My Kingdom: Making a Difference**  
*Nine Latter-day Saints tell how this book has blessed their lives.*
- 34** **Have I Done Any Good in the World Today?**  
Heidi S. Swinton  
*A look at the prophet's life and ministry.*





40

## 40 The Gospel Culture

Elder Dallin H. Oaks

*The Church teaches us to give up any personal or family traditions or practices that are contrary to the gospel culture.*

## 48 Nancy Naomi Alexander Tracy: Faithful Pioneer

Rachel Cope

*Valiant in the face of hardship, Nancy lived the way we all hope to live.*

## 52 A Call for Indexers Worldwide

Heather F. Christensen

*Your work with FamilySearch indexing can help others find their family history online.*

## 56 Virtual Reality, Actual Risks

Name withheld

*Seven ways to guard against inappropriate online relationships.*



## 61 Sunday in a Foxhole

Bruce DeYoung

*A moment of peace in the midst of war.*

## 62 Everyday Home Storage

Emily Jamison

*Small steps can bring big results.*

## 72 Home Teaching Made Me a Better Missionary

Chris Deaver

*In my desire to prepare for missionary service, I found some unexpected training through home teaching.*



66

## DEPARTMENTS

### WHAT WE BELIEVE

#### 8 We Sustain Our Leaders

*Our sustaining is a vote of confidence in the person because we recognize that he or she has been called of God.*

#### 66 LATTER-DAY SAINT VOICES

#### 70 OCTOBER CONFERENCE NOTEBOOK

#### 73 FAMILY HOME EVENING IDEAS

#### 74 NEWS OF THE CHURCH

#### 79 IN OTHER CHURCH MAGAZINES

### UNTIL WE MEET AGAIN

#### 80 Moving On and Moving Forward

Michelle Guerra

*I prayed for understanding of how to heal a broken heart. Little by little, I came to see that another kind of broken heart was the answer.*

### COMING IN APRIL

- The Atonement and mortality
- Forgiveness can bring peace
- The power of ward councils

**A MAGAZINE OF THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
 March 2012 Volume 42 • Number 3

**The First Presidency:**

Thomas S. Monson, Henry B. Eyring,  
 Dieter F. Uchtdorf

**The Quorum of the Twelve Apostles:**

Boyd K. Packer, L. Tom Perry,  
 Russell M. Nelson, Dallin H. Oaks,  
 M. Russell Ballard, Richard G. Scott,  
 Robert D. Hales, Jeffrey R. Holland,  
 David A. Bednar, Quentin L. Cook,  
 D. Todd Christofferson, Neil L. Andersen

**Editor:** Paul B. Pieper

**Advisers:** Keith R. Edwards,  
 Christoffel Golden Jr., Per G. Malm

**Managing Director:** David L. Frischknecht

**Editorial Director:** Vincent A. Vaughn

**Graphics Director:** Allan R. Loyborg

**Managing Editor:** R. Val Johnson

**Assistant Managing Editor:**

LaRene Porter Gaunt

**Senior Editors:** Melissa Merrill,

Michael R. Morris, Joshua J. Perkey

**Associate Editor:** Lia McClanahan

**Assistant Editor:** Heather F. Christensen

**Editorial Staff:** Susan Barrett, Ryan Carr,

Janifer L. Greenwood, Adam C. Olson,

Faith Watson, Melissa Zenteno

**Editorial Intern:** Stephanie S. Smith

**Managing Art Director:** J. Scott Knudsen

**Art Director:** Scott Van Kampen

**Senior Designers:** C. Kimball Bott,

Colleen Hinckley, Eric Johnsen, Scott M. Mooy

**Production Staff:** Collette Nebeker Aune,

Howard G. Brown, Julie Burdett, Reginald J.

Christensen, Kathleen Howard, Denise Kirby,

Ginny J. Nilson, Jane Ann Peters

**Prepress:** Joshua Dennis

**Printing Director:** Craig K. Sedgwick

**Distribution Director:** Evan Larsen

© 2012 by Intellectual Reserve, Inc.

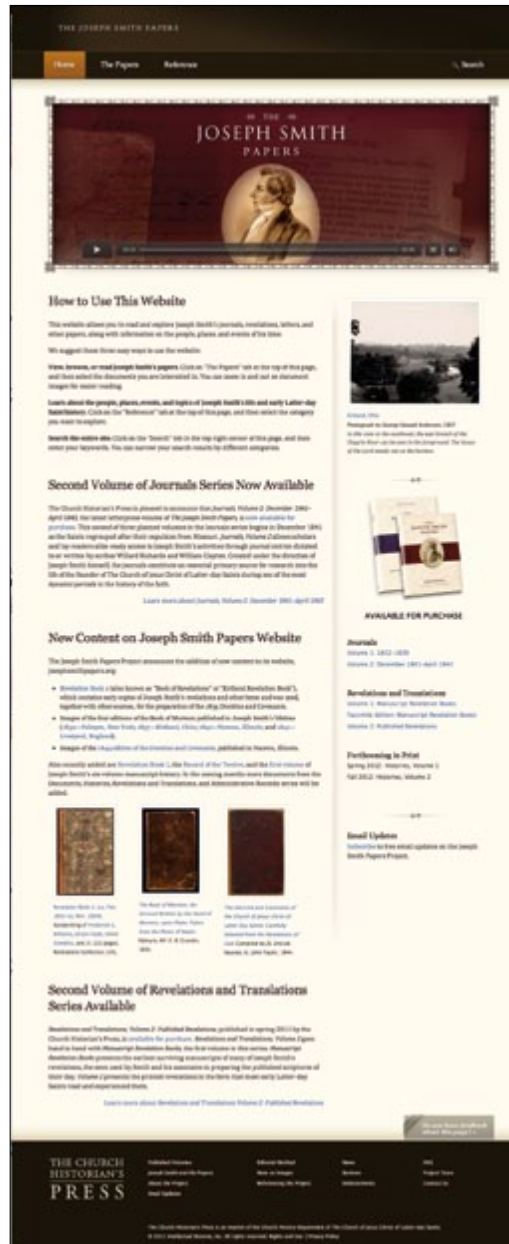
All rights reserved. The *Ensign*

(ISSN 0884-1136) is published monthly by  
 The Church of Jesus Christ of Latter-day Saints,  
 50 E. North Temple Street, Salt Lake City, UT  
 84150-0024, USA. Periodicals Postage Paid at  
 Salt Lake City, Utah.

**Copyright information:** Text and visual  
 material in the *Ensign* may be copied for  
 incidental, noncommercial church or home  
 use. Visual material may not be copied if  
 restrictions are indicated in the credit line  
 with the artwork. Copyright questions should  
 be addressed to Intellectual Property Office,  
 50 E. North Temple Street, Salt Lake City, UT  
 84150-0018; e-mail: cor-intellectualproperty@  
 ldchurch.org.

**POSTMASTER:** Send address changes to  
 Distribution Services, P.O. Box 26368,  
 Salt Lake City, UT 84126-0368, USA.

**Canada Post Information:** Publication  
 Agreement #40017431.



**ENSIGN ONLINE**

If you're looking to get more from your Church magazine experience, check out additional features at [ensign.lds.org](http://ensign.lds.org).

**ONLINE COMPANION TO THE JOSEPH SMITH PAPERS PRINT VOLUMES**

Since the announcement of the Joseph Smith Papers website, the volume of material available on the site has continued to increase. The [josephsmithpapers.org](http://josephsmithpapers.org) website features images and transcripts of hundreds of Joseph Smith documents and rich reference material—some of which is available only online.

**READ DAUGHTERS IN MY KINGDOM ONLINE**

The First Presidency has encouraged members to study *Daughters in My Kingdom: The History and Work of Relief Society* and allow its timeless truths and inspiring examples to influence their lives. Enjoy it online at <http://lds.org/relief-society/daughters-in-my-kingdom/manual>.

**DEVELOP YOUR LANGUAGE SKILLS**

The *Liahona* and other Church materials are available in many languages at [languages.lds.org](http://languages.lds.org).

**DO YOU HAVE A STORY TO TELL?**

We welcome donated submissions showing the gospel of Jesus Christ at work in your life. On each submission, please include your name, address, telephone number, e-mail address, and the name of your ward and stake (or branch and district).

**Please submit articles through [ensign.lds.org](http://ensign.lds.org)**, or send them to Ensign Editorial, 50 E. North Temple St., Rm. 2420, Salt Lake City, UT 84150-0024, USA. Authors whose work is selected for publication will be notified.

**SUBSCRIBE TO OR RENEW THE ENSIGN**

**Online:** Visit [store.lds.org](http://store.lds.org).

**By phone:** In the United States and Canada call 1-800-537-5971.

**By mail:** Send U.S. \$10 check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

**TO CHANGE ADDRESS**

Send both old and new address information to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA. Please allow 60 days for changes to take effect.