

Packing List

FSY participants and staff are expected to follow the standards outlined in the [For the Strength of Youth booklet](#), as well as any campus-specific guidelines (BYU–Idaho). Information regarding specific campus dress and grooming standards will be sent to participants in a pre-session email two weeks before their session begins. If youth are not appropriately dressed, they will be asked to change.

CASUAL CLOTHING FOR FIVE DAYS

- Nice pants, jeans, or shorts
- Shirts
- Comfortable shoes for walking (there's lots of walking)
- Closed-toe shoes (required for games night; encouraged for dances)
- Pajamas

SUNDAY DRESS CLOTHING

- Slacks, skirt, or dress
- Blouse or collared, button-up shirt and tie
- Comfortable dress shoes for walking (heels are discouraged)

OTHER REQUIRED ITEMS

- Linens and towels (varies by session; check your pre-session email)
- Water bottle (important to stay hydrated)
- Personal toiletry items (sunscreen, toothbrush, toothpaste, deodorant, shampoo, etc.)
- Scriptures (hard copy or electronic)
- *For the Strength of Youth* booklet (hard copy or electronic)
- Pens/pencils

SUGGESTED ITEMS

- Journal
- Snacks for free time and after evening activities
- Spending money (for snacks, incidentals, or emergencies)
- Variety show props, costumes, instruments, etc. for participants (bring at your own risk)
- Shower shoes
- Band-Aids, moleskin, etc.
- Personal medications (prescriptions, cough drops, etc.)
- Backpack (FSY cinch pack will be provided, but the straps are small and may get uncomfortable if a youth wants to carry heavy items)

We strongly discourage participants from bringing electronic devices such as laptops, tablets, gaming systems, etc. We cannot guarantee the safety of these items. In-line skates, skateboards, hover boards, and other athletic equipment are not allowed.

Label your luggage to avoid confusion and mix-ups.

CLOTHING GUIDELINES

- Be neat, clean, modest, and appropriate in your clothing and grooming.
- Avoid being extreme or inappropriately casual in clothing, hairstyle, or behavior.
- Footwear should be appropriate for the activity and worn in all public areas.
- For activities where Sunday dress is required, wear clothing that will show respect for the Lord and yourself. Dress appropriately, as you would when attending sacrament services.